



WEST LEEDERVILLE
PRIMARY

From the Principal

Dear Parents and Carers,

The most important thing

.... to do these holidays is rest and prepare for Term 4, because it is going to be HUGE! We have: Book Week, Open Night, Year 6 Camp, NAIDOC Week, End of Year concert, Graduation, Book Award Ceremony, P&C Fun Fare, swimming lessons, year group parent meetings, some fund raising events, Walk To School Day and plenty more. HOLD ON TO YOUR HATS, it is going to be fun!

COVID-19 update

It is important to remember that we are still operating under Phase 4 restrictions. At school, the additional cleaning routines will continue for another term and children are regularly reminded to take particular care with their hand hygiene. Adults are asked to remember the 2m rule and whenever possible to restrict access to school buildings. Your co-operation and support throughout this time, at school and at our sporting events, has been fantastic – thank you.

Disco Bingo

Oh what a night! Thank you to the members of the P&C who organised this great event. For those of you that have not attended a Disco Bingo yet, you really should, it was so much fun and a great fundraiser too.

Professional Learning Day – 12 October

While the children are all enjoying one more day of holidays, the teachers and education assistants will be participating in professional learning. We will be using Brightpath, a writing assessment tool to moderate writing samples; reviewing our recently introduced Letters and Sounds phonics program and planning the next steps of its introduction; sharing Team Teach skills, designed for de-escalation and positive handling of children in difficult situations; Building our Positive Behaviour Schools framework; and participating in team building activities.

A bit of a problem we would like your help with

Unfortunately we are having a bit of a problem with graffiti, and untidy behaviour, in our recently renovated toilets. Despite talking to all the children and asking them to be proud of their school and to take responsibility for their environment, the problem is on-going. It would be very helpful, if before returning to school next term, you could find a



time to support this message. We work hard to access funds and grants to make our school a beautiful, clean, tidy, professional learning environment and your support with this would be greatly appreciated. Have a safe and happy holiday!

Warm regards,

Fiona Kelly



Dates for your Diary

12 October
School Development Day - Students do not attend school

13 October
Term 4 commences for students

15 October to 12 November
Protective Behaviours incursion - PP and Year 4 (every Thursday - 5 sessions)

16 October
Art of the Story incursion - Years PP to 2

16 October
History Hunter incursion - Years 3 to 6

17 October
Book Week 2020

18 October
School Disco
Years K to Year 6 (staggered times)

21 October
Open Night and Book Fair

22 October
Assembly, Undercover Area, 2:30pm
Parents of students receiving Merit Awards will be notified prior.

Please check the West Leederville Primary School Website or Mobile App for regular updates to the school planner.

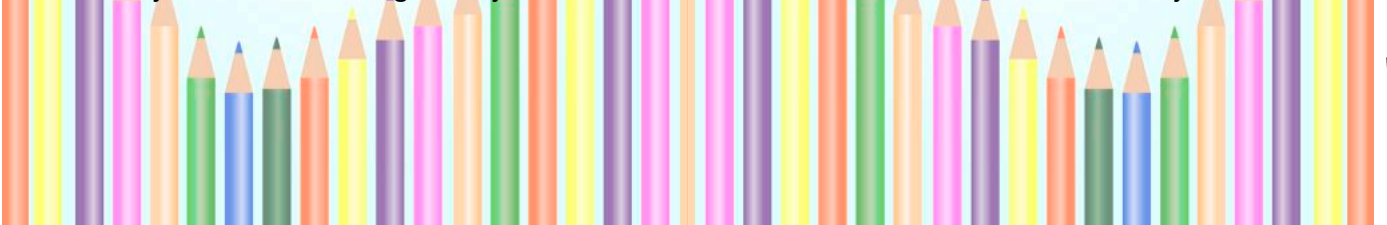
2021 Student Booklists

This week parents were notified of our 2021 students booklists via the Skoolbag app and email. The booklists outlining the student stationery requirements for next year are available on the 'Booklist' tab of the Skoolbag app and on our website. Hard copies are available from our office on request.

