Community News

Holiday Camp

The fun way to keep your 3.5 - 7 year olds active and entertained this school holidays!

Subiaco

4th - 8th October

Lords Recreation Centre

9am - 12pm $45 per day

Book online www.junglesports.com.au

CHARLESWORTH BALLET

INVITES ALL

LIL MONSTERS

TO OUR MABEL STUDIOS

OCTOBER HOLIDAY PROGRAMME!

OCTOBER 4TH - 8TH

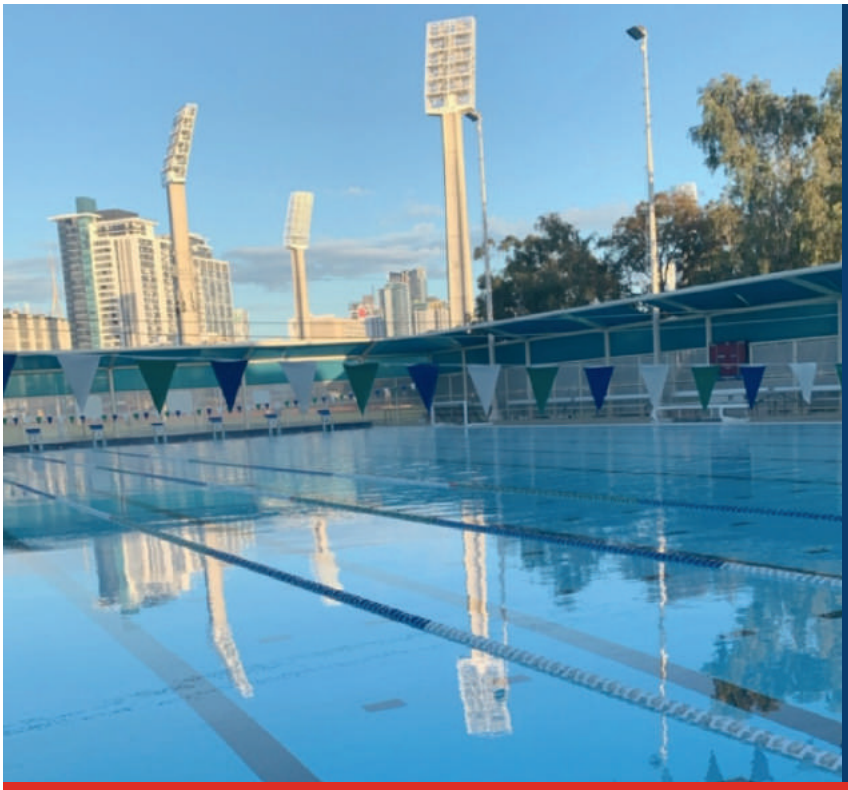
JOIN US FOR CLASSICAL BALLET, JAZZ, CONTEMPORARY, MUSICAL THEATRE, ARTS & CRAFTS AND MUCH MORE!

FOR LIL MONSTERS AND FRIENDS AGED BETWEEN 4 - 12 YEARS OLD!

BOOK ONLINE NOW:
HTTPS://WWW.TRYBOOKING.COM/BTWNC

BOOK NOW!

CHARLESWORTH
BALLET SCHOOL



WESTERN SPRINT SWIMMING CLUB

Come down for a free trial session!

WESTERN SPRINT SWIMMING CLUB IS PERTH'S BEST KEPT SECRET!

- Friendly, dedicated, highly-qualified coaching team
- Exclusive use of pool
- 8 lanes available every session
- 8 sessions available every week
- State of the art gym facilities
- All ages & swimming levels welcome
- Junior, Age, State & National level squads all year
- Learn to Swim during summer season
- Friendly family community
- Social events for the swimmers
- No pool entry fees

Whether your want to smash some goals in competitive swimming, get carnival ready, improve your fitness, or make life-long friends, Western Sprint is the club for you!

JOIN THE CLUB AND GET:

FREE Swimtek mesh bag

FREE Swimtek goggles

FREE Swimtek silicon swimcap

TO REGISTER:

Call or text Clark on **0415 123 384**

LOOK FORWARD TO MEETING YOU ON POOL DECK!

WOODSIDE NIPPERS

@ CITY OF PERTH SLSC

Do you have children aged between 5 and 13 who love the beach?

Sign them up for our Woodside Nippers Program so they can learn beach safety skills while participating in fun beach activities!

