



WEST LEEDERVILLE  
PRIMARY

## National Walk Safely to School Day



*Enjoying a fruit reward for walking to school.*

On Friday May 17th, a most glorious, crisp autumn day, over 380 students from West Leederville Primary School walked to school as part of the 20th annual National Walk Safely to School Day. This is a community event seeking to promote fitness, road safety, public transport and the environment. The Year 3 students and parents from Ms Hawson's class helped organise and promote the event. The school provided breakfast for any student who walked, rode or skated to school on Friday. Students brought their own "Keepsake" cup to reduce disposable cups going into landfill.

Our local supermarket; IGA Wembley assisted the school to cater for the students who walked to school. A sausage sizzle, fruit and milo were enjoyed by all participants. Please support IGA Wembley when you next shop. They have supported our school on this day for a number of years.



# From the Principal



Dear WLPS Community,

## NAPLAN at WLPS

NAPLAN is complete for another year. You will have seen in the media that many schools had difficulty administering the tests and are now re-doing different components. I'm pleased to inform you that it all ran very smoothly here at WLPS. Much of this can be attributed to the efforts of Associate Principal Michael McInerheney. Following our participation on the NAPLAN online trials in 2018, Michael dedicated much time and effort into ensuring our school's infrastructure was optimal for this year's assessment. Our students were engaged and appeared to be relatively stress free. I will keep you informed regarding the national response to the validity of this year's assessment at a comparative school level; however, on an individual student basis the data we receive will be very valuable for our teachers to analyse and plan for student learning, the most important use of this program.

## HELP! We need plastic bottle tops AND LOTS OF THEM!

To assist with an art activity we have planned to celebrate NAIDOC week early in Term 3, we are collecting plastic bottle tops. If you could please collect and deliver to school plastic lids (eg, milk and juice bottles) in a range of colours we would really appreciate your help. Please ensure the lids are washed. Collection containers can be found in the administration building, hall and on the Pre-primary verandah.



## Absentee notifications

I would like to remind all parents/caregivers to please notify the school by 9am if your child is going to be absent from school. Notification can be made by phone (9381 1655), email ([westleedervilleps@education.wa.edu.au](mailto:westleedervilleps@education.wa.edu.au)), [Skoolbag app](#) (down load from our website), or through the absentee link on our school website (<https://wlps.wa.edu.au>).

In line with our updated [Attendance Procedures](#) caregivers will be phoned by the school if notification has not been received by 10am.

## LIVE calendar

I hope you have had the opportunity to access our new [live calendar](#). This calendar is updated as events are planned so that you will know as soon as we do. It is intended that this calendar links to and updates directly with the Events tab on the Skoolbag app; however, currently this is not happening automatically (thank you for the feedback). We are currently working with the Skoolbag service provider to correct this glitch. At this stage we have manually updated the app Events to match the calendar for Term 3 and should have the auto-updates fixed within the next week. Stay tuned!

## Morning tea with the Leadership team

It's been wonderful having the opportunity for a relaxed conversation with those parents who have engaged with this initiative. Morning tea with the Leadership team is an opportunity for you to get to know us a little better, to share your aspirations for your children and the school, and to discuss any concerns that you may have. Our next morning tea is scheduled for Tuesday, 25th June, 2019. If you would like to attend please rsvp by using the following link: <https://www.trybooking.com/BCZHE>. If there is a particular topic or question you would like to discuss on the day, please feel free to email me in advance at [fiona.kelly@education.wa.edu.au](mailto:fiona.kelly@education.wa.edu.au) so that we can provide you with a comprehensive response.



Warm regards,

Fiona Kelly  
Principal



# Simultaneous Storytime

National Simultaneous Storytime (NSS) is held annually by the Australian Library and Information Association (ALIA). Every year a picture book, written and illustrated by an Australian author and illustrator, is read simultaneously in libraries, schools, pre-schools and other places around the country. It is a colourful, vibrant, fun event that aims to promote the value of reading and literacy, using an Australian children's book that explores age-appropriate themes, and addresses key learning areas of the National Curriculum for Foundation to Year 6. The book chosen to be read this year was *Alpacas with Maracas* written and illustrated by Matt Cosgrove. The students were split into two groups for the story time with Ms Kelly reading to the senior years in the library, whilst Mr McInerheney read to the the students from the middle and younger years in the undercover area. Accompanying Ms Kelly, Mr Green and Mr Savatovic displayed some skill with maracas at pertinent times during the story.

