



WEST LEEDERVILLE
PRIMARY

From the Principal

Dear Parents and Carers,

Parent Information sessions

It has been wonderful to see so many parents attending the Parent Information Sessions this week.

Next week they continue each morning from Monday to Thursday. If you have not registered your attendance please do so via the following links:

[Year 2 2021 November 23 @ 8am](#)

[Year 3 2021 November 24 @ 8am](#)

[Year 4 2021 November 25 @ 8am \(followed by BYO iPad meeting\)](#)

[Year 5 2021 November 26 @ 8am](#)



Our teachers are always learning too

This week, with staff from Mt Hawthorn PS and Bob Hawke Secondary College, we continued our professional learning series about the teaching of gifted and talented students. At this session we learnt about the impact of teaching children philosophy and the power of good questioning. Using the discipline of philosophy as a resource, we aim to help children to be more intellectually energetic, curious, critical, creative and reasonable. We aim to teach our students how to think, not what to think. Next time you're on a long trip in the car consider asking your children some thought provoking questions and see where the conversation leads. You might like to try these ones for starters:

What is freedom? What is something you know exists but you have never seen? If you could do anything you wanted on the weekend what would it be and why? Should you let someone win if they are younger than you? If you dig up buried treasure, is it yours? What is the most important invention ever? Is there anything that cannot be measured?

Fun Festival

Come and join the fun! This Sunday 22 November. Instead of the postponed Fete WLPS is holding a party to celebrate our school and community. A Pet parade will be held in the morning starting at 9.30am and the Fun Festival will be between 2pm and 6pm. I hope to see you all there.

Sometimes it comes as a surprise

Sometimes it surprises students, particularly the little ones, that teachers have lives outside of school. Some teachers might tell you at this time of year with report writing to do, class lists to prepare and end



of year events to plan, that they actually don't! However, there is one teacher we know who definitely has a life outside of West Leederville, and that's Mrs Munday our drama teacher. Mrs Munday is performing at the 2021 Fringe World. You might like to check this out.

Warm regards,

Fiona Kelly



Dates for your Diary

22 November

WLPS Fun Festival

23 November to 4 December

**Interm swimming Bold Park Aquatic
- Pre-primary**

23 November

**2021 Year 2 parent information session -
8.00am**

24 November

**2021 Year 3 parent information session -
8.00am**

25 November

**2021 Year 4 parent information session -
8.00am**

25 November

**2021 Kindergarten (Blue and Red) &
Pre-primary Orientation - 9:30am - 10:30am**

26 November

**2021 Year 5 parent information session -
8.00am**

2 December

**2021 Kindergarten (Green) &
Pre-primary Orientation - 9:30am - 10:30am**

3 December

Assembly - parents of students receiving Merit Certificates will be notified prior

7 December to 17 December

**Interm swimming Beatty Park Leisure Centre
Years 1 & 2**

10 December

End of Year concert - 5pm - 6:30pm

11 December

Bali Sister School - Free dress day. Gold coin donation

15 December

Year 6 Graduation - 9.15am, undercover area

15 December

**Year 6 The Maze / Splashdown excursion
11am - 4pm**

17 December

Book Awards assembly - 9am, undercover area

17 December

Last day of 2020 school year

Please check the West Leederville Primary School Website or Mobile App for regular updates to the school planner

NAIDOC Celebrations



Indigenous musicians, Gina Williams and Guy Ghouse, from Wanjoo immersed the students in an afternoon of song, stories and dance in the Noongar language. The workshop had a focus on the importance of keeping Noongar language and culture alive as well as learning original Noongar language songs. The children were mesmerised for one hour as they experienced the rich language and culture of the Noongar people. It was a wonderful opportunity for the students to learn and hear about the culture of the First Australians. Resources in the form of charts and CD's were donated to our library. It is envisaged that our students will learn songs from the Noongar language in their classes. No doubt you will hear your children singing these songs in the near future.



Cyber Friendly Primary Schools: Decision Making Online



CYBER FRIENDLY
PRIMARY SCHOOLS

Families can help children learn skills to recognise the benefit and risks associated with being online e.g. (using games, apps, websites) and how to get help for themselves or others if they have negative experiences when they are online.