To register for the 2021/22 season click on the link below;

http://cityofperthslsc.com.au/nipper-registration/

If you have any questions please give our reception a call between 9am and 2pm weekdays on 08 6183 3843 or email at reception@cityofperthslsc.com.au

Please note important dates below;

- 10th October - Proficinecy Swim @ Churchlands SHS 10-11am
- 24th October - Nippers Opening Day/Info Day
- 28th November - Under 6 Nippers Commence

West Leederville Primary School

After-School Soccer Program Term 4 2021

Year 4 and Year 5 West Leederville Primary students

An after school soccer program is being organised for Term four this year. For those who are interested the program is skills based and run by Mark Lee and his associated coaches.

http://www.mlfc.com.au/MLFC/MLFC.html

The last two programs at Lake Monger have been very well attended and the kids really engaged in the sessions.

Start Date: Wednesday October 13th

Time: 4.30pm – 5.30pm

Duration: 8 weeks

Location: Lake Monger Recreation Club

Estimated cost: About $220 per child

If your child is interested to be part of this program please email

David Mazza

david@mazza.com.au

MLFC
mark lee football coaching

SCHOOL HOLIDAYS SAILING FUN

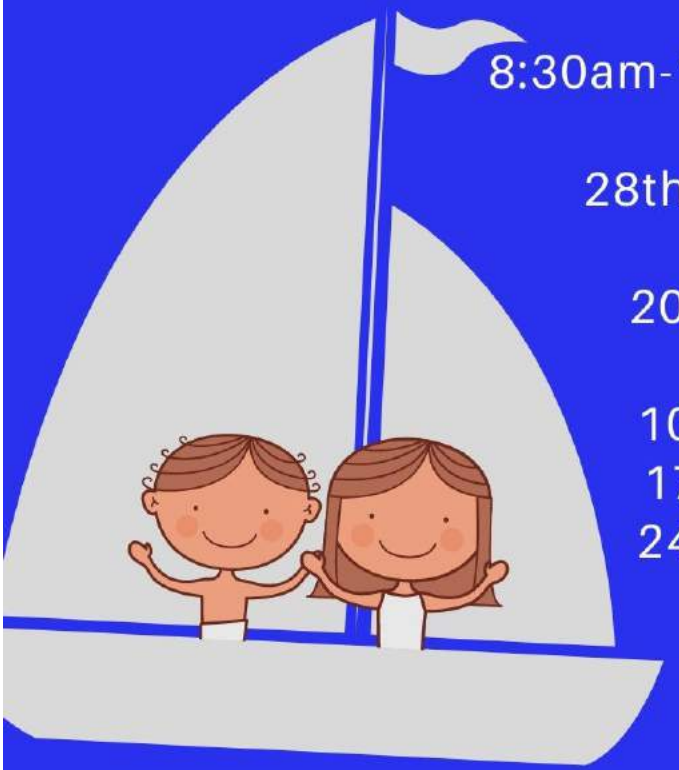
NEDLANDS YACHT CLUB

A fun School Holidays program where kids 7yrs - 12yrs learn to sail whilst having fun, keeping active and making new friends

Tackers 1 & 2 Sailing Courses

8:30am-12:30pm Daily

28th Sept – 1st Oct 21
4th – 8th Oct 21
20th – 23rd Dec 21
4th – 7th Jan 22
10th – 14th Jan 22
17th – 21st Jan 22
24th – 28th Jan 22



$280
Per Child Per Course

For more course information contact Graeme
hello@nyc.org.au || 08 9386 5496
Register today nyc.org.au/tackers/

REDHAGE BASKETBALL

SCHOOL PROGRAM

GET READY

Former Perth Wildcat and Olympian Shawn Redhage is bringing his basketball skills program to your school

GIRLS AND BOYS OF ALL SKILL LEVEL ARE WELCOME

LOCATION:

COST:

DURATION:

DATE & TIME:

REGISTRATION

www.redhagebasketball.com

YOUR CHANCE TO LEARN FROM THE PROS

SPOTS ARE VERY LIMITED

For more information or to register head to

www.redhagebasketball.com

Redhage Basketball Pty Ltd ABN 32 617 549 612 shawn@redhagebasketball.com

AUSTRALIAN SPORTS CAMPS

AUSTRALIANSPORTSCAMPS.COM.AU

3-DAY SPORTS CAMPS WA

9am - 3pm each day.
High quality sports program for 5-15 -year olds delivered by expert & qualified coaches.

BOOK NOW
30% OFFER
(SAVE $99)

SPORTS

AFL - Basketball - Netball

Soccer - Hockey - Cricket

LOCATIONS

Bull Creek| Jolimont | South Perth

City Beach | Churchlands | Doubleview | Mount Lawley

Call 1300 914 368 or visit australiansportscamps.com.au to book or for more information.

