



WEST LEEDERVILLE
PRIMARY

Faction Swimming Carnival

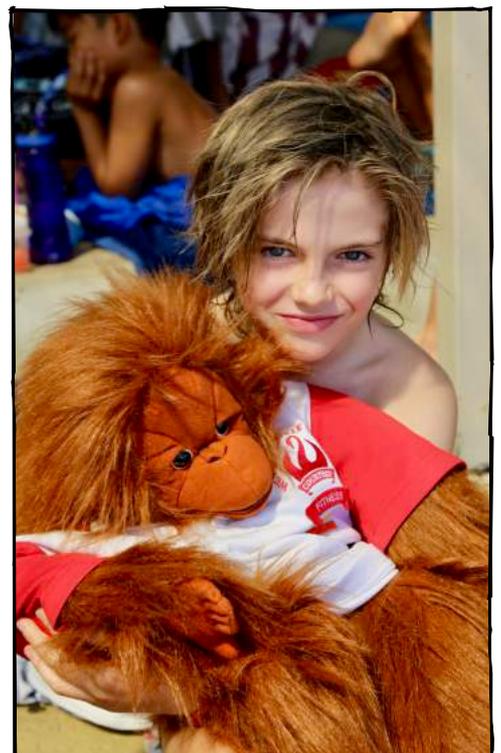


Pictured above, Year 6 students at their last WLPS carnival.

Our annual West Leederville Primary School Faction swimming carnival was held on Wednesday, 13th March, at the Claremont Pool. Excited students from Years 4, 5 & 6 boarded the buses sporting their faction colours and mascots ready to compete in freestyle, backstroke, breaststroke, relay and novelty events. There were some great displays of swimming ability through the morning and some very close finishes. The students in the bays were very vocal in their support of the factions, with several large mascots taking pride of place.

At the conclusion of the carnival, after some wonderful individual efforts, Woolwich emerged winners of the shield for 2019.

Congratulations to all the students who competed for their factions and those who supported the competitors from the bays. Thank you also to all the parents who came along to support their children and to those who assisted with the running of the carnival. The Interschool Swimming Carnival will be held on Monday, 1st April (venue to be confirmed). The WLPS Swimming Squad will continue until Friday, 29th March.



From the Principal



Dear parents,

It seems like just yesterday I was writing the first newsletter of 2019, and here we are in Week 6!

Reporting to Parents

The WLPS 'Communicating Student Achievement and Reporting to Parents Policy' states that to ensure parents are well informed regarding their child's learning program and achievement during Term 1, teachers will: hold a parent information session providing parents with information specific to their child's class and year level; provide parents with an interim report; and offer the parents the opportunity for a formal meeting.

Interim reports will be distributed on Friday 22nd March. These reports are intended to give an early indication of how your child has settled into their class. It is not a detailed formal assessment of individual learning areas; but rather an indication of performance in areas which underpin future learning and values.

Voluntary Contributions and Charges

I would like to thank the 69% of families who have paid their school voluntary contribution to date. This \$60 per student per year contribution, is spent directly on student learning in the year it is received and is used for items such as art materials, sports equipment, science resources, reading books, student consumables, and the list goes on!

If you have not yet paid your contribution and wish to do so, payment can be made in the following ways:

1. Cash/ Eftpos at the front office in the Administration building.
2. Via Direct Bank Deposit
Name: West Leederville Primary School
BSB: 036 044
Account No: 123672
(use child's name & 'Vol cont' as reference).
3. Visa payment by telephone- please telephone Manager Corporate Services, Mrs Janelle Cosentino on 9381 1655 or call in at the office.

Bounce Back!

Bounce Back! Is our whole school program that explicitly teaches social skills, well-being and resilience. The award winning Bounce Back! materials teach students to use ten coping strategies to help them live fulfilling lives:

Bad things don't last. Things always get better. Stay optimistic.

Other people can help if you talk to them.

Unhelpful thinking makes you feel more upset. Think again.

Nobody is perfect – not you and not others.

Concentrate on the positives (no matter how small) and use laughter.

Everybody experiences sadness, failure, rejection and setbacks sometimes, not just you.

Blame fairly. How much of what happened was due to you, to others and to bad luck and circumstances?

Accept what can't be changed (but try to change what you can first).

Catastrophising exaggerates your worries. Don't believe the worst possible picture.

Keep things in perspective.

