28 MAY 2021 ISSUE 7



WEST LEEDERVILLE PRIMARY

From the Principal

Dear Parents and Carers,

Welcome to the latest edition of our newsletter. We are halfway through our eleven week second term and, as always, we are very busy.

Thank you to our Year 3 and Year 5 students and teachers who completed a seamless series of NAPLAN Online tests and to our Admin team led by Mr McInerheney and Ms Thompson for planning and supporting the testing. The results should be available in late Term 3 and will inform us as to how our students are performing academically against state and national "like schools" and how our teaching programs, methodology and content are aligning to state and national requirements.



A reminder to all families that Friday 4 June, 2021 is a scheduled School Development Day and students are not required to attend on this day. Our Administration Office will also be closed on this day from 1-4pm.

The following Monday, 7 June, 2021 is a Public Holiday for the Western Australia Day celebrations.

COMMUNICATION AND PARTNERSHIPS WITH OUR COMMUNITY

We are constantly striving to improve our communication with our community to encourage effective partnerships to support our students.

We have heard from many of our parents and community members that the Skoolbag App is not working as effectively as we would like. Unfortunately support to help us with rectifying these issues from the Skoolbag Company has not been timely.

For this reason, we have decided to change to a new App that will meet our needs and is easier for parents to use. We understand that changing Apps may be frustrating for some, however we will be here to help you as we transition to a better platform.

We will be providing you with further details shortly.

WALK TO SCHOOL SAFELY DAY

It was fantastic to see so many families and children walk to school on "Walk Safely to School Day". It was even lovelier







to see our families enjoying the wonderful BBQ and hot chocolate. A special thank you goes to Ms Hawson who organised the event and all the parent volunteers who helped with the BBQ.

Naturally, at West Leederville, we always encourage our students to safely cycle, walk, scoot or skip to school every school day, but this was a promotional day across Australia to remind us all of the benefits of not driving to school.

It is also lovely to report that we as a community are getting much better at moving around the school safely at drop off and pick up time.

CONGRATULATIONS MRS WADE!

I would like to congratulate Mrs Wade on being asked to take on a short term Acting Principal role at Mosman Park Primary. Mrs Wade will start at Mosman Park on Monday 31 May and will be there to support the school until the end of Term 2.

We are currently in the process of selecting a staff member to act in the Deputy Principal position until Mrs Wade returns. This will means that we may need to also appoint a teacher to backfill a position for this period. We will communicate with the class affected as soon as possible and as always do our very best to minimise any disruption to student learning.

MORNING AND AFTERNOON ROUTINES

Recently, we have been working with students and teachers to tighten up our morning and afternoon routines, and ensure the correct supervision of students outside the specified school hours.

All students who arrive at school early are to wait in the undercover area until the classrooms open at 8.35am. There will be a teacher, Associate or Principal available to

supervise students at this time. Students should no longer wait in the hall before school.

However, we discourage parent and carers of our students from dropping off students earlier than 8.35am – we provide supervision for a few students on those occasions where it is unavoidable, but this should not be a routine or expectation for families. At present we have over 60 students arriving at school before 8.35am, with some students arriving up to 30 – 40 mins before the classrooms open. We will be contacting the parents or carers of those children who are arriving too early to offer before and after school care with Camp Australia or discuss alternative care arrangements.

Likewise in the afternoon, it is not OK for students to remain on the school site unsupervised or unaccompanied by an adult. Students who are not with an adult supervising them will be asked to leave the school grounds or wait in the office.

Warm regards, Sheri Evans,

Principal

Dates for your Diary

I June

Incursion - Year 3/4 & 4, Brownes Dairy -

3 June - I July (Thursdays)

Bike Ed program - Year 3 Blue & Year 3 students from 3/4

4 June

School Development Day
Students do not attend school

7 June

Western Australia Public Holiday

8 - II June

Year 6 Camp - Forest Edge

8 & 9 June

Incursion - REmida, Year 2 & 1/2

17 June

Assembly - Undercover Area 2:30pm

17 June

WLPS Cross Country - Years 3 to 6

Please check the West Leederville Primary School Website or Mobile App for regular updates to the school planner.