Parents are welcome to purchase these items at any retail outlet of their choice but we do offer the convenience of pre-ordering and home delivery through our chosen supplier, Campion. Orders placed online at <https://www.campion.com.au/> by Friday 30 October 2020 using "YV2J" as a code, will be delivered free of charge to the nominated address.

Orders may still be placed past the 'return date' but a delivery charge of up to \$8 will be charged.

Parents choosing to order the stationery requirements this way also have the convenience of paying for voluntary school fees and the school diary at the same time. To ensure a smooth start to learning in the 2021 school year, it is imperative that students bring all of the items on the school requirements list for the first day of school, although many lists contain items that are to be retained from the year before.





Cyber Friendly Primary Schools: Self Awareness Online

It is important for children to learn how to recognise and think about their own emotions when they are online either playing games, using social media or doing school work. These emotions may include happiness, fear, excitement, anger, or jealousy depending on the situation.

Families can help their children learn these skills by chatting about how our body can give us clues about our feelings, emotions and moods (e.g. "what do you think it means when your heart beats faster or when your face becomes hot") and how these

may be influenced positively or negatively by their online environment.

More information about how to talk with your children about self awareness online can be found at the Cyber Friendly Primary Schools website: <https://cyberfriendlyprimary.telethonkids.org.au/families/>

STAR STUDENTS

The following students received Merit Certificates at the recent assembly.

Pre-primary

June Grasso
Archie Trevaskus
Wen Li Yang
Theo Vallelonga
Freya Anderson
Matilda Wilkinson
Beatrix Webb
Harry Marchant
Charles Stewart

Year 1

Anthony Oakshot
Hannah Meharry
Yuan Tian
Vivienne Turner

Mandarin

Claudia McApline
Levi Agapitos

Year 2

Matilda Gallop
Anna O'Sullivan
Zoe Bellantoni

Year 3

Theo Carmody
Coco Divola
Sarah Osmond
Brayden Saunt
Bodhi Williams
Yassin Ahmed Megebry

Year 4

Bella Ashby-Cohen
Spencer Hathrill
Elizabeth Linton
Tamim El Misallati
James Sommerfield

Year 5

Alexander Pitchen
Lila Aylmore
Elena Casas-Huelin
Ruby Mizen
Sophia Taylor
Piper Raby

Year 6

Ebony Callegari
Blake Jenkins
Oscar Barker
Lewis Bishop



Flexible furniture



Its finally arrived! Purchased with the \$9387 raised from our incredibly successful lap-a-thon, the flexible furniture has been a huge hit right across the school. Thank you all for your fantastic contributions and support of this student led initiative.



Mandarin Activities



Our LOTE would like to say thank you to all parents & grandparents who came to support and help their children and the staff; it was lovely to see you all. Your presence has meant a lot to us and our students, you made the cooking lesson more fun and special. It would not have been as successful without your help – supervising and guiding students through chopping, peeling and skewering fruit; and also cleaning and washing up; you are all super stars!

A big thank you to all for your time and effort to assist us.

Linda Chun-Fun Williams -- Mandarin Teacher



Along with 26 other schools, West Leederville PS had four entrants in the 2020 CLTAWA State Chinese Story Writing Competition.

We are very excited to announce that Yu Fei (Phoebe) Yan won first prize and Amy Li, second prize. Both students are in Year 3 Blue.

Congratulations to these students and our school's Mandarin program.



Mandarin Activities



For the Term 4 School Concert, our students are buzzing with the excitement of learning all the steps and skills for the Chinese Traditional Dance presentation.



Kindy Blue & Green's Wacky Day



Kindy Blue and Green have been reading some of the wonderful Dr Seuss picture books and ended the term with a Wacky day. We came to school dressed a little wackily and the classroom was definitely a little wacky with tables upside down, things in the wrong spot and even shoes stuck to the wall. We finished the day picking carrots from our vegetable garden to discover our carrots were wacky too!