The kindergarten students did not miss out on the experience and joined in at our off-site centre.





## Wacky Wednesdays in Pre-primary Red

A new initiative in Miss Ballantine's class is Wacky Wednesday and the students are just loving it. On Wacky Wednesdays the classroom moves outside with activities set up around the garden area of the Early Learning building. The students can choose whichever table or activity they would like participate in and their imaginations and creativity are allowed free rein. Miss Ballantine seems to have an uncanny knack with the weather, as the sun just seems to shine on Wednesdays and the Pre-primary Red students are having a wonderful time.





## Dates for your Diary

### 29 May

Incursion - Safe4Kids Protective Behaviours Year 1 & 2 students

### 29 May

Parenting Ideas Webinar - Teach girls to build each other up, 6pm

### 30 May

Staff Development Day - Students do not attend school

### 31 May

Staff Development Day - Students do not attend school

### 3 June

West Australian Day PH

### 4 June to 7 June

Year 6 camp, Forest Edge

### 7 June

Excursion - Arbor Day tree planting, Year 3 White, Lake Monger Reserve

### 7 June

Excursion - WA Shipwrecks Museum, Year 1 Red, Black & White, and Year 1/2

### 12 June

Proposed Cross Country, Years 3 to 6, Lake Monger Reserve

### 13 June

Assembly, Year 3 Red & 3 White, Undercover Area, 2.10pm

### 14 June

Interschool sport - Wembley Primary School, 1.30pm to 3pm, selected students from Years 5 & 6.

### 21 June

Interschool sport - Lightning Carnival, Churchlands and Nedlands PS, 12pm to 3pm.

**Please check the West Leederville Primary School Website or Mobile App for regular updates to the school planner.**

## Inner City College (Planning name)

### Enrolments

Inner City College (Planning name) is currently accepting Applications for Enrolment for children commencing Year 7 in 2020. Applications can now be accepted here at West Leederville Primary School. Please bring your completed application forms and supporting documentation to the office including copies of:

- Birth certificate or visa/passport documentation, if born overseas
- Rates notice or lease agreement plus three utility accounts showing your name and residential address
- Australian immunisation history statement
- Last school report
- NAPLAN report.

Alternatively you are welcome to submit your documentation to the temporary office of Inner City College located at Multi-Faith Centre, Princess Margaret Hospital Site, Cnr Hay and Thomas Streets, Subiaco.

## Sienna running for WA



We extend our congratulations to Year 6 student Sienna, who will travel to Wollongong in August to represent Western Australia in the All Schools Sport Australia National Cross Country competition. To qualify for this event, Sienna had to place in the top six finishers of the School Sport of WA cross country held recently. We wish Sienna every success in her national competition.



## A visit to the Art Gallery of WA



Students from Years 3 White and Blue viewing the aboriginal art at the Art Gallery of WA.

On Thursday 16th of May Year 3 Blue and White visited the Art gallery of WA and viewed an exhibition called *Desert River Sea: Portraits of the Kimberley*.

Desert River Sea: Portraits of the Kimberley is an exciting, experimental, and current look at Aboriginal art from the Kimberley, Western Australia. The show brings together over 150 new and old works that reveal the many faces and features of contemporary Aboriginal art from the region.

The Year 3's had to complete a task to find their favourite piece of art and then describe and draw it. The students had an awesome time and really enjoyed the excursion.

## Mother's Day in Kindergarten



Mother's Day at kindergarten level is always an exciting time and this year was no exception. The students in the Kindergarten Blue and Green groups had a wonderful time making their mothers and mother figures feel special.



# STAR STUDENTS

The following students received Merit Certificates at the recent assembly.