If your children ask for help for themselves or others if they have negative experiences when online, here are some ways you could respond:

- Show your children you believe them. It is important for your children to feel confident in confiding their experiences
- Take your children's concerns seriously without panicking
- Listen to your children without judgement. Show you understand he/she is upset by what has happened
- Remind your children they have the right to feel safe and respected when online
- Talk about what actions your children have taken and work out a plan of action together



More information about how to talk with your children about these responsible decision making skills online can be found Cyber Friendly Primary Schools website:

<https://cyberfriendlyprimary.telethonkids.org.au/families/>

STAR STUDENTS

The following students received Merit Certificates at the recent assembly.

Pre-primary

Thomas Ricketts
Eadie Morrison
Kieran Law
Theo Etherington
Maryam Ahmed Megabry
Emma Aoki
Natalia Zimerino
Alexiya Weston
Georgia Nelson
Alexander Jones

Year 1

Harriet Joyce
Cruz Garrett
Georgia Speirs
Alex Tate
Flynn Ford
Emily Little
Hugo Reilly
Amelie Seah
Alex Trilling-Kirkwood
Al Baraa El Misallati
Minakshi Arun

Year 2

Dylan Bagga
Grace Langmead
Ruien He
Harry Ladyman
Zarah Zhou

Year 3

Hamish Meharry
Realtin Melia
Rhys Etherington
Sonia Mirembe

Year 4

Andrea Joice
Killian Beniack-Regan
Harry Smitheringale
Mark Bakulin

Year 5

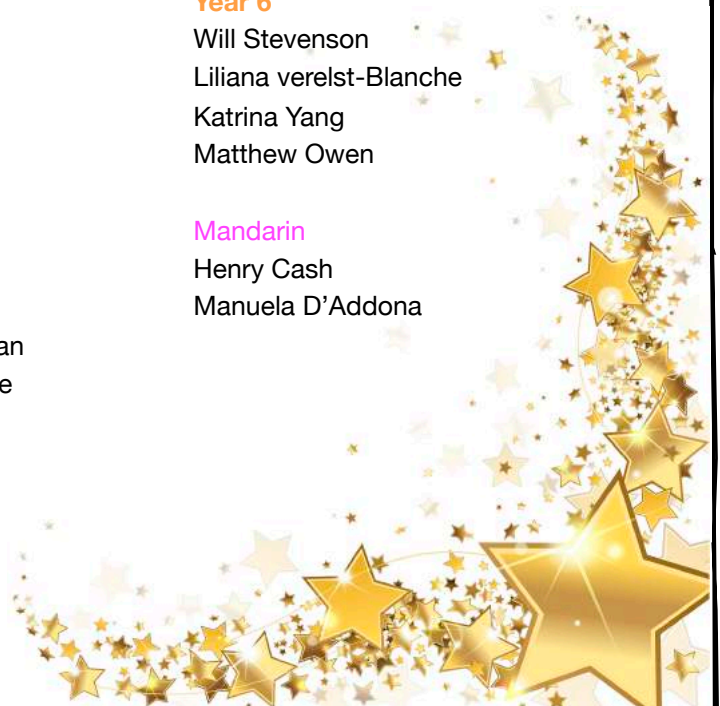
Ottillie Nash
Maebh Dhepnorarrat
Rhys Walker
Cristiano Zimarino

Year 6

Will Stevenson
Liliana verelst-Blanche
Katrina Yang
Matthew Owen

Mandarin

Henry Cash
Manuela D'Addona



Year 3 Blue, History Museum Exhibits



As part of our history topic, comparing the past to now, students in Year 3 Blue selected and researched an item from the past that they had at home. The array of items was amazing and included crystals, medals from WW2, a baby teaspoon, a charcoal iron, currency, cameras, coffee box, photos of a famous boxer, silver tea strainer and spoon, a cassette tape, hand tools, 1940's encyclopaedia, dinky toy, bugle, old style telephone and a tagine. Students presented their exhibits to Mrs. Kelly and visiting classes. It was a magical look back into the past.

