

# Community News

FUNDRAISING WITH  




ROYAL AGRICULTURAL SOCIETY OF WA  
  
**PERTH ROYAL SHOW**  
 28 SEPTEMBER – 5 OCTOBER 2019 

**25% off**

Family tickets only **\$55.50\***  
(gate price \$74)

A portion of each ticket sale goes directly to our fundraising.

<p>Family tickets only <b>\$55.50*</b> (gate price \$74)</p>	<p>Adult tickets only <b>\$24.00*</b> (gate price \$32)</p>
<p>Child tickets only <b>\$12.00*</b> (gate price \$16)</p>	<p>Concession tickets only <b>\$13.50*</b> (gate price \$18)</p>

**What are you waiting for?  
Support us and get your ticket today!**

Use our **PROMO CODE** to save:

Go to: [www.perthroyalshow.com.au/fundraiser](http://www.perthroyalshow.com.au/fundraiser)

\*Fees & Charges: A HANDLING FEE from AU\$2.20 per transaction applies.  
In addition a delivery fee may apply depending on the mode of delivery selected.



## No Scaredy Cats Parent Course

Promoting Anti-fagile thinking skills in 4 -12 year old children

**Wed 30th Oct, 6th & 13th Nov**

**OR**

**Tue 12th, 19th & 26th Nov,**

**7- 9pm**

Behaviour Tonics, 352D Cambridge St, Wembley (entrance off Simper).

\$180pp or \$340 for 2.

### PARENTS WILL LEARN

- An overview of how a well-honed theory of parenting (what you need to repeatedly do) can assist parents to manage children's worries.
- Coverage of how some misguided policies are making parents and children more anxious.
- The brain, including how the pre-frontal middle cortex and the amygdala operate, and where fear and anxiety originates.
- Commonly misused phrases and cognitive distortions used by children and their peers.
- A helicopter view of what risks we can allow and which require us to keep children safe.
- 'Traps and trip wires': what to do when a child's amygdala starts to play-up.
- Memorable strengthening sayings, questioning strategies and mindfulness exercises.



**behaviour**<sup>®</sup>  
**tonics**

For more information about this workshop call (08) 9285 8100 or  
(Register Online) at [www.behaviourtonics.com.au](http://www.behaviourtonics.com.au)

# 🌻 Spring 🌻 School Holiday Workshops with LEGO® Bricks



**FUN for the Kids 🤪 More TIME for You**

★ Currambine ★ Karrinyup ★ Claremont ★ West Leederville ★ Mount Lawley  
★ Bayswater ★ Aveley ★ South Perth ★ East Victoria Park ★ Southern River

**[www.Bricks4Kidz.com.au/Perth-Karrinyup](http://www.Bricks4Kidz.com.au/Perth-Karrinyup)**

☎ 0415 829 511    ✉ [rachel.koo@bricks4kidz.com](mailto:rachel.koo@bricks4kidz.com)





Life Skills  
Creative Time  
New Experiences  
Construction & Manipulative Play  
Outdoor Play Time  
Homework & Quiet Time

To book, visit:  
[www.campaustralia.com.au](http://www.campaustralia.com.au)  
or call 1300 105 343

## Camp Australia OPEN AFTERNOON

Firstly, we would like to thank everyone who joined us for our cooking demonstration on the 28<sup>th</sup> August!

Now we would love you to come and see more of the wonderful things we do at Camp Australia!

You will be able to chat with our educators; see what fun things we do and even join in with some fun activities too!!

When: Wednesday 25<sup>th</sup> September

Where: Room 6 and the hall

Time: 3:00pm – 5:00pm

What: Fun activities & a cooking demonstration

Please feel free to come along and join us!



Whilst you are there, why not pop in and meet the team.

To find out more about our program, view our fees and to register, visit [www.campaustralia.com.au](http://www.campaustralia.com.au) and search for our school. It's free to register!