Support for your children – School Chaplain

West Leederville Primary School has many different ways that it supports children's social-emotional needs in addition to their academic needs. School chaplains are a trusted, caring and affirming presence in the school, with time and training to listen and support appropriately, as well as to run programs targeting developing self-esteem, grow peer support, deal with grief and loss and build personal resilience. They provide a listening ear and a caring presence for children in crisis and those who just need a friend. Chaplains are required to be non-denominational, non-coercive, non-judgemental and support all students regardless of the student's issues or worldview.

We are incredibly fortunate to have Coralie Sala Tenna as our chaplain. Coralie is a calm, supportive and highly skilled chaplain who is in high demand from our students for her support and care.

Swimming Carnival

Thank you to Mrs Wade, Mrs Braimbridge, staff and parent helpers for a wonderful faction swimming carnival on Wednesday. The children had a wonderful time. Congratulations to our medal winners. Having attending most of the swimming squad sessions this year and witnessing the children's improvement over such a short period of time, it was plain to see their efforts paying off. Keep up the great work....next challenge is the interschool!

Mark your diaries: Monday, 1st April, 2019 (venue TBC)

Warm regards,

Fiona Kelly

Harmony Day

Harmony Day is a day that celebrates Australia's cultural diversity. It is an Australian government program that centres on the message that 'Everyone belongs', reinforcing the importance of inclusiveness to all Australians. To celebrate Harmony Day this year, we ask that all students dress-up in clothing or an outfit that is culturally significant to them on Thursday, 21st March. Alternatively, students may wear something that is orange – the official Harmony Day colour. Activities to support Harmony Day will be conducted by individual classes or year levels.



School Photos

School Photo days are approaching! Fotomakers WA will be visiting West Leederville Primary School on 27th, 28th and 29th March 2019. Sibling photos will be taken on the 29th March. Every student will be sent home an information letter prior to the photo day.

All students must be dressed in full blue school uniform on photo days.

Fotomakers WA prefer you to view your images before making a decision on what to purchase. This means you will NOT need to fill in a prepaid envelope prior to photo day. All students will be photographed and once the school has given us the green light (names spelt correctly etc.) each family will be given details on how to log in to our secure website to view and purchase their portraits and group photographs.

A request form for a sibling photo is included on the information letter that your child will bring home prior to the photo days. Should you have any queries before or after photo day, please direct them to admin@fotomakerswa.com.au or tel: 1300 876 920.

Eagles Clinic



Pictured above, students from Years 5 & 6 all smiles with their football idols.

This Tuesday there was a minor stir at lunchtime when many little faces covered the windows at the front of the admin building peering in. Sitting inside were several members of the reigning AFL premiership side the West Coast Eagles, who had dropped by to conduct some clinics and promote the game. A small number of students from each class were chosen to join Shannon Hurn, Luke Shuey, Will Schofield, Liam Duggan, Andrew Gaff & Kurt Mutimer in games to develop ball skills. Concluding the session, all the students filed to the undercover area where the players spoke about how to get involved in football, a healthy lifestyle and then fielded questions from our students. We thank the WCE players for taking time from their schedule to provide our students with this wonderful opportunity. Some footage shot on the day can be seen at the following link: <https://youtu.be/eaXIYHSAAtBo>



Isabelle from Year 6 went on to win this 'shoot out' match against Emma from Year 5, with Andrew Gaff and Luke Shuey looking on in the background.

Swimming Medal Winners



Congratulations to the following students who were awarded medals at the Faction Swimming carnival held at Claremont Pool this week.

Champion Year 4 Girl	Maebh Dhepnorrrat	W
Runner Up	Leilani McDonnell	W
Champion Year 4 Boy	Ethan Soh	K
Runner Up	Kalani Nagashima	W
Champion Year 5 Girl	Sofia Stinton	C
Runner Up	Allie Knowles	N
Champion Year 5 Boy	Felix Cooley	W
Runner Up	Youssef Ahmed Megebry	C
Champion Year 6 Girl	Sienna Hathrill	C
Runner Up	Anna Lubich	K
Champion Year 6 Boy	Darcy Finch	N
	Kealan Dhepnorrrat	W



Woolwich Faction Captains, Liloue and James accept the winning shield on behalf of their team mates.