Government of **Western Australia**
Child and Adolescent Health Service

Triple P - Positive Parenting Program®

A FREE program that teaches practical and effective ways to enhance family relationships and manage common child behaviour issues.

Who is this program for?

Parents, carers and/or grandparents of a child aged between 3 and 8 years.

What is involved?

- **Seminar Series** – 90-minute talks on:
  - children's behaviour – the tough part of parenting
  - raising confident children
  - raising emotionally resilient children.
- **Discussion Group** – small, 2-hour groups:
  - misbehaving
  - fighting and aggression
  - bedtime routine
  - hassle-free shopping with children.
- **Group Triple P** – 8-week parenting course.

Program details:

1. Group Triple P (7 weeks) - Warwick
   Monday's commencing 18th October 2021 9.30am-11.30am

2. Seminar Series - Joondalup
   Tuesday's 9th,16th and 23rd November 2021 9.30am-11.30am

3. Discussion Group (Dealing with Disobedience) - Craigie
   Wednesday 3rd November 2021 9.30am-11.30am

How do I book?

Ask your child health nurse or visit **healthywa.wa.gov.au/parentgroups**.

Coronavirus update

To help us all stay healthy, please remember:
- Practise physical distancing.
- Do not attend if you are feeling unwell or need to self-isolate.

If you need to cancel your booking, contact the **Child Health Booking System** on **1300 749 869** (metro only).

Please note:
Unless there is a crèche advertised, only babies under the age of 6 months can attend this group. However, we welcome babies who need breastfeeding during the session. DO NOT bring hot food and drinks for safety reasons.

This document can be made available in alternative formats on request for a person with a disability.

June 2020 CAH-001009_TripleP

SCHOOL OF FREESTYLE MARTIAL ARTS

NOT SURE IF MARTIAL ARTS IS RIGHT FOR YOUR CHILD?

We teach our students to fight... off strangers.

We teach our students to talk back... to bullies.

We teach Respect, Confidence, and Courage.

Spend your Holiday having fun in a safe environment!

CALL NOW

For your two week FREE trial!

Phone 0429 123 202

www.schooloffreestylemartialarts.com

We also have adult classes available.

admin@sofma.com.au

Little Dragons (4-6yrs)

Days:	Tuesday	Thursday	Saturday
Times:	3:40pm	3:40pm	8:00am

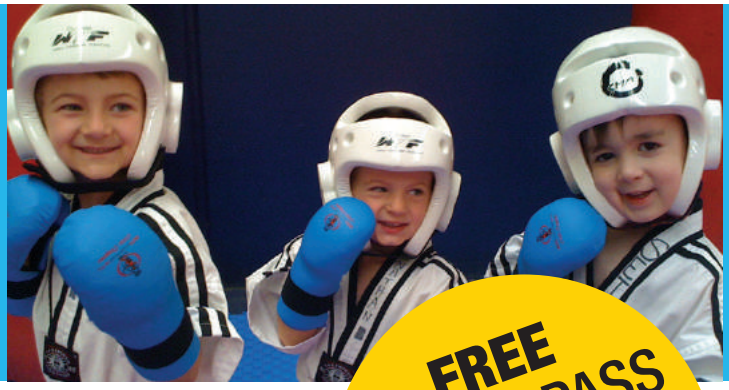
Beginners (6-12yrs)

Days:	Wednesday	Thursday	Friday	Saturday
Times:	3:40pm	4:30pm	3:40pm	8:45am

Taekwondo

• Child Safety • Child Health • Peace of Mind

TAEKWONDO for KIDS



FREE 2 WEEK PASS for you and a friend. **BOOK EARLY! Limited Spaces**

Give your child the help they deserve to build their:

- CONFIDENCE
- SELF ESTEEM • FOCUS • STRENGTH
- COORDINATION • BALANCE • LIFE SKILLS

in our specially designed **programs just for kids.**

Help your child grow, develop and defend for themselves!

Starting from **4 YRS AND UP!**

GIVE YOUR CHILD A KICKSTART IN LIFE! A FIGHTING CHANCE!

ATImartialarts
Achievement Through Trust & Integrity

www.atimartialarts.com.au

0402 144 018

Call **ANTHONY** to make your booking today!

FORSTER PARK HALL corner Keane Street & Abernethy Road, Cloverdale

WOODVILLE PAVILION HALL corner Fitzgerald & Farmer Street, North Perth