

WEST LEEDERVILLE PRIMARY

# From the Principal

Dear Parents,

As we are all aware, COVID-19 is certainly the number one topic of conversation in society at the moment. The matter is reported heavily in all forms of the media and there seems to be a saturation of headline grabbing news articles. As with everything, it's important to run some fact checks and to be aware but not alarmed.

While the situation regarding the COVID-19 continues to evolve, the Department of Education has established plans and a team to support Principals and schools. It is important that as a school community we apply common sense, factual information and a practical approach to COVID - 19.

If a WA school has to close due to a confirmed case, it will be on advice from the WA Health Department's Chief Health Officer. The Chief Health Officer will, if there has been a positive COVID-19 test result in our school, close our school temporarily while assessment and tracing of exposure is conducted. A thorough school clean will then be carried out to make the school safe for the return of students and staff.

Upon the school being notified, all families will be immediately contacted and provided with the relevant information. This contact may be during the school day, or before or after school. It is therefore important that we have up-to-date contact details for your children. Please notify the front office if these have changed. Parents will also be advised of the extent to which class work can be completed at home during this temporary closure and provided with the details of how this will work.

At West Leederville Primary School we are doing the following:

- Following all directives from the Department of Education and Health.
- Regularly reminding students how to effectively hand wash.
- · Replenishing all toilets with soap every day.
- Providing regular updates from the Department of Education.
- · Planning in case of a temporary closure.

## What parents can do:

- Speak about the virus with your child explaining facts without causing anxiety.
- · Enforce the handwashing message.
- Read information that is sent out via the school.
- Seek information from reliable sources. Some useful websites are: <a href="https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public">https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public</a>

http://theconversation.com/8-tips-on-what-to-tell-your-kids-about-coronavirus-133346

WA Department of Health

Warm regards Fiona Kelly









# Helping children cope with stress during the 2019-nCoV outbreak



Children may respond to stress in different ways such as being more clingy, anxious, withdrawing, angry or agitated, bedwetting etc.

Respond to your child's reactions in a supportive way, listen to their concerns and give them extra love and attention.

Children need adults' love and attention during difficult times. Give them extra time and attention.

Remember to listen to your children, speak kindly and reasure them.

If possible, make opportunities for the child to play and relax.





Try and keep children close to their parents and family and avoid separating children and their caregivers to the extent possible. If separation occurs (e.g. hospitalization) ensure regular contact (e.g. via phone) and re-assurance.

Keep to regular routines and schedules as much as possible, or help create new ones in a new environment, including school/learning as well as time for safely playing and relaxing.





Provide facts about what has happened, explain what is going on now and give them clear information about how to reduce their risk of being infected by the disease in words that they can understand depending on their age.

This also includes providing information about what could happen in a re-assuring way (e.g. a family member and/or the child may start not feeling well and may have to go to the hospital for some time so doctors can help them feel better).

# Dates for your Diary

#### 18 March

Faction Swimming Carnival, Claremont Aquatic Centre, 9.30am

## 23 March

Herdsman Lake excursion, Year 2

### 23 March

Harmony Day celebration - students wear cultural dress or orange

### 25 March

Sticky Prick Bee Haven incursion, Year 4 students (half)

#### 26 March

Interschool Swimming Carnival, Claremont Aquatic Centre, 9.30am

## 25 March

Assembly - Year 6 Red, 2.15pm Undercover area

## 27 March

Sticky Prick Bee Haven incursion, Year 4 students (half)

Old MacDonald's Travelling Farm incursion, Kindergarten Green



## Saving our Bush

## Margaret Owen's 20 Year Journey to save the Bush

Our class was very lucky to have Margaret Owen who has been awarded an OAM visit us to talk about her 20 year journey to save the bush and the creatures that live there.

She and her mother were both students at West Leederville Primary School.

She is passionate about helping save the endangered Carnaby's Black Cockatoo.

Did you know that it can take 100 years for hollows to form in trees? Many birds nest in hollows so we should not cut down these trees. I found out that most parrots are left footed. How interesting is that? The main threats to birds are feral bees, foxes and feral cats.

Margie showed us some feathers from the male and female Red Tailed Cockatoos.

Year 3 White Class

We were very lucky to have Margaret in our class talking about how she cares for the local bush. What an amazing, enthusiastic lady, she is a credit to our local community. In addition to being a former student, Mrs Owen is also the grandmother of one of our current students, Matthew Owen in Year 6.



# **Student Digital Library**

For several years WLPS has had a subscription to Wheelers, one of the largest suppliers of eBooks in Australia. Each student from Year 3 to Year 6 has access to this library and this week they received their new login and password. Once the ePlatform app is downloaded onto a device the students will have over 1200 titles available to them to read. ePlatform is simple to use and the instructions for downloading it are below. It includes the ability to customise settings, make annotations, look-up words and save bookmarks. eBooks can be easily borrowed and are returned automatically. We encourage students to utilise this valuable resource to complement their reading choices.



Download the ePlatform app from your app store.



Find our library and log in using your library ID.



Browse and borrow an eBook to read on your device.

## P&C AGM

The P&C has recently held their annual AGM. At this meeting all positions become vacant and were open for new volunteers who wish to join.

Thank you to all members of the 2019 P&C for a great year. Your commitment, ideas, support and energy helped to run some wonderful events and raise some funds to provide better resources for the children and teachers in our school.

