## **Community News**



FUNDRAISING WITH

66

# My favourite way to save... Is to support a cause I care about!

20% of every Membership sales goes directly to our fundraising, so you save on everything you love to do while supporting us.

Buy now to grab March Entertainment Offers

- ★ BONUS \$10 JB Hi-Fi eGift Card with every purchase\*
- ★ PLUS Up to 3 months extra Membership\*

\*Offer ends 31st March 2020. T&C's Apply



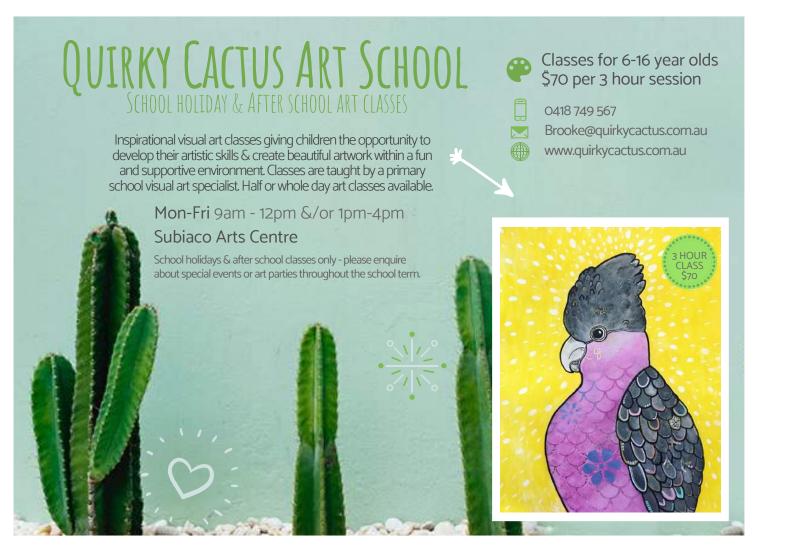
#### Support us today in 3 simple steps:

- Order your Membership from our Fundraiser today.
- $2. \ \, {\rm Activate\ your\ Memberships\ \&} \\ {\rm download\ the\ Entertainment\ App}$
- 3. Log in to the App and start saving right away!

\*Terms and Conditions apply. See https://www.entertainment.com.au/promotions for more information

**BUY NOW** 

https://www.entertainmentbook.com.au/orderbooks/88681g





Life Skills
Creative Time
New Experiences
Construction & Manipulative Play
Outdoor Play Time
Homework & Quiet Time

To book, visit: www.campaustralia.com.au or call 1300 105 343

# TOONWORLD is coming to Camp Australia!



After talking with the children on what they would like to see at Camp Australia, we have decided to invite TOONWORLD to our service to run 2 cartoon & animation workshops!!

#### On Tuesday 31st March between 3:30pm and 5:00pm

'Go DRAWING MAD as Toonworld invites you to come on a journey filled with creativity and challenges where you will meet fun characters and we will design our own wonderful heroes while defending the lands against the evil Rubbix and his rampaging stickmen army!'

Then...

### On Thursday 2<sup>nd</sup> April between 3:30pm and 5:00pm

'Go nutrition mad as Toonworld invites you to come on an epic journey filled with creativity and healthy challenges where you will meet Bruno Banana and his super friends the Foodtoons. LOOKOUT.....The Sugar Queen is the sworn enemy of the Foodtoons her goal is for the rivers of Foodtown to flow with sugar lava and turn their nice healthy town into Junkfood Town!!'

To find out more about our program, view our fees and to register, visit <a href="www.campaustralia.com.au">www.campaustralia.com.au</a> and search for our school. It's free to register!

#### BOOK IN FOR THESE EXCITING SESSIONS NOW!

We look forward to seeing you and your family soon!

Psttt...there will be more exciting incursions happening in Term 1!

Keep your eyes peeled!

From the Team at Camp Australia Sindhu, Macey and Ashrafi



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# **GYMBUS** is coming to Camp Australia!



After talking with the children on what they would like to see at Camp Australia, we have decided to invite the GYMBUS to our service!

Come and join us on

### Wednesday 18th March

The bus will be with us between

3:30pm and 5:00pm

### BOOK IN FOR THIS EXCITING SESSION **NOW!**

And let's get ACTIVE!

To find out more about our program, view our fees and to register, visit <a href="www.campaustralia.com.au">www.campaustralia.com.au</a> and search for our school. It's free to register!

#### BOOK IN FOR THIS EXCITING SESSION NOW!

We look forward to seeing you and your family soon!

Psttt...have you seen that Toonworld are coming too! This is an exciting cartoon workshop!! Pop in and chat to our team to find out more!

From the Team at Camp Australia Sindhu, Macey and Ashrafi



Save the Children is looking for donations of quality 2<sup>nd</sup> hand children's toys for younger children to sell in our Op Shops.

No Soft Toys please.

We are looking in particular for:

- Puzzles
- . Games
- Barbies
- Action figures
- Fisher Price type play activity centres
   and suchlike

Funds raised assist vulnerable children in Western Australia, Australia and overseas.

Email Sonia at sonia.holmes@savethechildren.org.au with any queries.

We can pick up if it is a large donation.

# Rock and Water

### For Parent and Child

Physical exercises are constantly linked with mental and social skills. The Rock and Water Program leads from simple self-defence, boundary and communication exercises to a strong notion of self-confidence. The program offers a framework of exercises and ideas to assist boys and girls aged between 8 and 14 years to become aware of the purpose and motivation in their life.

The following topics are discussed:

- Bullying
- Life goals
- Developing a positive self-image
- Communication skills
- Personal boundaries

The course teaches the following:

- Practical anti-bullying strategies
- Self-confidence, self-awareness and self-control
- An introduction to basic self-defence skills
- Communication skills and interpretation of body language cues
- Alternatives to aggressive verbal and physical responses to fear and doubt
- Thinking and being in control through grounding, centeredness and mental focus
- Boundary awareness

Facilitated by Craig Van Waardenburg (credited Rock and Water trainer) this family activity based program builds on the complementary strengths of 'the rock' and 'the water'. One is firm and assertive, while the other is flexible and willing to cooperate.

Note: Due to the nature of the activities, there is only room for one child per adult attending.

Where: WEST LEEDERVILLE - Level 1, 22 Southport Street

When: Saturday 4 April

Saturday 13 June

Time: 8.30am - 12.30pm

Cost: \$70 per pair / \$60 per pair concession

Bookings are required. Please phone 6164 0200 to enrol.

For more information about our courses and workshops, please click <a href="here">here</a> or visit <a href="here">www.relationshipswa.org.au</a>