## Year 1

Elis Samanta  
Mila Nagashima  
Giovanni D'Orsogna  
Ruien He  
Ishaan Gupta

## Year 2

Sonia Mirembe  
Kay Li Chong  
Jon Humes  
Abigail Barker  
Indee Marr  
Rameka Para  
Leah Choi  
Luca DeVries  
Archie Loftus Hills

## Year 3

Stanley Guntrip  
Katherine Lilly  
Bonnie Nash  
Elena Porter  
Oliver Klobas  
Reina Kim

## Year 4

Jackson Kailis Holland  
Levi Stubbs  
George Manser-Smith  
Ala Eddin Alhussain  
Lila Aylmore

## Year 5

Ryley Adams  
Matthew Owen

Manuela D'Addona  
Titan Tran

## Year 6

Marley Fradd  
Madison Ward  
Sienna Hathrill  
James McDonnell  
Etienne Pontre-Gibson

**Congratulations to our Star Students.**



## Parenting Library

We have been building our collection of Parenting Books which are located in the Admin building and are available for loan. Below is a list of titles accumulated to date.

- Raising girls in the twenty-first century.
- Mothering our boys : a guide for mums of sons.
- Girl stuff for girls aged 8-12 : your real guide to the pre-teen years.
- The whole-brain child : 12 revolutionary strategies to nurture your child's developing mind
- 13 Things Mentally Strong Parents Don't Do
- The secret of happy children
- Understanding ADHD : attention deficit hyperactivity disorder
- Raising boys : why boys are different, and how to help them become happy and well-balanced men
- Adolescence : a guide for parents
- 10 conversations you must have with your son
- Boys Should Be Boys : 7 Secrets to Raising Healthy Sons
- 100% me
- 21st Century Girls : How the Modern World is Damaging Our Daughters and What We Can Do About It
- Getting on with others : how to teach your child essential social skills
- Raising an emotionally intelligent child
- Kidwrangling : looking after babies, toddlers & preschoolers
- Questions children ask : & how to answer them
- Raising boys : why boys are different, and how to help them become happy and well-balanced men
- Necessary losses : the loves, illusions, dependencies and impossible expectations that all of us have to give up in order to grow
- Fathers and daughters : helping girls and their dads build unbreakable bonds
- He'll be OK : growing gorgeous boys into good men
- The bonsai child : why modern parenting limits children's potential and practical strategies to turn it around
- The prince boofhead syndrome





## Featured books from our Parenting Library

If we can see the world through boys' eyes a little better, we will make different choices in the way we mother them... and we will find them less confusing, and love them more deeply...

Mothers of sons are worried about raising their boys in a world where negative images of masculinity are front and centre of our media, almost every day. Not only that, but statistically our boys are still struggling in many ways. Even though we live in a time where we recognise that nothing in gender is fixed, it remains a fact that the influence of a mother on her son is massive.

A mother of four sons herself, Maggie Dent draws on her personal experience - and over four decades work as a teacher, counsellor and now author and speaker - to help build understanding, empathy and compassion for our boys.

Maggie shares her five key secrets that every mum needs to know, and uses the voices of men she has worked with and surveyed to reveal what really matters in a boy's relationship with his mother and other mother figures.

Maggie is one of Australia's most popular parenting educators and her seminars about boys have sold out all across Australia and in the UK. She is finally sharing her insights, her reflections, and (as always) her humour around mothering boys in this book that will help you be the mum your son needs you to be.



## STEVE BIDDULPH RAISING GIRLS

IN THE TWENTY-FIRST CENTURY

From babyhood to womanhood – helping your daughter to grow up wise, strong and free



Raising Girls in the Twenty-first Century is Steve Biddulph's warm, wise and up-to-the-minute look at how to help your daughter – at every age, from baby to teen. Girls today need to be strong, but also keep their hearts open. Steve brings the very best help from around the globe to build girls' self-belief in a world that often wants to tear them down. In this revised and updated edition, you'll learn how to raise your daughter to:

- have a joyful childhood and not be forced to grow up too fast
- navigate the fraught world of friends, peer pressure and bullying
- be free and wild, to reduce anxiety, depression and self-harm
- avoid technology addiction and other social media pitfalls
- relate to boys with a clear head and strong heart

There is also a powerful new section on '#MeToo in School', shining a light on the reality of childhood sexual harassment, and how best to help your daughter fight it. Filled with unforgettable stories that will bring you to tears, and offering clear, practical help, Raising Girls in the Twenty-first Century is not just a guidebook but a fierce call-to-arms. The world's best guide to girlhood is now in your hands.



