THURSDAY, 10 SEPTEMBER 2020



PRIMARY

### From the Principal

Dear Parents and Carers,

#### **School volunteers**

Volunteers at West Leederville Primary School are an invaluable resource. They support us, and your children, in so many special ways. Some overt, some very much behind the scenes. From covering and shelving books, to digging dirt at a busy bee, there are so many jobs, big and small, that are done by volunteers. I would like to sincerely thank them all.

One of the BIG jobs, managed by the P&C, is the uniform shop. The coordination of the uniform shop involves ordering large amounts of stock from a variety of suppliers, coordinating storage and stock control, managing the online ordering system, distribution of uniforms, answering parent queries, financial management, sorting the lost property and a whole lot of other 'stuff' I don't even know about. I said Big, perhaps I should have said HUGE!

In acknowledging the amazing work that volunteers around our school do, I would like to ask:

- when the P&C or school ask for volunteers and you have the thought 'perhaps I could do that', go with that thought. The more volunteers the merrier, as it is often just a small group of the same people helping out. We'd really love to see some new faces joining in.
- be kind to the volunteers that we have. Remember that they are not paid staff and may be doing a job that they have never done before.
- attend the social and fundraising events that are organized. They are organised for your enjoyment and to raise funds for your children's education.
- consider joining the P&C. The P&C is the first 'port of call' for the parents to volunteer. Come along to the next P&C meeting and see what it's all about.

#### See you at the Disco Bingo!

#### R U OK? Day

Yesterday was R U OK? Day. In this very unusual year we have been having, I'd like to encourage you all to make every day a day to check in with your friends and family. When you ask someone there is more to say than just asking. Take the time to listen too. If they are not okay, encourage them to seek support, and check in regularly to see how they are going. Learn more at ruok.org.au







### **Athletics carnival**

Thank you Phil Braimbridge, Jo Shepherd, Lisa Wade and the team of parent volunteers who helped make our first carnival at Subiaco oval, despite the trying conditions, a huge success. The children had a fantastic time, which is exactly what it is all about.

Next step, Interschool! This year the carnival is being held at Wembley Downs Primary School on Wednesday 16 September 2020, 9am - 3pm \*\*\*Bus will leave school at 8:45am\*\*\* Please arrive at school by 8:30am. Blue school uniform (NO FACTION SHIRTS ALLOWED).

As with all gatherings at the moment, can I please remind you COVID phase four regulations are still in place and it is imperative that as spectators you:

- Remain within the designated parent areas. Please do not cross onto the tracks or visit children in the school bay.
- Remember the 2m physical distancing rule.
- Use the hired toilets for spectators. Please do not use the Wembley Downs Primary School facilities.

Wembley Downs request where possible parents stagger their attendance to coincide with their child's events to avoid overcrowding.

Don't forget your hat and sunscreen!

#### Heritage Shelter Shed

# **Dates for your Diary**

16 September Inter-school Athletics Carnival 9am -3pm, Wembley Downs PS.

18 September P&C Disco and Bingo

#### 24 September Excursion - Year 4/5 to Anglicare sorting centre, Welshpool

#### 24 September

Assembly, Undercover Area, 2.30pm parents of students receiving Merit Awards will be notified prior.

Please check the West Leederville Primary School Website or Mobile App for regular updates to the school planner.

You may have noticed the old lunch shed is being rebuilt. Efforts to gain permission to have this structure of heritage significance removed, following the theft of much of the original materials, have been unsuccessful. The shed is being rebuilt with specially sourced materials and built with specified techniques. Before we know it, its destruction will be a distant memory!

#### Coffee with the leadership team

Twice each term, we offer parents the opportunity to book in for a chat with the leadership team. This is an opportunity for you to get to know us a bit better, and for us to know you too. Perhaps you and a couple of friends have a shared question you would like to ask us. We like to keep the groups small so that we can have a genuine two way conversation so if you would like to come for a chat please book using the links below. Recommencing next term (placed on hold like many things during COVID) there will be a 'Meet the Team' meetings on <u>September 22</u> and <u>November 19</u> 2020.

Warm regards,

**Fiona Kelly** 



## **Faction Athletics Carnival**



For the first time in many years, our students were able to walk to the WLPS Faction Athletics Carnival instead of travelling by bus. Through the generosity of Bob Hawke College, we were able to secure the Subiaco Oval for our carnival this year. Although there were a few minor showers and our marquees were seriously tested by the wind, the carnival was a great success. The students gathered in their faction bays, cheering on as the events unfolded. The Preprimary and Year 1 students enjoyed their tabloid activities whilst the middle and senior year competed in their running races.

At the conclusion of the carnival the winning faction was Cambridge. We look forward to our future faction carnivals held on such an amazing venue.



















