



WEST LEEDERVILLE  
PRIMARY

## From the Principal

### Principal's Message

Well here we are, already at the end of another term. It is difficult to believe that we are three quarters of the way through the school year already.

I begin by again thanking you and our wonderful community for your support and trust. Recently we had a large number of special events and extra-curricular activities including the Massed Choir Festival, Interschool Carnival, and Colour Run. It was so good to see the high level of participation and involvement in all of these activities and I thank the teachers, education assistants, school officers and parents/carers involved in making these wonderful events run so successfully.

This community support is also manifested in the work done by both our P&C and School Board. Both groups are working in their respective areas of influence to continue the school's improvement journey.

### SCHOOL BOARD INFORMATION SESSION AND OPEN MEETING

On the 26 October, our School Board will be holding it's Open Meeting. A Public School Board is required to advertise at least one open meeting annually. This means that members of our school community are welcome to attend and observe the meeting. You are reminded however, that visitors are not able to contribute to the meeting.

We have decided to take this opportunity to plan a School Board Information Session prior to the Open Meeting for parents, carers and community members that are interested in learning more about the role of a Public School Board and its members.

### PLANNING AND PREPARATION FOR TERM

The end of the term brings with it some changes to our staff.

We would like to wish Mrs Nicole Novotny and Mrs Rachael Swinhoe the best of luck as they leave us to welcome their first child into the family. We would also like to wish Mr John McInerheney all the best as he takes his long service leave to care for his partner who is having an operation. In their place, we welcome Mrs Kristyn Oldfield, Miss Sarah Kersey and Mrs Jessica Pradera who will be teaching Year 1 White, Year 2 Red and Year 4 White in Term 4. All teachers have been busily preparing and are focused on ensuring a smooth transition and continuity of learning for our students.

We are also saying farewell to Miss Niamh Desmond-Collins who has been teaching 2 Blue while Mrs Michelle Moyes has been in the Acting Deputy position at Duncraig Primary School. We would love to keep Miss Desmond-Collins on our team, however to fulfil her visa requirements she needs to complete a work placement on a farm in a regional area of Australia. We thank her for the work she has done this term and hope that she will soon return to our school in the near future. We are still awaiting news from Duncraig Primary School about Mrs Moyes return, we will communicate with the families of the children in Year 2 Blue as soon as we have information about Term 4.



We are also excited to welcome back Mrs Sue Wilson. Mrs Wilson's surgery to remove the colon cancer has gone well and she is excited to return to see the children. While Mrs Wilson will be returning, she will need some extra assistance to help with the classroom so that she doesn't compromise her recovery, so we are happy to inform parents and carers that Mrs Amanda Wira will be staying on to assist in the classroom and with reporting processes.

#### STAFF DEVELOPMENT DAY – MONDAY 11 OCTOBER

Monday 11 October is a Staff Development Day. During this day all staff will be taking part in training and development. The focus of the day is on differentiating teaching to cater for and extend students who need it.

West Leederville Primary School is a Teacher Development School for Gifted and Talented Students. The focus on the Staff Development Day is to help further develop our understanding of how to effectively cater for diverse learning needs and extending students. We will be unpacking a Thinking Skills Framework, exploring the work of Carol Tomlinson on differentiation and refining our processes for tracking and supporting students with gifts or talents.

Finally, I wish you all a restful and safe school holiday break and I look forward to seeing you all for the first day of Term 4, Tuesday 12th October.

Warm regards,

Sheri Evans

## Dates for your Diary

**24 September**  
**Last day of Term 3**

**11 October**  
**School Development Day**  
**students do not attend school**

**12 October**  
**Term 4 commences for students**

**14 October**  
**Uniform Shop open**  
**8:30am - 9:15am**

**Please check the West Leederville Primary School Website or School Stream App for regular updates to the school planner.**



# Massed Choir Festival



## STAR STUDENTS

The following students received Merit Certificates at the recent assembly

### Year 1

Theo Vallelonga  
Thomas Kennedy  
Caitlyn Miller  
Rayaan Ansari  
Ruby Stott  
Freya Anderson