We look forward to seeing you and your family soon!

From the Team at Camp Australia

Sindhu, Bhagya and Jen 😊

Safety • Meaningful • Innovative • Leadership • Education

*we make kids smile*



## School Holiday Program

KIDDO is a physical literacy program designed for children 3-8 years old, by world leading experts to improve your child's physical skills and movement abilities in a fun, confidence building environment.

**DATES :** 1st - 4th October 2019

**TIME :** 9:00 - 12:00pm Monday-Friday (early drop off at 8:30 available)

**LOCATION :** UWA Sport Science Hall, 31 Parkway, Crawley

**COST :**

**Day rate** \$36.00 | **Full week (Tues-Fri)** \$144.00

**PLUS Free T-Shirt & Hat** if sign up in advance for full week.

**PLUS Sibling Discount :** 10%

**PLUS** child to coach ratio guarantee of **7:1 maximum**

**REGISTER :** [www.trybooking.com/BFFSK](http://www.trybooking.com/BFFSK)

**MORE DETAILS :** [admin@kiddo.edu.au](mailto:admin@kiddo.edu.au)



"Thanks so much for running the program. Henry came home happy and exhausted. We will definitely do it again next holidays"

**KIDDO Parent**



for more information about the KIDDO program see

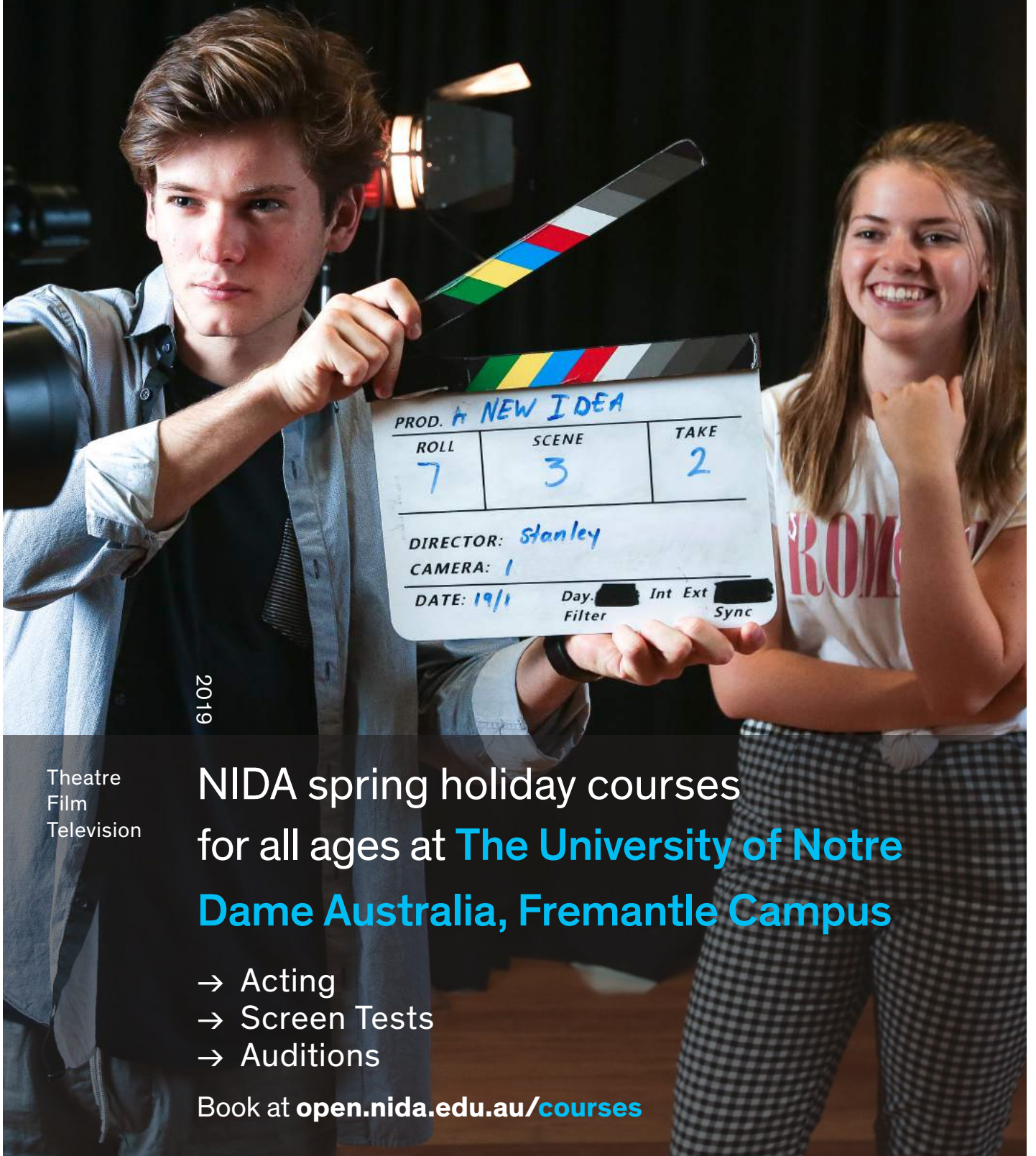
[www.KIDDO.edu.au](http://www.KIDDO.edu.au)