Autumn colour at WLPS

Simultaneous Storytime



National Simultaneous Storytime (NSS) which this year was on May 19, is held annually by the Australian Library and Information Association (ALIA). Every year a picture book, written by an Australian author and illustrator is read simultaneously in libraries, schools, pre-schools and other places around the country. It is a colourful, vibrant, fun event that aims to promote the value of reading and literacy, using an Australian children's book that explores age-appropriate themes. The book chosen to be read this year was 'Give me some space!' written and illustrated by Philip Bunting. Uniquely, schools were able to tune into the book being read by an astronaut from the International Space Station in real time.

Our classes were split into four groups for the story time.

The Kindergarten students did not miss out on the experience and joined in at our off-site centre.

Playground Painting

Recently we had some playground painting added to the paved areas of the playground. The painting had been due to take place last year in Term 1 but was greatly delayed due to COVID-19 border restrictions.

Adding to the existing Four-square courts and Twister dots, a novelty trail and alphabet snake were added our Early Childhood building area, a snakes and ladders, compass and novelty trail around the Heritage building and a chess board in front of the double gates on our Northwood Street boundary.

The students have greatly enjoyed trying out the new areas, with the novelty-trails proving a hit in particular.



SEDA - Footy Clinic



Last week, our students were fortunate enough to have Year 11 and 12 students from the SEDA West Eagles program come in during their Phys Ed classes to coach them through football skill sessions. Students participated in drills to fine tune their catching, handballing, kicking and movement skills. The West Eagles SEDA program is overseen by former WLPS Phys Ed teacher Mr Brent Snook.

The WLPS students thoroughly enjoyed interacting with the older students and enhancing their ball skills.

Cross Country Super Stars

Year 4 students Scarlet Brown and Lucas Metcalf along with Spencer Hathrill from Year 5, competed in the School State WA Cross Country championship event on Friday 21st May held at McGillivray oval.

They all performed extremely well and achieved the following results:

Lucas Metcalf U10 2km 4th place Scarlett Brown U10 2km 9th place Spencer Hathrill U11 3km 10th place

Congratulations and well done to these three WLPS students for their efforts and we wish them all the best for the state cross country team.



FOWLS - Hairlarious Kidz



Dads and Daughters Hair Workshop

Last Saturday saw Dads being taught how to plait and braid their daughters hair at Hairlarious Kidz. They were shown various techniques and many agreed it was hard work! Hopefully the girls were not too traumatized and will let their Dads practice more on them at home!

Our next FOWLS event is a **Remote Control Car Rally on Saturday 12 June from 2:30pm** at the school basketball courts.

For more information or to join the FOWLS mailing list, email wlpsdads@gmail.com or contact Pete - 0403 250 255.





2022 Kindergarten applications

In Western Australia, children can start their education in Kindergarten, however compulsory schooling starts the following year in Pre-primary.

Friday 23 July 2021 is an important date in your child's education.

Who needs to enrol?

You need to apply to enrol your children in school for 2022 if they are:

- starting Kindergarten 4 years old by 30 June 2022
- starting Pre-primary, the first year of compulsory school 5 years old by 30 June 2022

Currently we are accepting <u>Applications for enrolment</u> forms for our 2022 Kindergarten program, which are available on our website.

We will contact our current Kindergarten students regarding enrolling at WLPS for the 2022 Pre-primary year, later this term.

Every child from Pre-primary to Year 12 is guaranteed a place at their local public school. Applications close **Friday 23 July 2021**.

Cyber Friendly Primary Schools: Managing Ourselves Online

Families can help children learn skills to manage their reactions to emotions when they have positive and negative experiences online, for example if they experience conflict or cyberbullying.

A quick way to support children recognise and manage emotions is to help them:

- Name it: What am I feeling? Identify and understand how the emotion affects you.
- Explain it: Why am I feeling it? Think about what you are feeling and why you might be feeling this way.
- Accept it: It is okay to feel this way? It helps to be kind and understanding to ourselves for the way we feel. This helps us accept our emotions and not blame others or judge ourselves for how we feel
- Manage it: What can I do to deal with this situation? The goal is always to recognise and accept your feelings are happening without losing control and also finding ways to feel better

More information about how to talk with your children about these self management skills online and other tips for setting rules and limits online can be found at the Cyber Friendly Primary Schools website: https://cyberfriendlyprimary.telethonkids.org.au/families/



STAR STUDENTS

The following students received Merit Certificates at the recent assembly.