### Year 2

Minu Arun  
Alex Tate  
Isabella Spivey

### Mandarin

Isabella Spivey  
Aryash Ramola

### Year 3

Isabella Hayes  
Andi McCallum  
Andrew Joice  
Zoe Bellantoni  
Lulu Samosir  
Clancy O'Donnell  
Amr Al Hussain

### Year 4

Hudson McDiven  
Harrison Stinton  
Juan D'Addona

### Year 5

Harper Vogel  
Hamish Madigan  
Charlie Mazza  
Ashton Hiller  
Anushka Chaturvedi

### Year 6

Ethan Soh  
Aarav Gohil  
Ruby Eaton  
Cohen Dunning  
Mia Simpson



# Interschool Athletics



On Friday 17th September, West Leederville Primary School hosted the Interschool Athletics Carnival at the Subiaco Oval. The best athletes from Wembley Downs, Kapinara, Churchlands, City Beach and Woodlands Primary Schools gathered at the oval to compete in a number of events. The weather was perfect and our team was full of competitive spirit, good sportsmanship and smiling faces. After weeks of training and preparation, a sterling effort by our athletes achieved fourth place in the final results. The students thoroughly enjoyed themselves interacting with the other students.

Congratulations to all those students who were chosen to represent WLPS at the Interschool athletics event and a special mention must go to Josephine Constantine who received the Year 5 Champion Girl medallion.



## Pre-primary Red go walk about



On Wednesday 22 September 2021, the students from Miss Ballantine's Pre-primary Red class went to the Impresso Cafe where they enjoyed a baby 'cino and some banana bread.

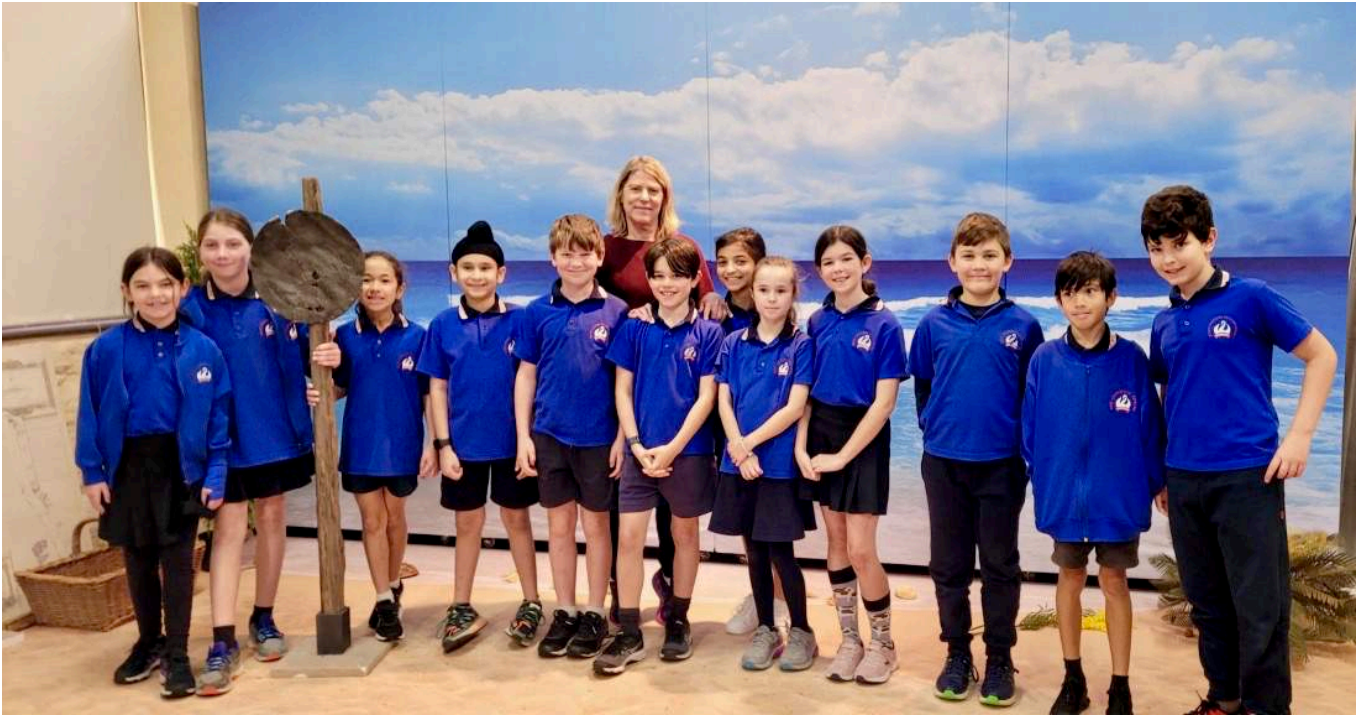
The visit was to enhance student learning and comprehension of the local community, which is a component of the HASS program.