Exploring Music - Year 3 & 5



In Year 3 Music, students have been using technology to create and explore the different roles that music can have in our lives. We focused on how music can be used to tell a story and how music used within advertisements can influence the consumer. Students explored different jingles, looking at how and why they are effective in advertisements. Students then wrote their own jingle in the style of a rap song to persuade an audience to save the ocean, using elements of music typical to rap. Using GarageBand, students composed their own rap beats to accompany themselves rapping their written piece and recorded themselves. The final project resulted in fantastic rap songs that were both catchy and persuasive. The Year 3 students loved bringing technology into the music room and enjoyed their first experience using a fantastic music tool like GarageBand.



In Term 3 Music, Year 5 students have been working in collaborative groups to arrange a pop song of their choice. Students chose their own instruments to suit their band's desired outcome and worked together to arrange the song to suit the style. The focus this term was to develop their performance skills such as; singing in tune, playing a variety of instruments with correct timing and technique and balancing their own part at correct pitch and tempo when performing with others. Students explored how to improve musical performance as a member in a group and sustain and engage an audience whilst balancing their own part and playing or singing with others.



Making Music



During their music lesson this week, the Year 6 students demonstrated their flair on a variety of instruments. In 'bands' they performed their prepared items to their classmates.

Interschool Athletics



On Wednesday 16 September, the West Leederville Interschool Athletics team travelled to Wembley Downs Primary School to compete against the best athletes from five other primary schools. The weather was perfect and our team was full of competitive spirit, good sportsmanship and smiling faces. After several weeks of training and preparation our athletes made a good showing, improving on our past performances and when the points were tallied at the day's end, rising to a final result of fourth position. We had many standout individual performances, but of particular note were the three medals received:

Year 3 Runner-up Champion Boys – Owen Griffiths & Lucas Metcalf

Year 4 Champion Girl – Josephine Constantine

Next year the Interschool Athletics Carnival will be hosted by West Leederville Primary School down at Subiaco Oval. We have learnt a lot about what we can improve on during this athletics season and we will be looking to apply what we have learnt to our training over the next year so that we can continue our rise to the top. Go West Leederville!

Container Deposit Scheme

The new state government Container Deposit Scheme comes into effect on October 1 this year. West Leederville Primary School has partnered with Scouts WA to be part of the scheme. We have a shiny new bin outside of the admin building which can be filled with any of the appropriate containers, as per this list:

Beverage containers between 150 millilitres and three litres in volume eligible for the refund include:

- soft drink cans and bottles;
- bottled waters – both plastic and glass;
- small flavoured milk drinks;
- beer and cider cans and bottles; and
- sports drinks and spirit-based mixed drinks.

Please bring in any of these empty containers and place them in the bin at your convenience.

Note: Containers that are not part of the scheme include:

- plain milk (or milk substitute) containers;
- flavoured milk containers of one litre or more;
- pure fruit or vegetable juice containers of one litre or more;
- glass containers for wine and spirits;
- casks (plastic bladders in boxes) for wine and casks for water – one litre or more;
- sachets for wine of 250 millilitres or more;
- containers for cordials, concentrated fruit/vegetable juices; and
- registered health tonics.

(No waste, plastic bags etc are to be placed in the bin.)

Whilst some of the containers in the excluded list might appear to be recyclable in this way, the focus is on reducing litter and many of these containers are recyclable through traditional council based recycling schemes. Please continue to do this at home.

Further information about the scheme can be found at <https://dwer.wa.gov.au/cds>



P & C Update

It has been a great Term 3! We hope you and your children and especially the teachers have a very relaxing break over the school holidays.

Disco Bingo

The Disco Bingo night last Friday was such a fun night. Thank you to everyone who came along to Bob Hawke College to support this P&C event and particularly the teachers – it was great to see so many people getting into the spirit of the evening. Thank you so much to Paula Guntrip for your amazing organising and enthusiasm in making this event a huge success. What an MC we had, a massive thank you to Sharon Greenock for making the night one to remember, what a legend Sharon was. Thanks to all the volunteers on the night; those who helped on the bar and those of you who stayed afterwards to help clean up. Such a great team effort! Thank you also to Erynne Campbell from Acton Real Estate for donating an amazing best dressed prize!!