National Institute  
of Dramatic Art

**NIDA60**  
1959–2019

OPEN

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2019

Theatre  
Film  
Television

NIDA spring holiday courses  
for all ages at **The University of Notre  
Dame Australia, Fremantle Campus**

- Acting
- Screen Tests
- Auditions

Book at [open.nida.edu.au/courses](https://open.nida.edu.au/courses)



## THE ULTIMATE HOLIDAY CLINIC



Participants will learn the fundamental skills of Ultimate, a fast paced and inclusive sport. As a self-refereed sport players will also discover the social tools necessary to speak up and negotiate with other players- building confidence, assertiveness and lasting friendships.

# COME AND TRY ULTIMATE FRISBEE

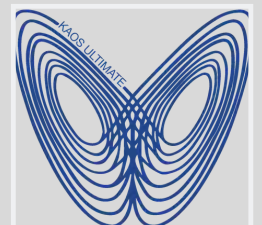
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**\$30 per participant - Register at [kaosultimate.com/holiday-clinic/](https://kaosultimate.com/holiday-clinic/) or use the link attached.**

**Wednesday October 2nd, from 9-12 noon  
Grantham Park, cnr Selby and Grantham**

Session is suitable for 10 years +, BYO snack, water & hat  
Run by experienced coaches for the Kaos Ultimate Club.

Discs will be available for purchase on the day.





### **October School Holiday Programs**

Players Choice are offering cricket coaching over the coming October School holidays at Revolutions Sports in Shenton Park. The players will receive professional coaching from Players Choice Head Coach Jim Allenby (WACA Premier Grade Coach of the Year 2018/2019) and special guests from the Perth Scorchers and Western Warriors.

These clinics do fill up extremely fast so please be quick to secure your booking:

#### **Program Dates/Time are: Week 1**

Tues 1st, Wed 2nd and Thurs 3rd of October @ Revolutions Sport – 9.00am-12.00pm

#### **Program Dates/Time are: Week 2**

Tues 8th, Wed 9th and Thurs 10th of October @ Revolutions Sport – 9.00am-12.00pm

All sessions are recommended for all ages, and players will be put into the appropriate age/skill groups.

#### **COST - \$200.00 per 3 Day Clinic**

Early drop off is available with prior notice.

\*Full payment must be made to confirm your place

Please email [clinics@playerschoice.com.au](mailto:clinics@playerschoice.com.au) for more information.

Includes net hire and all associated costs.

[Click here to book](#) your place, spots fill up fast so be quick 😊