This year, Pre-primary Red have been to Leo Dempseys house to view the vegetable garden; Sloane Campbell's house where we had a sausage sizzle, and Felicity Lorimer's house where we drew, wrote, observed and ate delicious scones with real jam and cream!

Many thanks to the parents who accompanied us on these outings!



# Fremantle Shipwreck Museum Year 4



On Tuesday 14th September, the Year 4 students caught the train into Fremantle to the Shipwrecks Museum as part of their history studies on explorers.

The day dawned; sunny and clear. After a visit to the museum, a guided experience on De Vlamingh, playing old fashioned games, we all enjoyed a fabulous lunch of fish and chips at Cicerellos.



## Pre-primary - Kids Nature Club



The Pre-primary classes had some minibeast visitors from Kids Nature Club on Friday 10th of September. The insects included Gary the gargantuan stick insect, which is the largest insect in Australia. The classes also saw a scorpion, a litter beetle and lots of spiny leaf insects. After getting up close and personal with the creatures the students went on a bug hunt around our school garden.



# Shenton Dog Refuge Fundraiser



The students from year 4 White ran a drive recently to collect items to donate to the Shenton Dog Refuge. The items collected included balls, blankets, towels, food, Kong's, squeaky toys and dog toys and food. These were placed a clam shell which was donated by Education Assistant, Mrs Michele Dwyer.

Thank you to all families who supported this cause. There will be some very happy pooches.



## 2022 Booklists and Contributions and Charges

This week parents were notified of our 2022 students booklists via the School Stream app and email. The booklists outlining the student stationery requirements for next year are available on the 'Home' screen of the School Stream app and on the Home page of our [website](#). Hard copies are available from our office on request.

Parents are welcome to purchase these items at any retail outlet of their choice but we do offer the convenience of pre-ordering and home delivery through our chosen supplier, Campion.

Orders placed online at <http://www.campion.com.au> by Friday 29 October 2021 using "QHBT" as your code, will be delivered free of charge to the nominated address. Orders may still be placed past the 'return date' but a delivery charge of up to \$8 will be charged.

Parents choosing to order the stationery requirements this way also have the convenience of paying for the school diary and the voluntary school fees at the same time [Contributions and Charges 2022](#)

To ensure a smooth start to your child's learning in the 2022, please ensure all items listed are brought in during the first week of school, next year.





# School Survey

This week we sent out a survey to parents on School Stream. The survey is designed to ask for feedback from our school community on some important operating decisions for 2022. There are some changes we would like your input on, as well as hearing more about what direction you would like to see, as we work towards continually improving to get the best possible outcome for our students.

Throughout the survey we have tried to give you as much detail as we can so that you have the background information to select the best option for you and your children. We have included the 'whys' as well as the 'what' to help with your decision making process.

This survey will take around 15 minutes to complete. The results will be published in one of our upcoming newsletters, and will be considered by the School Board with reference to making decisions about priorities for 2022. The survey is not anonymous. If needed, we may contact individuals for further information. If you have any questions, please don't hesitate to contact the school and we will gladly help you.

<https://forms.office.com/r/7AQzc36S7L>



# Chaplains Chat

Hi Parents and Caregivers,

## Flourish Program

This term I have been facilitating a Mentoring program with a small group of Year 6 girls. The program focusses on creating a strong sense of self-worth and resilience through various topics we discuss each week. I have loved talking through the topics with the girls and creating a safe, open space to share their thoughts. It has been a very positive experience and I am looking forward to next terms group!



