FRIDAY 10, SEPTEMBER 2021

COMMUNITY NEWS

Community News



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Government of Western Australia Child and Adolescent Health Service



Triple P - Positive Parenting Program®

A FREE program that teaches practical and effective ways to enhance family relationships and manage common child behaviour issues.

Who is this program for?

Parents, carers and/or grandparents of a child aged between 3 and 8 years.

What is involved?

- Seminar Series 90-minute talks on:
 - children's behaviour
 the tough part of parenting
 - raising confident children
 - raising emotionally resilient children.
- Discussion Group small, 2-hour groups:
 - misbehaving
 - fighting and aggression
 - bedtime routine
 - hassle-free shopping with children.
- Group Triple P 8-week parenting course.

Program details:

- 1. Group Triple P (7 weeks) Warwick Monday's commencing 18th October 2021 9.30am-11.30am
- 2. Seminar Series Joondalup Tuesday's 9th,16th and 23rd November 2021 9.30am-11.30am
- 3. Discussion Group (Dealing with Disobedience) Craigie Wednesday 3rd November 2021 9.30am-11.30am

How do I book?

Ask your child health nurse or visit healthywa.wa.gov.au/parentgroups.



- To help us all stay healthy, please remember:
- Practise physical distancing.
- Do not attend if you are feeling unwell or need to self-isolate.

If you need to cancel your booking, contact the **Child Health Booking System** on **1300 749 869** (metro only).

Please note:

Unless there is a crèche advertised, only babies under the age of 6 months can attend this group. However, we welcome babies who need breastfeeding during the session. DO NOT bring hot food and drinks for safety reasons.

This document can be made available in alternative formats on request for a person with a disability.



West Leederville Primary School

After-School Soccer Program Term 4 2021

Year 4 and Year 5 West Leederville Primary students

An after school soccer program is being organised for Term four this year. For those who are interested the program is skills based and run by Mark Lee and his associated coaches.

http://www.mlfc.com.au/MLFC/MLFC.html

The last two programs at Lake Monger have been very well attended and the kids really engaged in the sessions.

Start Date: Wednesday October 13th Time: 4.30pm – 5.30pm Duration: 8 weeks Location: Lake Monger Recreation Club

Estimated cost: About \$220 per child

If your child is interested to be part of this program please email David Mazza david@mazza.com.au





PERTH FLYING SQUADRON YACHT CLUB

ackers

SCHOOL HOLIDAY PROGRAM PRESENTED BY SUN SMART

tackers 1 "having fun"

HUNE WON'D

TUESDAY 28 SEPTEMBER TILL FRIDAY 1 OCTOBER 8:30AM - 1:30PM

THIS COURSE AIMS TO PROVIDE CHILDREN WITH A FUN & SAFE WAY TO GET INTO SAILING & IS DESIGNED FOR PARTICIPANTS WHO WISH TO HAVE FUN & LEARN THE BASICS OF SAILING THROUGH GAMES ON & OFF THE WATER

tackers 2 "tricks & techniques"

MONDAY 4 OCTOBER TILL FRIDAY 8 OCTOBER 8:30AM - 12:30PM

THIS COURSE AIMS TO BUILD ON THE FUN FROM TACKERS 1 & PROGRESS ON SAILING SKILLS. IF KIDS ARE CONFIDENT THEY CAN SAIL A BOAT ON THEIR OWN WITH LOTS OF SUPPORT & SUPERVISION FROM THE INSTRUCTORS

MEMBERS - \$247 NON MEMBERS - \$278

Uhitworth?

Whitevorths

TACKERS IS A JUNIOR START SAILING PROGRAM AIMED AT 7 – 12 YEAR OLDS. THE 20-HOUR COURSE IS MANAGED BY EXPERIENCED COACHES AND IS A POPULAR WAY TO GET YOUR CHILD INVOLVED IN SAILING AND DEVELOP A PASSION FOR BEING OUT ON THE WATER.