# **Athletic Medal Winners**



Congratulations to the following students who were presented with medals at the conclusion of the athletics carnival.

#### **CHAMPION**

Year 3 Girls	Winnie Devitt	Alexys Meheux
Year 3 Boys	Lucas Metcalf	Owen Griffiths
Year 4 Girls	Josephine Constantine	Eliza Dawson
Year 4 Boys	Sam Mitchell	Spencer Hathr
Year 5 Girls	Maebh Dhepnorrarat	Ruby Eaton
Year 5 Boys	Ethan Soh	Hudson De Vri
Year 6 Girls	Sofia Stinton	
Year 6 Boys	Jack Smitheringale & Youssef Megebry	Will Nankervis

#### **RUNNER UP**

Alexys Meheux **Owen Griffiths** Eliza Dawson Spencer Hathrill **Ruby Eaton** Hudson De Vries

### **BAKE SALE - YEAR 6 FUNDRAISER**

The Year 6's are hosting bake sales to raise money to purchase their Graduation Gift to the school.

When: Every Tuesday at recess starting Term 3, Week 8 to Term 4, Week 5

Where: Undercover area in front of the canteen



# Year 4/5's Passion for Sustainable Fashion

If you have any unloved clothes, don't let them fade from memory in the bottom of a dark wardrobe! Let them see the light and send them to the Year 4/5 Clothing Donation Drive!

Your donation of clothes will help to support people in Perth who have been affected by COVID-19 disruptions. As part of Room 8's investigations into fibre and cloth production and use, we're going to observe how secondhand clothes are sorted at the Anglicare WA Op Shop Warehouse in Welshpool. We will use scrap materials to create repurposed and recycled fashion in Term 4.

The donation drive will take place on **Monday**, **21st September (Monday of Week 10)**. Please bring all donations to Room 8 at any time during the day. Please check they've been washed beforehand.



# **STAR STUDENTS**

The following students received Merit Certificates at the recent assembly.

### **PRE- PRIMARY**

Miles Bollig Alexandra Linton Matteo D'Orsogna Aria Cosgrove Caitlin Kok Emilia Bakulin Leonardo Lucioli Nysha Bajaj Linda De Oliveira Hugo Ogden YEAR 1 **Ross Underwood** Joshua Di Camillo Thomas Hocking **YEAR 2** Lulu Samosir

Amr Alhussain

### YEAR 2

Bethany Callaghan Abraham Medah **YEAR 3** Ayana Brandli Aaliyah Garrett Justin Greenock June Lorimer Winnie Devitt Katelyn Kailis Harrison Stinton **YEAR 4** Bennett Massie-Taylor Ashton Hiller

Ashton Hiller Oliver Trilling-Kirkwood Leah Smith

Jun Shiina

YEAR 5

Cohen Dunning Emily Jones Ruby Lorimer Luka Nightingale Madeleine McAlpine

### YEAR 0

Gabriel Williams Isabella O'Brien

Oliver Stavreski

Ethan Bengson

### LOTE

Nikitha Balram

# Indigenous Art Activities



On Wednesday, 8 September the Year 3 classes held a range of exciting and engaging activities to celebrate the culture of our Aboriginal people.

Students visited Year 3 Black where Miss Gatcum guided students in learning about totems and their significance to Aboriginal people. They have many totems and these are often natural objects, plants or animals that reflect their identity. Many totems are heroes in Dreamtime stories. It is the responsibility of the person to protect their totem animal or plant in the environment.

Year 3 Blue's visiting teacher,

Miss Jacobsen, looked at the importance of rock art to Aboriginal people and the stories and history these portray. Students designed a piece of art to reflect this, using reds, oranges and yellows.

Ms G's, Year 3 Red activity was discovering how ancient Aboriginal astronomy provided clues as to how the people followed the movements of the sun, moon, stars and planets. The students used black paper, white chalk and tiny bits of al-foil to map one of our constellations.

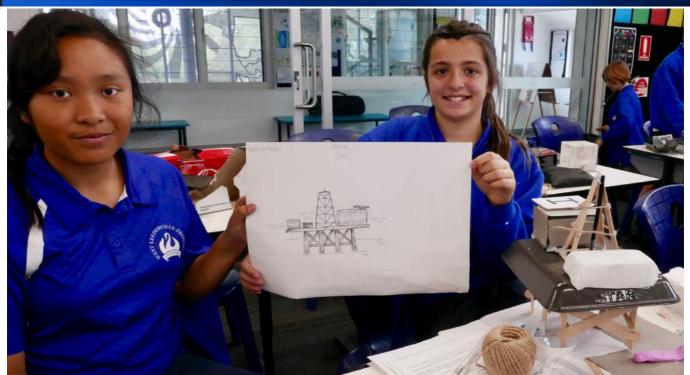
In Ms Hawson's class, students learned about hunting using the boomerang as a weapon and painted and decorated a small wooden boomerang as a keepsake to take from the lesson. All of the students, and the staff, learned a lot about the culture of our Indigenous people and greatly enjoyed the morning.

