



Dear Parents and Carers,

We are pleased to offer students from Year 3 and above the opportunity to participate in before school Cross Country training. This program is optional and directed at students keen to improve their fitness. The training sessions will take place in the south-west corner of the Lake Monger Reserve for nine sessions on Tuesdays and Fridays, commencing on Tuesday 17 May 2022.

Parents are responsible for transportation of children to Lake Monger (cnr. Lake Monger Drive and Gregory St). Students will walk back to school under supervision at the conclusion of the training sessions.

Please retain this information and return the consent form, (opposite) by Friday 13 May 2022.

- VENUE: Lake Monger Reserve – south west corner, area adjacent to Lake Monger Drive and Gregory St.
- DATE: Tuesday and Friday mornings for nine sessions, commencing on May 17 2022 and concluding on June 14 2022.
- TIME: 7.20am start and finishing at 8.30am.
- TRANSPORT: Parents responsible for transport to Lake Monger. Students will walk back to school at the conclusion of training under supervision.
- COST: Nil
- DRESS: School uniform, appropriate footwear.
- ITEMS REQUIRED: Water bottle
- SUPERVISION: Mr Braimbridge

NOTE:  
Staff accompanying students on excursions will take all reasonable care while the students are in their charge to protect them from injury, and to control and supervise their behaviour and activities. Parents/guardians should be aware that staff members are not responsible for injuries or damage to property which may occur on an excursion where, in all circumstances, staff have not been negligent. Costs incurred as a result of accident or illness are the responsibility of the parent/ guardian.  
Parents are required to inform the organisers well before the scheduled excursion departure of any change to their child's health and fitness, so that appropriate supervision may be arranged. Where it is considered necessary, school staff will arrange medical assessment and treatment for students.  
Should you have any queries, please do not hesitate to contact me/ the teacher in charge of the excursion on 9366 9750 or via email.

Phil Braimbridge  
Phys Ed teacher

Sheri Evans  
Principal

Cross Country PAYMENT METHOD  
\$0 per student

Child's name: \_\_\_\_\_ Teacher: \_\_\_\_\_

Please:-

Debit my child's school based account. (PLEASE ENSURE SUFFICIENT FUNDS).

The following options are available to top up your student based account. We recommend a deposit of \$100.

Direct bank deposit                       Visa payment                       Cash/ Eftpos

BSB: 036 044  
Account No: 123672  
(use child's name & unallocated as reference).

Telephone 9366 9750 or call in at the office.

**Direct deposit and Credit Card payment is not available for costs under \$20.**

I enclose \$ \_\_\_\_\_ (Please bring cash directly to the office. No change will be given. A credit will appear on your statement).

CROSS COUNTRY TRAINING EXCURSION CONSENT FORM (Year 3 and above)

I have read and understood the information regarding the cross country training on Tuesday and Friday mornings for 9 sessions, commencing on May 17 2022 and concluding on June 14 2022. and give my consent for \_\_\_\_\_ (name) to attend.

Yes I am able to help: \_\_\_\_\_  
(Please liaise with the Mr Braimbridge [Philip.braimbridge2@education.wa.edu.au](mailto:Philip.braimbridge2@education.wa.edu.au))

Signature of parent/guardian \_\_\_\_\_ Date \_\_\_\_\_

RETURN TO CLASSROOM TEACHER BY Friday 13 May 2022.