FRIDAY, 19 JUNE 2020 ISSUE 9



WEST LEEDERVILLE PRIMARY

From the Principal

Dear Parents and Carers,

Running like a well-oiled machine

I know, I know, that heading makes me sound old!

There are many, many, little things that help the everyday operations of a school run smoothly. Quite a few of these are undertaken by volunteers, or by staff who see a job and just do it. You can help us too, just by doing a few simple things that make these little jobs just that little bit easier.

Put your child's name on all of their belongings. In particular clothes (especially jumpers), lunch boxes and drink bottles. Please do not just put their initials, put both their first and second name. This makes returning lost items SO MUCH easier!

Ask your child each afternoon: "Did you bring your lunch box and jumper home today?". If they say "No", ask them to locate the items the very next day. This will help them to be independent and responsible.

Know when 'things' are due back at school, such as library books and homework diaries and help your child to take responsibility for returning them. Help them to hunt for lost items.

Walk or ride to school whenever possible. If this is not possible, please park safely, legally and use the Kiss and Ride responsibly. *Please refer to the guidelines on page 8 of this newsletter.*

Volunteer. At the P&C meeting earlier this week there were a number of items discussed where volunteers had been requested but not yet found. These requests were for both small on-going jobs, such as managing the lost property, or one-off jobs, such as coordinating the Crazy Camel Christmas Card fundraiser. There will be a few opportunities in the up-coming class reps email – please keep an eye out, any help small or large is greatly appreciated.

Some dates for the diary or coming your way soon

Reports: Will be distributed, **via Connect** on July 2. Further information about Connect is available on page 5. An email with login details with instructions on how to access your children's reports in Connect will be coming out soon.







On-line Quiz Night: This Saturday night the P&C are hosting a FREE online family friendly quiz night commencing at 5pm. If you would like to join in email Paula fundraising.wlps@gmail.com with your team name and how many participants including children, by 6pm tonight June 19.

Book Week: Due to the COVID-19 disruptions, Book Week 2020 was changed by The Children's Book Council. It is now October 17 – 23. Our school open night will be held during this week on Wednesday 21. We hope to hold our traditional Book Fair on open night. This is a great fundraiser for our library and being later in the year is an opportunity to buy some Christmas presents - did I really just mention Christmas!

Year 6 Camp: We are currently negotiating with Forest Edge to run the Year 6 camp during Term 4. We will provide details to our Year 6 families as soon as we have confirmation.

School photos: School photos are also being rescheduled and will be taken during the first week of November. Further details to follow.

Warm regards,

Fiona Kelly

Dates for your Diary

25 June Lap-a-thon

26 June

65 Roses - Cystic Fibrosis Fundraiser Gold Coin Donation

Assembly - 2:15pm

3 July

Last day of Term 2

20 July

Term 3 commences

Please check the West Leederville **Primary School Website or Mobile** App for regular updates to the school planner.

STAR STUDENTS

The following students received Merit Certificates at the recent assembly.

Year 1

Christopher Oakshott Loxy Gibson Benjamin Gaca Isabella Spivey

Year 2

Evelyn Keyser Olivia Wright Andi McCallum Ishaan Gupta Clancy O'Donnell Ira Gohil Julia Magalheas Ward

Mandarin

Francesca Anderson Joshua Agapitos

Year 3

Owen Griffiths Archie Loftus-Hills Jasmine Greenock Amy Li

Sonia Mirembe

Ty Egan

Year 4

Josephine Constantine Bonnie Nash Kosuke Takabatake Eliza Dawson

Year 5

Cristiano Zimarino **Emerson Lynch** Farbod Langroodi Erin Smith Ottilie Nash Charlie Joyce



Lap-a-thon raising money for Flexible Furniture



"Flexible furniture helps me concentrate".

Last year, Room 9 and 10 students researched flexible furniture in the classroom. They approached the P&C to seek funding for a trial. With the success of the trial, students suggested a whole school Lap-a-thon to raise money for all classrooms to have this flexible furniture.