Welcome, all new members and returning members to our P&C team. We look forward to a new year ahead of great discussions, new ideas and fun events.

The office bearers this year are:

President: Andrew Faragher Vice president: Julie Metcalf Treasurer: Vivi Constaintine Secretary: Christy Kailis Canteen treasurer: Tanya Watkins Canteen coordinator: Tanya Watkins Uniform Coordinator: Shannon Tassell Class rep coordinator: Derry Simpson

Grounds coordinator: Vacant

Jai Greenock

Fundraising coordinator: Paula Guntrip
Communications Officer: Jo Walker

School Board representative: Derry Simpson

Thank you to all who have taken up a position on the P&C.

## STAR STUDENTS

The following students received Merit Certificates at the recent assembly.

#### Year 1 Year 3 Year 5 Ellie Bandarage Zechariah Navea Alexander Thoo Stella Saunt Clara Overmeire Ruby Eaton Eve Corcoran Tim Baker Taj Williams Beau Hooper Phoebe Yan Adelyn Boda Elijah Devitt Clarissa Tejaya Risa Nakajima Louis Joyce Year 6 Hugo Webb Lachlan Allen Amelie Chittock Year 2 **Thomas Curley** Levi Agapitos Kaan Aykut Ian Woolley Year 4 Carla Reyes Harry Ladyman Sam Mitchell Alexandra Woods Reina Kim Nikitha Balram Eamon Tan Jett Lemerle Charlotte Andrews LOTE Isabella O'Brien

# **Snapshots from Phys Ed**



Although we are only 6 weeks into the new school year, the students have already experienced a variety of sports.

The students from Years 4 to 6 commenced the year with their Interm swimming lessons.

Year 11 & 12 WACE students from the West Coast Eagles Development Program provided fun ball skills sessions over a two week period.

Cricket was the sport of the day during recent Phys Ed classes and lacrosse was enthusiastically embraced when a representative from the Lacrosse League came into the school to deliver a workshop on the various skills involved in the game.





## **Recycling Incursion**



## Cara-The Eco Fairy

Did you know that any lid that is smaller than your palm cannot be recycled? So milk bottle lids must not be put into any recycling bin.

The Year 3s were very lucky to receive a flying visit from Cara- the Eco Fairy, who came all the way from the Mindarie Regional Council to talk about the importance of recycling. The students also learnt that any soft plastics cannot be recycled, batteries should not go into the rubbish bins and organic materials make wonderful compost.

For our planet to become more sustainable we must refuse, reduce, reuse and recycle.

For more information, just ask one of our knowledgeable Year 3s.

FUNDRAISING WITH Wenterlainment.

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# My favourite way to save... Is to support a cause I care about!

20% of every Membership sales goes directly to our fundraising, so you save on everything you love to do while supporting us.

Buy now to grab March Entertainment Offers

- ★ BONUS \$10 JB Hi-Fi eGift Card with every purchase\*
- ★ PLUS Up to 3 months extra Membership\*

\*Offer ends 31st March 2020, T&C's Apply



## Support us today in 3 simple steps:

Order your Membership from our Fundraiser today.

2. Activate your Memberships & download the Entertainment App

3. Log in to the App and start saving right away!

\*Terms and Conditions apply. See https://www.entertainment.com.au/promotions for more information

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# SUNDAY 5Th APRIL



- **★** 3-4 pm .... Kindy PP
- ★ 4-5 pm .... 1 3 yr
  - ★ 5-6 pm .... 4 6 yr

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# parenting \*ideas

INSIGHTS

# Going beyond the fishbowl



It's a quirk of nature that the extent of our growth is determined by our immediate environment. For instance, a fearsome shark will only grow five centimetres long if it spends all its life in a fish bowl. Put that shark in the sea and will grow to five metres or more. A shark's genes may provide the blueprint, but its growth will be restricted by the size of its immediate environment.

The same principle applies to children. Restrict them to a safe, insular environment and their capacity for reaching their full potential will be limited. Getting kids to go beyond the fishbowl and be part of the wider world is how we prepare them for the career-fluid future that awaits them.

Recently, I wrote a foreword for a soon to be released parenting book written by South African authors Nikki Bush and Graeme Codrington titled "Future proof your child for the 2020s and beyond". The authors described the future that our children are entering as full of exponential and disruptive change led by technology and shifting social mores. They reasoned that in the world of work and enterprise that awaits today's generation of children and young people, creativity, problem-solving, design, big picture thinking and risk-taking will be richly rewarded. According to Bush and Codrington, the future will belong to the kids who are going beyond the fishbowl, willing to expand their physical and mental horizons.

American parenting icon Lenore Skenazy, founder of the free-range parenting movement is a long-time advocate for parents giving kids the freedom they need to explore their neighbourhoods and take safe risks.

Dubbed "America's Worst Mom" for allowing her nine-year old son to ride the New York subway on his own in 2008, Skenazy has been an outspoken advocate for allowing kids more freedom and unsupervised time. She maintains that kids are "safer and smarter than our culture believes." Like Bush and Codrington, Skenazy encourages parents to allow kids to jump out the fishbowl of school, family and their immediate neighbourhood and encourage them to explore their capabilities in the wider world. She acknowledges that allowing kids the same type of freedoms that previous generations enjoyed takes significant parental courage.

If kids are to be truly resilient and make the most of the exciting but uncertain future that awaits them, it's more important than ever to loosen the reins so that both generations – children and parents- experience more freedom.



## **Michael Grose**

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.