*Ms Greenway Year 3 Red teacher* 





### Year 6 STEM



The Year 6 classes participated in STEM Week recently. The theme was 'Deep Blue', with the focus being on the link between science, technology and our oceans. The students learnt all about flotation and buoyancy and used this knowledge to design a floating oil rig using recycled materials. They tested their oil rigs in a tub of water shaken heavily to simulate ocean conditions and had a bucket of water thrown over the top to survive severe weather conditions. It was a very successful and fun day for all involved.

Before this lesson we didn't know much about oil rigs until we had to do work on it. While we were working on our construction we had to work as a team to get the construction finished in the limited amount of time. We had great fun when we had to see what happened when the weather tried to destroy our masterpiece. *Tex and Ebony* 

Our Rig survived all three weather conditions because it had a lot of surface area, and in the stormy weather it stayed buoyant. We both found the making of our Rig was lots of fun. During the test we were both nervous that the rig would sink or break, but after testing we were relieved that it survived. *Lachlan and Grace* 

We didn't know much about oil rigs before STEM day. We were very happy with our result, and luckily it survived although that the drill tower collapsed. We worked as a team, and we finished just in time. We found an Up and Go box and cut out the logos, they were a neat addition to our oil rig. Our oil rig was nice and flat, the weight was evenly distributed with the tower in the centre. We coated it in bubble wrap because of the golf ball experiment we did before (the golf ball floated when coated in bubble wrap. We were very stressed in the first half, but in the second half we managed to finish it. It was a fun experiment and worth doing.

Gabriel and Mathilda



# **P&C Update**

There have been a few activities on this term where we have had so many volunteers from the school community so we just wanted to say a huge thanks to all of the lovely volunteers who have helped out at various events.

Thank you to the parents and school community for coming along to the Playground Opening on Friday, 21 August. It was such a great afternoon and fantastic to see everyone relax and enjoy the playground and especially enjoy the groovy tunes, which kids and parents were dancing along to. Thank you so much to Ali Jensen and Paula Guntrip for your amazing efforts in organising this event. Also, thank you to the many other volunteers who helped on the night – without you all this event could not have happened. We raised \$1,800 from the event, which will go towards purchasing some new books for the library to benefit all of the kids.

Cath Grasso has been helping the P&C with completing the audits for previous years. Thank you so much Cath for assisting with getting these audits finally finalised. We are now all up to date with our audits!!

Thank you so much to the parents and school community, teachers, P&C and volunteers who helped out at the faction carnival. Despite the ups and downs in the weather it was a great success and the kids had a fun day. A special thanks to those who helped with the fly away tents. Also thanks to the canteen ladies for the delicious faction carnival lunches.

### **DISCO BINGO**

Don't forget, the P&C Disco Bingo night is on Friday, 18 September

Get your dancing shoes and outfits at the ready for a full night of fun, games and music, D.J Mac is returning to play some great 70's and 80's tunes!

Friday: 18 September

Doors open: 6.30pm eyes down at 7pm

Tables of 8: \$160(limited tables available)

Drinks: NO BYO - Alcohol and soft drinks will be available to purchase on the night

Food: Pizzas are available to pre-order for \$25 each (unable to add on after ticket purchase)

Prize for best dressed

Location: Bob Hawke College, Subiaco (entrance via Coghlan Road)

https://www.trybooking.com/BLJAR

Contact Paula with any questions: <a href="mailto:fundraising.wlps@gmail.com">fundraising.wlps@gmail.com</a>

### **FOWLS UPDATE**

The FOWLs have been busy of late.

On Saturday, 29 August, we had a bunch of Dads and Kids volunteer to run the Bunnings Sausage Sizzle at Bunnings Subi. With more than 100 sausage sizzles being sold per hour, the Dads were under the pump but managed to survive the fun day. It was great to see many of the school community go along to support them! They raised an amazing \$1370 for the P&C, with special thanks to the Dads who helped out on the day - Adrian Casswell, Andrew Faragher, Chris Hayes, Dave Lorimer, Greg Finch, Jesse Ravine, Leo Gallop, Michael Pendred, Nick Cianci, Nico D'Addona, Peter Kailis, Richard Lilly, Trent Durward & Tom Gaca



# **P&C Update**

Last Friday morning, the FOWLs hosted a Walk to School morning with Dads and Father Figures. We had a wonderful turnout, and the long lines allowed for plenty of conversations for everyone who came along. It was great to see so many Dads and Kids enjoying themselves before the school siren!

Thanks to Craig Gasper from Duet Property group who sponsored the event and The Coffee Thief for supplying the coffee, hot chocolate and delicious cinnamon scrolls!