# Winter Interschool Sport

Week 3 saw the beginning of the interschool winter sports fixtures between West Leederville, Churchlands, Wembley and City Beach Primary Schools.

The two Netball teams both played amazingly well against City Beach Primary School. The B Team played their hearts out and won by three goals. Thank you to Ms Edmunds for helping out and coaching the team. Well done to Jiselle and Aisha, after they had a fall they still got up, kept going and played a wonderful game. The A Team played as well as they could, but after a tiring game City Beach won. All the girls played a great game. Thank you to Miss Pallas and Mrs Curtis for helping us achieve our best. Well done to Catherine and Madison for shooting some last minute goals. Well done also to Charlotte for playing a great attacking game and to all the players for their efforts.

*By Isabella and Scarlett*



The football team made a strong start winning the first game comfortably 87-8 against City Beach. Felix starred with 5 goals while James was a force all over the ground. Captain Lenny lead the team well and was a key figure on the field. Special mention to Anna for kicking the first goal for our girls this season. A fantastic start and great sportsmanship demonstrated by both teams.

*Mitch Green  
Year 5/6 teacher*

The West Leederville Wolves soccer team had an excellent start to the season, winning 5:2 against City Beach. Kahn, Jack and Ben all scored singles and Hani had a big game sending two into the back of the net. The defensive effort, led by Ollie, was exceptional, but it was the whole team approach that won the day. This pack hunts together, prey beware!

*Phil Braimbridge  
Phys Ed teacher*



With one in seven Australian students experiencing a mental health disorder, anxiety is now widely accepted as the biggest mental health issue facing schools.

This term at Parenting Ideas there is a strong focus on helping parents and teachers to better manage anxiety of children and young people.

The following article gives some constructive comments for kids feeling anxious.

## Constructive comments when kids are anxious

When you see anxiousness take hold here are some things that you can say that will help a child or young person cope.

*"You're okay. I'm here and I won't be going anywhere."*

Such statements indicate warmth, safety and comfort. A child may not believe you straight away but that's okay; your presence will get the message across.

*"You don't have to do anything right now. Just breathe."*

The less children fight anxiousness, the more likely it is that the feeling will go.

*"Let's go for a walk"*

Physical activity is the best antidote to an anxiety attack as it helps burn up the adrenalin that prepares a child's body to fight or take flight, and releases dopamine, the feel-good hormone.

*"Take some big, deep breaths. I'll do it with you."*

Breathing triggers the relaxation response which, like the fight or flight response, is hardwired in all of us.

*"I'd like to understand what your worry is like for you. Can you teach me?"*

The ability to accurately identify a feeling when it occurs is at the heart of emotional intelligence so encourage your child to verbalise what their anxiety feels like.

*"What would you say to a friend who was going through what you go through?"*

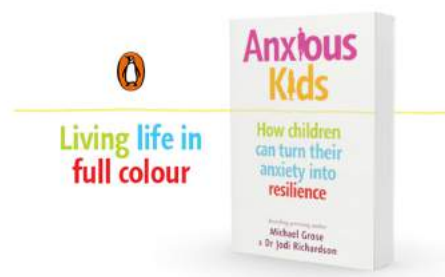
Invite your child to take a more objective look at their own anxiety to help them gain a different perspective and level of understanding.

*"Your brain is amazing. Every time you breathe through your anxious feelings you're teaching your brain how to manage your anxiousness."*

Brains have an amazing capacity to adapt and learn new ways of coping. By helping a child understand that they are, in effect, training their brain to better respond to anxiousness you empower them to positively manage their feelings.