Year 1

Eadie Morrison Georgia Saunt Kieran Law Eve Wagner Sebastian Lunghi June Grasso Georgia Ellis

Year 2

Shannon Lewis Benjamin Gaca Emily Little Abigail Underwood Sydney Stringer

Mandarin

Timothy Baker Amy Li

Year 3

Anna O'Sullivan Luke Mitchell Eloise Casswell Kieran Nelson Lulu Samosir Emilia Taheri Zarah Zhou

Year 4

Veer Mahal Rachael Osmond Jasper Cooley Harvey Manser-Smith Amelie Chittock Aliya McTiernan Lucas Stavreski

Year 5

Lachlan Lynch Oliver Trilling-Kirkwood

Year 6

Luka Farish-Luhan George Manser-Smith Natasha Kumar Andrew Raeburn





The 2021 Australian Early Development Census

Counting on parents

The Australian Early Development Census (AEDC) is a national census that builds a picture of the health and wellbeing of children as they start their first year of full-time school.

Every school with children in their first year of full-time school has a vital role to play in helping our nation collect the information it needs to support our children and their families as we recover from the challenges of the COVID-19 pandemic.

Since 2009, communities, schools and governments across Australia have used results from the AEDC to help provide the right kinds of services, resources and support.

AEDC results for individual children are not reported and individual children cannot be identified.

With the support of parents/carers and schools we can build a more complete picture of childhood development in Australia. If parents/carers consent to the collection of their child's information they do not need to do anything. Parent/carers only need to contact the school if they do not consent to the collection of their child's information.

To find out more about the census and how communities are using the data to help children and families visit the AEDC website www.aedc.gov.au



parenting *ideas

INSIGHTS

Parenting for emotionally healthy kids



Most people steer clear from using destructive, toxic parenting strategies for fear of raising dysfunctional, emotionally unhealthy adults. Living vicariously through your kids or using fear to gain obedience are the types of strategies most parents avoid. So, what behaviours can parents practise that will help their kids function well, relate well to others and reach emotional maturity in adulthood? These behaviours will help your lay the foundation for your child to become an emotionally healthy adult.

Helping kids tolerate discomfort

While you don't need to expose kids to pain just for the purpose of toughening them up, you don't need to shield them from discomfort. Missing being picked for a team, a friend moving away and sitting a test that makes them nervous are the types of situations that reflect real adult-life. Providing children and young people with exposure to such experiences and giving them coping strategies such as positive distraction builds their resilience, which is essential for success and good mental acuity.

Validating their feelings

Telling kids to stop worrying or stop crying sends a message that emotions are bad. It teaches them to hide their emotions or fight their feelings. Similarly applying the terms 'good' or 'bad' to emotions sends a message that some emotions are not acceptable. The use of terms 'pleasant' and 'unpleasant' when discussing emotions is non-judgemental and shows your acceptance of all feelings. Let kids know through your language and behaviour that all emotions are a natural part of life, and that they provide important information to help them navigate their world. "Ahh! I see you feel upset about this" is the type of statement kids want to hear particularly when feelings are negative.

Letting kids live their own life

Parents have unrealised dreams as well as unhealed emotional scars. It can be tempting to put your own emotions onto your child or steer them away from areas of life that caused you pain. This practice places enormous pressure on children and restricts them from developing their own sense of self that comes from making your own life choices and living with the consequences. Kids require a certain amount of emotional space to develop their own interests and strengths that may be at odds with your expectations, which can be challenging when parenting small families.

Being emotionally available

One of the most difficult and time-consuming aspects of parenting is sharing a child or young person's emotional burdens. Supporting a child who is sad, or helping a young person manage disappointment is draining emotional labour, requiring your full attention. Supporting, coaching and coaxing kids when they are down is when parents do some of their most important work.

parenting *ideas

In closing

Raising children and young people to reach emotional maturity is an often (unintentionally) neglected part of parenting. By paying attention to their emotions and responding positively rather than shutting them down when their emotions get the better of them you will help lay the foundation to live healthy, balanced lives.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.