Flexible furniture allows students to wobble, rock, bounce, lean or stand, which increases oxygen flow to the brain, blood flow and core strength. In turn, this burns more calories and increases metabolism. It also keeps young minds more alert and focussed. Flexible seating has been studied over and



"It is comfortable and will calm you down if you're hurt or angry"



Beanbag Kids- Students working cooperatively and comfortably on flexible furniture.

over again. It shows that "Children who participate in shorts bouts of physical activity within the classroom have more on-task behaviour." While flexible seating is amazing, it can still be expensive.

At West Leederville Primary, we have already begun training for our Lap-a-thon that will be held in Week 9 of Term 2 for all year 3-6 students. Students will be asking the important people in their lives, who care about their education and physical health, to pledge a per lap donation. On the big day, students will complete as many laps as possible in 30 minutes for year 3 and 4, and 45 minutes for year 5 and 6. A lap for the year 3/4's will be 150 metres and 200 metres for the year 5/6's.

The students are very excited about this event and hope our local community will support them in providing their own solutions to the challenges of the modern classroom.



"Flexible furniture helps me to stretch and doesn't hurt my back"



Mrs Swinhoe has seen a "Noticeable improvement in focus and productivity", with the introduction of flexible furniture.

Introducing Scarecrows - Rosie & Angus

The past few weeks have been spent looking at the change of seasons with a focus on Fall/Autumn. Kindergarten Blue and Green students made two scarecrows. One is named Rosie and the other is Angus. We also explored the inside of pumpkins and made our own scarecrows and fall button trees. :)

Shannon Holmes and Gail Collet Kindergarten teachers













What is Connect?

Connect is a secure online environment developed by the Department of Education for staff, students and parents in public schools. It gives our teachers a tool to deliver content to the students via an online classroom. Our teachers have been using Connect for some time now with their classes and all classes were delivered some curriculum content during our recent trials in the Covid19 pandemic.

For you, Connect provides easy access to information relevant to your child's classes and learning such as assessments, teacher feedback and attendance data.

Our Semester 1 formal student reports will be delivered to you via Connect.

The Connect Now app can be downloaded from the Apple App Store or Google Play.

You will soon receive your login details via the email address we have on file for you. If you have recently changed your email address, please let us know by phoning us on **93811655** or emailing

<u>westleederville.ps@education.wa.edu.au</u> so we can update our details.

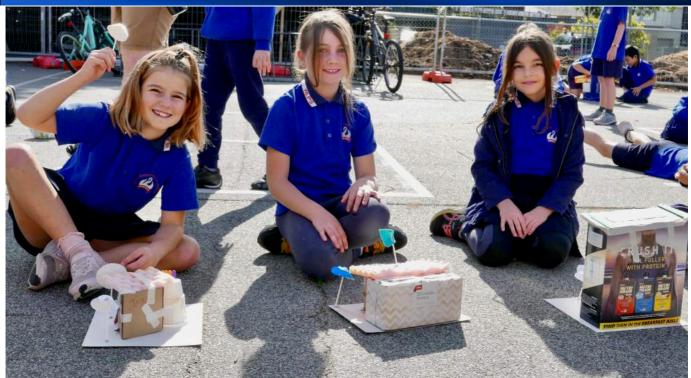


- Check out the short video clip on Connect at https://vimeo.com/connectwa/welcome
- Download the Connect flyers for you and your child from Connect.





Year 3 Red - Some Fun In The Sun!



Year 3 Red's Design Technology challenge this term was to make a shelter for the sun-sensitive 'animals' which were made out of UV beads. The shelters had to: be made out recyclable materials, fit stably on an A4 base, have an entry/exit point and, of course, protect the 'animal' from the sun. The students had great fun working on this project, especially on a warm, sunny day when they tested the success of their shelters.