School disco – Sunday, 18 October

The school disco will be held at the school on Sunday, 18 October from 3pm-6pm.

This event will be hosted by the Year 6s to raise money for their Camp and Graduation.

3pm-4pm for Kindy and PP
4pm-5pm for Years 1-3
5pm-6pm for Years 4-6

Come along for a fun afternoon of disco dancing! There will be face painting, a bake stall, photo booth, sausage sizzle. See the attached flyer for more details.



Open Night/Book Fair – Wednesday, 21 October

If anyone would like to volunteer to run a cake stall or sausage sizzle at the Open Night in Term 4, please contact Paula Guntrip at fundraising.wlps@gmail.com. Another great way for the P&C to raise funds for our school.

Funds raised through the P&C have been used to purchase \$1,000 worth of library books to add to the current collection. The library committee is upgrading and renewing the books in the library. At the Open Night on Wednesday, 21 October there will also be books available for purchase to donate to the library.

Instagram Account

The P&C now has an instagram account! Please follow the P&C for information and reminders on P&C events and activities at: [westleedervilleps_pandc](https://www.instagram.com/westleedervilleps_pandc)

Fun Festival – Sunday, 22 November

Save the date! The Fun Festival will be coming up in Term 4 on Sunday, 22 November from 2p-6pm. This P&C event focuses on celebrating our school community, our community and friendships. See the attached flyer for more details.

We need you! Volunteers are very, very welcome. Please contact Ann Conlon or Vivi Constantine at ouioui77@hotmail.com if you would like to help out. A list of stalls and events was sent out in the class rep email this week.

FOWLS (Fathers of West Leederville)

Early in Term 4, the FOWLS will be heading off on their annual camping night to Lake Leschenaultia. This is a very popular event and is now fully booked for this year.

If you would like to join the FOWLS mailing list to be kept up to date for future Dads and Kids events, please contact Peter Kailis on wlpdads@gmail.com or register at <https://thefatheringproject.org/dads-group/west-leederville-ps-dads-group/>

Student Disco Party

WLPS

GET YOUR GLOW ON!!

DISCO

PARTY

WEAR YOUR
BEST NEON!

ARE YOU GOING
TO MISS IT??

SUNDAY 18th OCT

3-6 PM

- ★ 3-4 pm Kindy - PP
- ★ 4-5 pm 1 - 3 yr
- ★ 5-6 pm 4 - 6 yr

Face Painting

Bake Stall Photo Booth

Sausage Sizzle Satays

CS Scanned with CamScanner

\$5
cash only

P & C Save the date !



Year 6 Fundraiser

Bake Sale - Year 6 Fundraiser

The Year 6's are hosting bake sales to raise money to purchase their Graduation Gift to the school.