REGISTRATIONS CLOSE 24 SEPTEMBER TO REGISTER CALL 9386 6437, EMAIL MEMBERS@PFSYC.COM.AU OR REGISTER THROUGH OUR WEBSITE





A fun School Holidays program where kids 7yrs - 12yrs learn to sail whilst having fun, keeping active and making new friends Tackers 1 & 2 Sailing Courses

8:30am-12:30pm Daily

28th Sept -1st Oct 21 4th - 8th Oct 21 20th - 23rd Dec 21 4th - 7th Jan 22 10th - 14th Jan 22 17th - 21st Jan 22 24th - 28th Jan 22

Per Child Per Course

NEDLANDS

CLUS

For more course information contact Graeme hello@nyc.org.au || 08 9386 5496 Register today nyc.org.au/tackers/

COME JOIN THE FUN AT

CITY BEACH TEBALL CLUB 2021/2022 Season Starting 16th October

REGISTRATIONS OPEN 2ND AUGUST

Register at: https://www.citybeachteeball.com.au/registration.html

OR CONTACT US FOR ALL

ENQUIRIES TO

CBTEEBALLREGISTRAR@GMAIL.COM



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BOOK ONLINE WWW.PHYSIOATELIER.COM MONTHLY SPECIALS SEE WEBSITE FOR DETAILS







ATELIER.MVMNTSTUDIO YOGAWITHLEA.AU



Monday September 27th - Friday October 1st





Triton Water Polo Club WELCOMES NEW & EXISITING FLIPPA BALLERS to the Summer Season at Beatty Park starting October 15th

COME AND TRY

Sunday 19th September 2021 Sunday 10th October 2021 at 9.00am to 10.00am

For children ages 6 - 12 Years Old

For more details and registrations go to: www.tritonwaterpolo.org Email: flippaball@tritonwaterpolo.org

Find us on

Flippa Rall



You're INVITED to join <u>"Floreat Surf Life Saving Club"</u> OPEN DAY on: Sunday, 19 September from: 9:30am - 1pm.

Woodside Nippers is a great way for Kids to get onto FLOREAT Beach, make new friends, gain water confidence, and develop vital surf skills all while having FUN!

We cater for children 5-12 years, with programs running on Sunday mornings from 8.30-11.00am October to March.

For more information please email: Nipper.Admin@floreatslsc.com or 9385 9370



Woodside Nipper Pack ... Lots of Exciting Prizes to be given away on OPEN DAY!



You're INVITED to join <u>"Floreat Surf Life Saving Club"</u> OPEN DAY on: Sunday, 19 September from: 9:30am - 1pm.

Woodside Nippers is a great way for Kids to get outside, make new friends, gain water confidence, and develop vital surf skills all while having FUN!

We cater for children 5-12 years, with programs running on Sunday mornings from 8.30-11.00am October to March.

For more information please email: <u>Nipper.Admin@floreatslsc.com</u>





THE METHOD WITH

Holiday Camp

The fun way to keep your 3.5 - 7 year olds active and entertained this school holidays!



Subiaco

4th – 8th October Lords Recreation Centre 9am – 12pm \$45 per day Book online www.junglesports.com.au



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WE ARE OFFERING A 2 WEEK FREE TRIAL!

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TAEKWONDO for **KIDS**



Limited Spaces



Give your child the help they deserve to build their:

- CONFIDENCE
- SELF ESTEEM FOCUS STRENGTH
- COORDINATION
 BALANCE
 LIFE SKILLS

in our specially designed programs just for kids.

Help your child grow, develop and defend for themselves!

Starting from **4 YRS** AND UP!

GIVE YOUR CHILD A KICKSTART IN LIFE! A FIGHTING CHANCE!



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Call **ANTHONY** to make your booking today!

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Call 1300 914 368 or visit

australiansportscamps.com.au to book or for more information.