Building Bee Hotels in Year 4





As part of Design and Technology unit of learning, Year 4 students from Room 9 and 10 designed and built bee hotels. Students learned about the impact habitat loss is having on our native bee population and the importance of bees in our ecosystem. Last week, students enjoyed new experiences including hammering, sawing, drilling and using lots of new tools when constructing their bee hotels. A big thank you to Mr Mac and Mr B for helping us with the construction phase!

Rachael Swinhoe and Mim Hawgood Year 4 Red and Blue teachers







Terrific Taco Trucks



Recently, the Year 6 students have been creating model taco trucks as part as part of their Design and Technology project. The project began with a few simple sessions on Australian corn farming. We went from there to constructing models of taco trucks. The final part of the process was to cook the tacos that we were prepared to sell. Here are some well constructed examples of tricks and their menus. Written by Clancy and Ollie









Kiss and Ride Guidelines

As things get back to normal with school drop off and pick up, this is just a reminder about using the Kiss and Ride area safely.



- Start queuing at the start of the Kiss and Ride, not in front of the gate.
 Even though you may be the only person there, it can quickly fill up leaving others with nowhere to stop.
- Always enter from the end; don't cut in from the side even if someone is pulling out. Move forward as other cars leave to continue the flow.
- Please do not get out of your car.
- Students should only enter via 'the safety door', that is the one closest to the kerb. Students should never enter or exit a vehicle via the door in the middle of the road.
- If the Kiss and Ride is full, proceed around the block and try again in a few minutes. Please
 do not stop on the other side of Woolwich Street and call children over as this is extremely
 dangerous.
- Please remind carers/nannies/grandparents/anyone else collecting your child.

Please also remember general safety procedures around the school:

- Always take extra care in 40km/h school zones, which operate on gazetted school days.
- Park safely, even if it means walking further to the school gate.
- Observe all parking signs. They are planned with children's safety in mind.
- Never double park as it puts children at risk.
- Avoid dangerous manoeuvres such as U-turns and three-point turns.
- Always give way to pedestrians, particularly when entering and leaving driveways.
- Avoid parking across the school driveway or the entrance to the school car park.

Thank you.

The Uniform shop will be open on the first Thursday morning of each the term from: 8.35am - 9.15am.

Parents can attend the Heritage Hall and purchase uniforms at this time.

The Uniform shop, unfortunately, will no longer be accepting cash as a form of payment on open days or at any other time, payment will please need to be via EFTPOS.

Online orders will continue to be processed every week on a Thursday throughout the term using Quickcliq.com.au. If there are any issues or concerns please contact the Uniform team via email: uniforms.wlps@gmail.com

OPEN DAY DATES:

Term 3: August 6, 2020

Term 4: November 5, 2020



Year 6 Student Councillors Fundraiser





Term 2 fundraiser: 65 Roses

Cystic Fibrosis Western Australia cares for and supports people with Cystic Fibrosis, a genetic disease that makes things like eating and breathing hard.

May is national cystic fibrosis awareness month and 65 Roses is the main fundraising event.

To help support this cause, on Friday 26th of June, come dressed in brightly coloured clothes and bring a gold coin donation. Student councillors will be coming to each classroom with a box of Roses chocolates and will be handing some out.

For further information talk to any of the Year 6 student councillors:

Sarah E Oliver S
Emma S Henry C
Keira W Titan T

65 Roses History

Mary Weiss became a volunteer for the Cystic Fibrosis US Foundation in 1965 after learning that her three little boys had cystic fibrosis (CF). Her role was to call social clubs service organisations to seek financial support for CF research.

Mary's young son Richard listened closely to his mother as she made each call. After several calls he came into the room and told his Mum "I know what you are working for." Mary was shocked as the four-year-old Richard did not yet know that he had CF.

With some apprehension, Mary asked Richard. "What am I working for Richard?" "You are working for 65 roses," he answered. Mary was speechless.