## Are You Languishing?

I came across this image which has some thoughts from Adam Grant who is an Author and Psychologist and thought it was quite pertinent for me. If you have a look at it, you might find it somewhat helpful in the current season we are in nationally and globally.

I loved the reminder on how to look after ourselves AND to be kind to yourself.

Have a great holiday break and see you in Term 4!

Mikayla Hawkes  
School Chaplain



**ARE YOU LANGUISHING? TPR**

The concept of Languishing is a really important one to understand right now. Here's some recent thoughts collated by Adam Grant that we think will help a lot.

**WHAT IS IT?**

A chronic condition that feels like you're looking at life through a fogged window. Feelings of stagnation/emptiness/muddling through.

Languishing builds over time, so you might not easily notice your drift into this state.

← **DEPRESSION** | **LANGUISHING** | **FLOURISHING** →

Languishing is present when there is an absence of wellbeing and can potentially be a precursor to mental health problems.

**WHAT WILL YOU NOTICE?**

- Motivation reduces.
- Focus decreases.
- Commitment to work significantly reduced.

**HOW YOU CAN HELP?**

- Name it. Use the term to label your feelings. Own your languishing!
- Know you're not alone - this is a very common state right now.
- Look for tasks and activities that uplift you and get you into flow briefly.
- Look to take small steps to achieving a meaningful goal for you.
- Schedule uninterrupted time in your day & switch off all distractions for set periods.
- Find some fellow languishers and share what's helping.

[www.theperformanceroom.co.uk](http://www.theperformanceroom.co.uk)

# Colour Fun Run







INSIGHTS

## Why consistency improves kids' behaviour



*One of the simplest ways to improve a child's behaviour is to be more consistent.*

Children love their parents to be consistent as they are able to predict how they will act. A consistent approach to discipline helps put kids in control of their behaviour.

Consistency means as parents we follow through and do as we say we will. It means resisting giving kids second and third chances when they break the rules or behave poorly around others. When we let kids get away with two or three infractions of the rules we often come down very hard eventually, which causes resentment. Act early and prevent poor behaviour from escalating is the best approach.

Consistency also means both parents in a dual parent family get their act together and respond in similar ways when children are less than perfect. Children learn from a young age to play one parent off against the other when their standards differ or communication is poor. Sole parents need to be consistent with how they react when children behave poorly.

A consistent approach is shown through a clear set of limits and boundaries that provide kids with structure and teaches them how to behave. Studies show that families with very few boundaries or rules are more likely to have children who behave poorly around others, or don't consider their own safety.

Children like limits and they also like to push against boundaries. One study has shown that kids will push parental boundaries about one third of the time. This is a normal, but irritating expression of a child's push for independence and autonomy.

Some toddlers, teens and other tricky types will push twice that amount, which is very hard work indeed.

Consistency is often sacrificed by busy parents and put in the 'too-hard basket'. When parents are tired, stretched and overworked the last thing we want to do is engage in a battle with a strong-willed child over what are sometimes petty issues.

Besides, consistency can make a well-meaning parent who values relationships feel downright awful.

But giving in rather than holding your ground is not a smart long-term strategy. If you give in occasionally kids will learn that if they push hard enough, or give that winning smile, you will eventually give in.

### Here are some ideas to help you be consistent with your kids:

**1. Focus on priority behaviours.** It's difficult to be consistent with every single misbehaviour, but it's easy to focus on one or two. When you are consistent with one or two priority behaviours it has a positive impact on other behaviours.

**2. Give yourself a tangible reminder** about the behaviour you want to follow up. Leave a note somewhere telling yourself that you need to "Walk away when a child whines. Don't give in." Or "Catch your kids doing the right thing when they resolve a problem without arguing."

**3. Check your routines.** Make sure you have simple routines for troublesome times of the day such as bedtime or mealtimes.

**4. Act** rather than overtalk or repeat yourself when kids misbehave. Sometimes it's really inconvenient to set a consequence, as you may have to battle a tantrum that follows. But the stand-firm approach pays off in the long-term as kids learn eventually that you mean what you say, and say what you mean. That's what firm, consistent discipline requires.

**5. Agree to a joint position** with your partner about a range of parenting issues such as discipline methods, going out, the use of technology, alcohol, sexuality and other important areas.



## Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.