If you'd like to sign up to the FOWLs mailing list to be kept up to date for future Dads and Kids events, please register at <a href="https://thefatheringproject.org/dads-group/west-leederville-ps-dads-group/">https://thefatheringproject.org/dads-group/west-leederville-ps-dads-group/</a>

# Science Week in Year 5

In week 6 (National Science week) the Year 5's participated in a scientific experiment to discover how the acidification of the oceans is affecting Australia's marine environments. They simulated how our coral reefs are becoming bleached by placing eggs into an acidic solution and waiting for the eggs to change in composition. Below are the photos from the day.





# A Treat for Kindergarten



The Kindergarten classes would like to thank Rafael Durward and his family Elsa, Trent and Olive for their donation of an Ice Cream Shop.

It has become a favourite area often with a queue forming to purchase ice creams, cakes and a cup of tea.

# TOP UP STATIONERY



Please check with your child and their teacher if further stationery supplies are required to ensure that learning can continue to progress smoothly. Consumable stationery items for personal use as itemised on the booklist, will vary from student to student. Additional items may need to be purchased through the year to 'top up' supplies.





We have a small mountain of clothing, especially jumpers, in Lost Property at the moment. Please check for any lost items in Lost Property located outside Room 9 in the hall. All unclaimed items will be disposed of very soon.

# parenting **\***ideas

# **Help kids tap into their inner resources**



My first parenting mentor, Maurice Balson, author of *Becoming Better Parents* constantly reminded parents, "If you want your child to be resourceful you need to put them in positions to develop their resources."

Balson's resourcefulness message is just as apt today. Coping with change, dealing with small losses, handling rejection and overcoming disappointment are the types of experiences that build a child's or young person's inner resources.

Developing resourcefulness is the appropriate approach to take when considering the disruptive impact that coronavirus is having on kids' lives. A child who is struggling to come to grips with the changes brought about by the pandemic initially needs an emphatic, supportive approach. They also need encouragement to tap into their inner resources to help them manage the hard times. The following strategies will help develop your child or young person's inner resources.

#### Give them a chance to be resourceful

Harry, age 10, often leaves his lunch at home. His father, who works from home, won't take forgotten items to school. Harry either misses lunch or persuades his friends to share their lunches with him. Either way, when Harry leaves his lunch at home he's forced to rely on his emotional or physical resourcefulness to get by. And he does.

#### Catch them being resourceful

A child's behaviours that gain a parent's attention generally expand. Highlight a child's good manners, acts of kindness or honesty and you're more likely to get a repeat of those behaviours. Positive parental recognition is a high motivator for most kids. To encourage your child's resourcefulness, focus your attention and positive comments on acts of resourcefulness and resilience they exhibit.

#### **Encourage creativity**

Sylvia, age 13 walked to school each day, saving her bus fare to spend on clothes that were out of reach of her parents' budget. Sylvia found a way to overcome her money problem in her own way. Children and young people usually come up with very creative solutions when they're allowed to own their problems.

#### **Develop coping skills**

Kids rely on their coping skills to help them manage their emotional states when life throws them curve balls. Build your child's set of coping skills through direct teaching, modelling and discussion. Humour, distraction, relaxation, exercise, play and thought-distancing are some of the more common coping skills kids can use to help them tolerate their difficult feelings.

# parenting **\***ideas

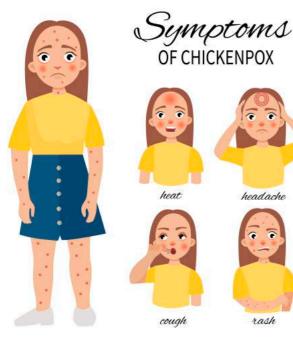
The resourcefulness a child develops when they experience adversity doesn't desert them when life returns to normal. It waits in the background, ready to be drawn upon again when hardships, frustrations and difficulties come their way.



### **Michael Grose**

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including Spoonfed Generation, and the bestselling Why First Borns Rule the World and Last Borns Want to Change It. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.

## **Keeping and eye out for Chickenpox**





We have been notified of a possible case of Chickenpox in one of our students. Chickenpox is a mild and common childhood illness but highly contagious. Children usually catch chickenpox in winter and spring and is most common in children under the age of 10.

If your child has chickenpox, they may:

- have a mild fever
- feel tired and irritable
- be itchv
- have a rash.

Children showing signs of Chickenpox should be kept away from school until all their spots have crusted over, to prevent spreading the infection.

Chickenpox is infectious from 1 to 2 days before the rash starts, until all the blisters have crusted over (usually 5 to 6 days after the start of the rash).

Further information about Chickenpox is available at the following link : https://healthywa.wa.gov.au/Articles/A\_E/ Chickenpox-varicella