Well done, everyone.



Walk, Ride, Scoot Safely to School Day



Friday 6th November dawned..clear and sunny for our annual Walk, Ride, Scoot, Safely to School Day. Hundreds of students were met with the smell of sizzling sausages and steaming milo on arrival in the undercover area. This national day is aimed at promoting the benefits of exercise and helping save our environment.

This event also coincided with National Bike Month. Avid cyclists who rode to school had the chance to win a voucher to our local bike shop in Leederville.

We would like to thank the Town of Cambridge, WestCycle and Duet Real Estate for their support for this event.



Year 4s, Green Thumbs Galore



Students from Year 4 Red, Year 4 Blue and Year 4/5 got their hands dirty last week! They enjoyed planting new seedlings in the school community garden. The weather was idyllic for gardening and students enjoyed learning new skills including preparing the garden bed, fertilising, watering, removing seedlings from punnets and planting. There were many green thumbs on the day!



Year 4/5 Passion for Recycle Fashion



Every 60 minutes, 12 tonnes of clothes are thrown away in Australia!
Room 8 has been continuing to combat this terrible waste by finding a more sustainable solution to updating our wardrobes. The answer is clear: recycle fashion!

The Design and Technologies project involved Year 4/5 students working together to cut, stitch, pin and sew the clothing scraps we collected from the Anglicare WA Op Shop Warehouse. We greatly appreciated the assistance of many family members who have taught the girls and boys how to use sewing machines to create their stylish clothes.



Kindy, Outdoor Classroom Day



West Leederville Kindy joined schools from around Australia to celebrate Outdoor Classroom Day with lots of fun activities on the verandah and outside for most of the day.



WE NEED YOU

Graphic Designer Wanted:

WLPS students have recently designed posters to display our new school values of perseverance, excellence, kindness, responsibility and courtesy. We are seeking a talented graphic designer to volunteer their time by interpreting the winning designs into an eye-catching poster for display around the school and use in promotional material. If you would like to contribute, please email Rachael Swinhoe – rachael.swinhoe@education.wa.edu.au

INSIGHTS

Modelling self-kindness



This has been a tough parenting year. On a personal level it's been challenging, but when you add the extra difficulty of helping children and young people navigate this year, you'd be forgiven for feeling like you've had enough.

It's timely to look at US-based academic Dr. Brene' Brown's research that informed her book *The Gift of Imperfect Parenting*. Brown's core finding was that the best parenting strategies rely on modelling for them to be adopted by children. That's a little scary as it means we need to be the adults that we want to our kids to become.

There is great power in kids watching us practise how we manage hardships, frustrations and difficulties. Whether we use self-kindness or self-put downs, either will leave an impression on our kids. Not only do they see how we react when we stumble or make mistakes, but we give them permission to act in the same ways.

It's hard to be self-kind

If you're a goal-oriented type of person, highly-judgemental or someone who likes to get things done, then self-kindness can be difficult to befriend. It goes against the grain to laugh at your mistakes or miss a deadline, even though it won't be the end of the world as you know it. If you recognise this type of rigid approach then it may be time let go of some old ways. Inflexibility is the enemy of healthy wellbeing, which thrives on adaptability and self-forgiveness.

Let them hear the process

Giving a child or young person insight into your thinking is a powerful parenting strategy. Sharing your struggles and mess ups with kids in age-appropriate ways takes vulnerability and promotes empathy. It takes courage to share a comment such as, "I keep putting myself down, which is not helpful. I've got to talk to myself as if I'm talking to someone I love." Disclosing this type of self-talk is only useful if it's done in a safe, matter of fact way and a child is comfortable with the message.

Self-kindness means acting compassionately toward yourself when you are struggling to meet your own expectations, meeting with unexpected difficulties and/or met with failure. It's time to drop the stiff upper lip, put aside the strict schedule and stop berating yourself. Instead say to yourself, "This is really tough right now. How can I take some comfort and look after myself?" This is a message worth modelling particularly, if you are living with a perfectionist or a child with tendencies toward anxiety.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.