### Further Resources

Anxious Kids: How children can turn their anxiety into resilience.



Parenting Anxious Kids Online Course



Find out more about these and other resources at [parentingideas.com.au](http://parentingideas.com.au)





## Helping children make and keep friends

by Michael Grose

Enjoying healthy relationships has a tremendous impact on your child's wellbeing and their overall success at school. Many children who experience behavioural problems at school have difficulty interacting with their peers.

### Coach your child in positive social skills

Children who develop healthy friendships generally have a definite set of social skills that help make them easy to like, easy to relate to and easy to play with. If your child is struggling to make friends consider coaching them using this three-pronged approach:

**Be open:** Some children close themselves off to forming new friendships, preferring to stick to one or two friends. Encourage your child to be open to forming friendships with a wide variety of children in and outside school and in doing so encircling themselves with many friendship groups

**Be inclusive:** Encourage your child to include a wide number of children in their games and activities rather than restricting the possibility of joining in to certain children. Healthy friendship groups are open and inclusive of others, while unhealthy relationships, such as cliques are restrictive, one-sided and full of gossip and criticism

**Be aware:** Encourage social awareness in your child. For instance, a socially-aware child would be discrete when giving out birthday party invitations at school, being protective and sensitive to the feeling of those not invited. This level of social awareness doesn't necessarily come naturally to all children, but it can be reinforced by parents and teachers

### Encourage friendships with both genders

The primary school age is an ideal time for children to form friendships with both genders. This is particularly valid if your child has siblings of their own gender, or don't have siblings. It's through these early relationships that we gain the confidence to mix with different genders in later life. Forming friends helps to break down the mystique that can form, when a child has little contact with the 'other' gender.

### Understand the impact of gender on friendships

Research shows that boys' friendships groups are more inclusive and less changeable than friendships enjoyed by girls, particularly those in the eight to twelve year age group. Be prepared to support your daughter through the hurt of friendship breakdowns and remind her that new friendships are just around the corner. Help her reflect on her own place in a friendship breakdown, and be open to restoring a relationship once emotions are in check.

## Remember, friends of a feather flock together

If you think that your child doesn't have as many friends as a sibling or other children their own age, don't be too alarmed. On average, children usually have only two or three significant friendships at any one time. It's the quality rather than the quantity of friendships that counts. If you are concerned that your child lacks friends at school encourage him to take up a variety of extra-curricular activities. It's easier to strike up a friendship with someone when you have something in common.

Above all else encourage your child to be friendly by talking to others, showing an interest in what other children do, offering help when needed and being willing to enter a new game or social situation. Consider teaching your child, if necessary, alternatives to fighting and arguing when there is disagreement and conflict within groups.

As your school has a membership with Parenting Ideas, you can attend the upcoming webinar - Teach girls to build each other up- at no cost!

### About the webinar

Join Parenting educator Collett Smart in this special webinar that will show you how to help girls create positive peer relationships and provide practical advice and ideas to help them navigate tricky situations including toxic friendships, cliques and bullying.

### When

Wednesday 29 May 2019 at 8:00 PM AEST.

### Price

This webinar is \$37 per person to attend, and is free of charge to families at schools that have a Parenting Ideas membership. Use the voucher code below to register.

### How parents can redeem the voucher

1. Click this link: <https://www.parentingideas.com.au/parent-resources/parent-webinars/webinar-teach-girls-to-build-each-other-up>
2. Click 'Add to cart'
3. Click 'View cart'
4. Enter the voucher code **FRIENDSHIPS** and click 'Apply Coupon'. Your discount of \$37 will be applied to the order. This voucher is valid until 29 June 2019
5. Click 'Proceed to checkout'
6. Fill in your account details. These are the details you will use to login to your account
7. Click 'Place Order'



### Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 12 books for parents including *Spoonfed Generation* and the best-selling *Why First Borns Rule the World and Last Borns Want to Change It*. His latest release *Anxious Kids*, was co-authored with Dr Jodi Richardson.