

# Community News



## SCHOOL OF



# FREESTYLE MARTIAL ARTS



### NOT SURE IF MARTIAL ARTS IS RIGHT FOR YOUR CHILD?

We teach our students to  
fight... **off strangers.**

We teach our students to  
talk back... **to bullies.**

We teach **Respect,**  
**Confidence, and Courage.**



Start your term off right by  
learning focus and  
self-defence!

## CALL NOW

For your two week **FREE** trial!

Phone 0429 123 202

[www.schooloffreestylemartialarts.com](http://www.schooloffreestylemartialarts.com)

We also have adult classes available.

[admin@sofma.com.au](mailto:admin@sofma.com.au)

**Little Dragons (4-6yrs)**  
Days: Tuesday Thursday Saturday  
Times: 3:40pm 3:40pm 8:00am

**Beginners (6-12yrs)**  
Days: Wednesday Thursday Friday Saturday  
Times: 3:40pm 4:30pm 3:40pm 8:45am



# AUSTRALIAN SPORTS CAMPS

AUSTRALIANSPORTSCAMPS.COM.AU

## 3-DAY SPORTS CAMPS PERTH

9am - 3pm each day.  
High quality sports program  
for 6 - 16-year olds delivered  
by expert & qualified coaches.

**BOOK NOW  
AND SAVE  
30%**



### SPORTS

**BASKETBALL - CRICKET - HOCKEY  
NETBALL - SOCCER**

### Venues

Bull Creek - City Beach - Doubleview - Floreat -  
Jolimont - Wembley Downs

**Dates before and after Christmas  
available!**

Call 1300 914 368 or visit  
[australiansportscamps.com.au](http://australiansportscamps.com.au)  
to book or for more information.





# 🌻 Spring 🌻 School Holiday Workshops with LEGO® Bricks



**FUN for the Kids 😜 More TIME for You**

★ West Leederville ★ Claremont ★ Karrinyup ★ Ocean Reef  
★ Aveley ★ South Perth ★ Southern River

**[www.Bricks4Kidz.com.au/Perth-Karrinyup](http://www.Bricks4Kidz.com.au/Perth-Karrinyup)**

☎ 0415 829 511

✉ [rachel.koo@bricks4kidz.com](mailto:rachel.koo@bricks4kidz.com)



Government of Western Australia  
Child and Adolescent Health Service



# Triple P - Positive Parenting Program®

**A FREE program that teaches practical and effective ways to enhance family relationships and manage common child behaviour issues.**

## Who is this program for?

Parents, carers and/or grandparents of a child aged between 3 and 8 years.

## What is involved?

- **Seminar Series** – 90-minute talks on:
  - children's behaviour – the tough part of parenting
  - raising confident children
  - raising emotionally resilient children.
- **Discussion Group** – small, 2-hour groups:
  - misbehaving
  - fighting and aggression
  - bedtime routine
  - hassle-free shopping with children.
- **Group Triple P** – 8-week parenting course.



## Program details:

## How do I book?

Ask your child health nurse or visit [healthywa.wa.gov.au/parentgroups](https://healthywa.wa.gov.au/parentgroups).

Coronavirus  
update

To help us all stay healthy, please remember:

- Practise physical distancing.
- Do not attend if you are feeling unwell or need to self-isolate.

If you need to cancel your booking, contact the **Child Health Booking System** on **1300 749 869** (metro only).

### Please note:

Unless there is a crèche advertised, only babies under the age of 6 months can attend this group. However, we welcome babies who need breastfeeding during the session. **DO NOT** bring hot food and drinks for safety reasons.





## Codekids Term 4/ Summer Holiday Classes

### JOIN OUR CODING CLASSES TODAY!

**Coding Fun with Swift from 24th of October - 12th of December 2020 every Saturday! Suitable for Year 3+**

**Creative Computing from 25th of October - 27th of December 2020 every Sunday! Suitable for Year 1 – Year 3**

**Creative Computing: 25th of October - 13th of December 2020 every Sunday! Suitable for Year 3+**



**FOR CLASS TIMETABLE AND TO ENROL  
PLEASE VISIT  
[HTTPS://CODEKIDS.COM.AU/COURSES/](https://codekids.com.au/courses/)  
LEVEL 1 99/101 FRANCIS STREET  
NORTHBRIDGE  
0451 468 848**



Department of  
Education



# VACSWIM 2021

Take the  
plunge!

**Help keep your  
child safe in the water  
this summer.**

Enrol now for January holiday swimming lessons.  
Perfect for beginner, intermediate and advanced swimmers.

Program	Dates	Price	Enrolments close
Country Early Start	18-24 Dec 2020		1 November
January Program 1	29 Dec- 8 Jan	Child \$30* Family \$81*	8 November
January Program 2	11-22 Jan		15 November
January 5 day	4-8 Jan	Child \$16* Family \$41*	8 November

\*Concessions available. Does not include pool entry.



Get in quick, as late enrolments can't be guaranteed.

Enrol at [education.wa.edu.au/vacswim](http://education.wa.edu.au/vacswim)

Information on the website is available in languages other than English.