"Yes Richard I'm working for 65 Roses."

This true story is the reason why the Australian Cystic Fibrosis Organisations use the rose in their logo, and the 65 Roses theme during the May, the month of cystic fibrosis awareness.



INSIGHTS

What content are children watching?



There's a rising trend of children watching adult content. Sex scenes, violence and inappropriate language, once shown on television during an adults-only time, are becoming staple viewing for many of today's children.

In a recent poll of 1,800 US parents, 40% admitted allowing their children to watch movies that are unsuitable for their age group. A recent discussion by this writer with parents suggests that the trends are similar in Australia. Very few of the parents I spoke with referred to the classification guidelines when choosing content for their children.

The increase in 'adult-only' animation is one factor that blurs the line of suitability for children. Adult-only genres such as Marvel movies and X Men franchise and television programs such as Game of Thrones and The Walking Dead thanks to streaming now count children among their devotees. Computer games, so popular with many children and young people, also cross the line of acceptability in terms of behaviour and attitudes on display.

Can we become desensitised over time?

Viewing standards, like standards of acceptable behaviour, have subtly shifted over time. Sex scenes, physical violence or violent language is now a common part of adult content, which has a desensitising effect on parents. Desensitisation leads to acceptance and a higher level of exposure to children.

Does fitting in play a part?

Advertisers know that children's pester power can play a significant role in the type of foods that go into the shopping trolley, which influences how food is packaged and promoted. Pester power plays a similar role in the choice of movies and television programs that we allow children to watch. "All the other kids have seen this movie?" is the type of comment from a child that hits a nerve for many parents, who rightfully want their child to fit in with their peers.

What are the risks?

There are many concerns about children being exposed to adult content in movies, television programs and the computer games. Here's a summary:

Developmental risks

Exposure to content that requires complex adult interpretation can be deeply confusing and disturbing to children. They often have difficulty discerning reality from what they are viewing on television so that they can developed a warped world view. The impact may not be immediate, but will show itself increasingly over time when children's attitudes towards sex, their peers or authority reflect the on-screen content they've been viewing.



Impact on attitudes and behaviour

Children are like sponges soaking up what they see and hear. Viewing parent-sanctioned programs that display disrespectful behaviour toward women, abuse of alcohol and drugs, and shows violence as normal have a powerful impact on the attitudes and behaviour of children. Viewed often enough, young minds can interpret these types of inappropriate behaviours as normal.

Impact on wellbeing

According to the Australian Council on Children and Media (ACCM) there is significant evidence that exposure by children to adult movies and programs leads to the development of exaggerated fears; causes loss of sleep and increases childhood anxiety. ACCM claims that "these fears are not insignificant and can be long lasting."

What can you do?

There are a number of actions you can take to ensure the content that children consume is appropriate for their age level, including:

Follow classification guidelines

Become familiar with the <u>Government classification guidelines</u> for movies, television programs and games. Understand what they mean and develop the habit of checking the classification rating of each new piece of content that children will be watching or interacting with.

Find out

It's easier than ever to find out for yourself the suitability of content for a child or young person. Research methods include vetting a television program yourself for suitability; searching online for views and opinions before allowing your child to watch a movie; reading reviews of online games to ascertain suitability.

Talk with other parents

It's easy to feel isolated as a parent, which makes you more susceptible to children's pester power. Just as children have a propensity to gang up on parents ("Everyone in my class is watching that movie"), parents can gain the strength that comes with numbers when they talk with each other ("I've just checked with some mums and no one is allowing their child to watch that movie").

Many current community concerns about children such as the increase in anxiety levels, disrespectful relationships and a propensity towards aggression is mirrored in the content many children consume in movies, television and games. It would be folly to suggest that inappropriate content consumption is the root cause of these maladies, however winding back the viewing habits of children to reflect more closely their developmental levels would have a surprisingly positive impact.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.