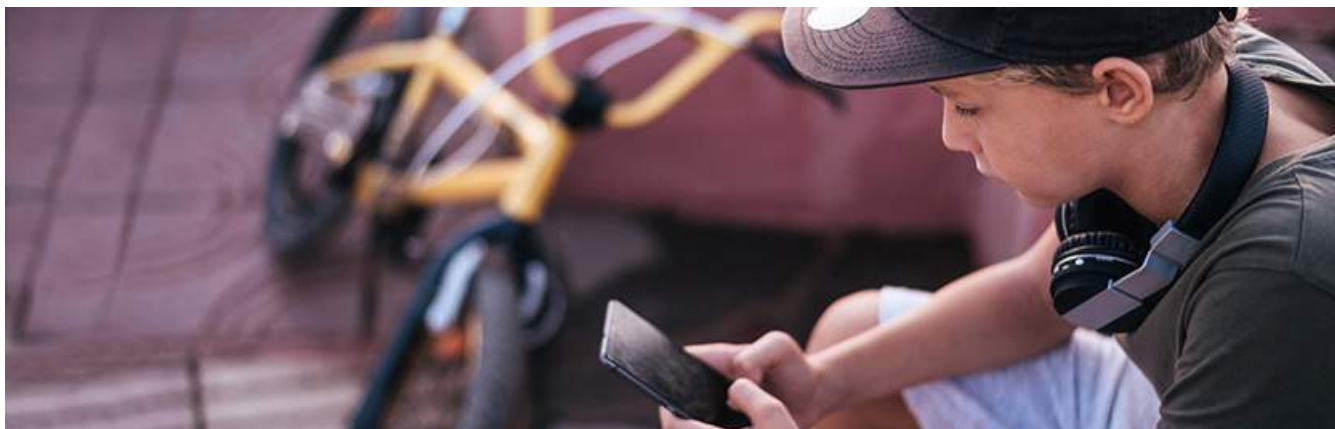
When: Term 4, Week 1 to Week 5
Every Tuesday at recess

Where: Undercover area in front of the canteen



INSIGHTS

Strengthening kids' self-esteem in a digital world



How do we develop and nurture our child's self-esteem in a world where the likes, comments and followers are often seen as the social currency for popularity, confidence and self-worth?

While young people live out much of their social lives online, there are certain elements of this world that can have a negative impact on the social and emotional wellbeing of young people, particularly if that person's self-esteem is already fragile.

The very connected, very visible and public nature of social media ensures that many of the challenges faced by young people previously are now magnified and felt more deeply when played out online. We need to give young people the confidence, skills and perspective to ensure that they can reduce the negative impacts, and instead learn to thrive both online and in real life.

What are some of the things we can do to help nurture that self-esteem and prepare them for the challenges of a very public social media?

Build their independence and resilience early

Make sure they are confident in their own abilities to problem solve themselves. Let them to do things that may result in failure but allows them to pick themselves up. Let them know that mistakes are OK, as long as we learn something from them.

Encourage activities and pursuits

Feeling part of a community can be an invaluable element to fostering self-worth. Encourage kids to have interests away from the screens, such as belonging to teams, clubs and groups where their achievements and efforts can be recognised and celebrated.

Provide opportunities for them to help others

Giving kids the opportunity to help others, such as coaching a junior team, helping out with training or helping people less fortunate are great ways to build self-worth. Developing empathy for others helps kids to realise that the world is a much larger place than their social media feeds.

Spend time with them

It is easy to spend time with our kids when they are young. We can take them to the park, play games, read them books. As they get older and we are not so cool to hang out with, it becomes trickier. But we need to look for times to spend just being together, whether that's watching a movie they like, playing a game, or grabbing a milkshake on the way home from sports training. Find things they like to do. Even just sitting on their bed at night and letting them know you are there can be beneficial.

Provide rituals

Having regular moments of connection that are part of their everyday can be critical in providing stability and security. Connecting as a family with a nightly meal has been proven to be an effective way to give kids the comfort of knowing they have a place that is familiar and safe and unconditional. Or look for other rituals to provide this security.

Communicate often about what is happening online

Talk to them about the things you see online, let them know you have an understanding, learn about it and be sure to look at things from their perspective. Use teachable moments to highlight when things go wrong and be sure that you remain relevant to their world so that they know you are there should something go wrong.

While we cannot always be there to follow everywhere they go online and be up to date on every single site or app they visit, we can do a lot in terms of instilling good values, building that self-esteem and ensuring that they have a positive sense of self that transfers from the real world to wherever they find themselves online.



Martine Oglethorpe

Martine is a parent educator and a youth and family counsellor who speaks, writes and consults on the challenges faced by families in the modern world. Martine has a Masters in Counselling and a background in secondary education. Through her personal and professional work with families raising children, she recognises the important role technology plays in the social and emotional wellbeing of young people. Martine is an accredited speaker with the Office of the eSafety Commissioner.