Dates for your Diary

14 Mar

Assembly - Year 6 Blue,
2.15pm, undercover area

15 Mar

Swimming squad training,
Beatty Park, 7.20am

21 Mar

Harmony Day

Excursion - Kings Park, 9.15am
to 2pm, Year 2

Coffee with the Principal

22 Mar

Interim Reports

Swimming squad training,
Beatty Park, 7.20am

27 Mar

Excursion - Grip Leadership
Conference, Year 6 leadership
group, all day

School Photos - PP to Year 6

28 Mar

Assembly - Year 2 Blue,
2.15pm, undercover area

School Photos - PP to Year 6

29 Mar

Sibling School Photos

1 Apr

Interschool swimming carnival,
Venue TBC, 9.30am to 12pm

9 Apr

**ANZAC Assembly -
Undercover area, 9.45am**

11 Apr

**STEM Open Day - Whole
School Showcase**

12 Apr

Last day of term.

**Please check the West
Leederville Primary School
Website or Mobile App for
regular updates to the
school planner.**

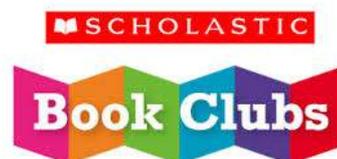
Cybersafety



Last week students from Years 1 to 6 participated in a Cybersafety incursion. The students received information about safe behaviour when using digital devices, at a level that was appropriate to their age groups. Further information for parents about cyber safety is available on the Department of Education's website at the following link: [Cyber safety](#)



Scholastic Book Club has always been very popular with the students and has provided valuable resources to our school in commission. Unfortunately, no parents have come forward to take on the role of coordinator for this year. There are only 4 bookclubs each year, so if you think that you, or a group of you may be able to assist, please let the office know.



Every Child Deserves a Good Book

Gardening in Year 3 White



The students from Year 3 White have been in our garden beds trying out their green thumbs this week. After preparing the beds and enriching the soil, the students selected some seedlings to plant. With tender care the students are keenly anticipating what the plants will produce at maturity. Hopefully, there will be lettuce, silverbeet and several herbs which find their way to various homes.

STAR STUDENTS

The following students received Merit Certificates at the recent assembly.

Year 1

Julia Magalhaes Ward
Aria Kishi
Jett Lemerle
Summer Jorgensen-Oates

Year 2

Amy (Xinran) Li
Brayden Saunt
Katelyn Kailis
Kai Watkins

Year 3

Hamish Madigan
Francesca Anderson
Andrea Joice
Dylan Samanta
Declan Wong
Pria Ramola

Year 4

Ludia Yun
Sophia Rechner
Ewa Krolik
Wil Nankervis

Year 5

Youssef Ahmed Megebry
Franklyn Coats
Etienne Reid
Sam Gagano

Year 6

Lewis Papamarkos
Grace Anderson



Congratulations to our Star Students.



Daily lessons in resilience

by Michael Grose

Recently, I saw a mother give a simple, yet profound resilience lesson to her school-aged child, after he missed a much-anticipated excursion due to poor behaviour at school. Replying to the child's protests about teacher unfairness and his over-reaction to missing out on a learning opportunity his mum simply replied, "Oh well!" Then she busied herself with other tasks. The child stunned by her reaction, shrugged and headed off to complete his homework.

Adult reactions matter

It's in our reactions to children's and young people's every day mistakes, mess-ups, muck-ups and hurts where the real lessons in resilience lay.

The lessons for this child were simple but profound. "Oh well" meant:

- *Stuff happens*
- *Don't look for fault or blame*
- *Keep your perspective*
- *Pick yourself off and continue with what you were doing*

How to react

The resilience lesson for this mother were equally as profound. When a minor mishap with a child or teenager occurs:

- *Match your response to the incident*
- *Stay calm and be positive*
- *Don't look for fault or blame*
- *Remember, stuff happens*

Resilience lesson for parents – "Oh well"

Every day there are opportunities for parents to give their children lessons in resilience.

A child misses being picked for a team that he had his heart set on joining. *“Oh well. Let’s see how you go next time”*

When a boy experiences rejection in the playground at school. *“Oh well. You’ll find that some people don’t want to be your friend.”*

When a teenage girl doesn’t get the mark she thinks she deserves in an assignment. *“Oh well. Sometimes we don’t get the marks we think we deserve.”*

Match your response to the challenge to promote resilience

There are times when “Oh well” won’t cut it. When a child is bullied he needs your continued support.

When a student’s continuous efforts at improvement are constantly met with criticism then you may need to act on his behalf and meet with a teacher.

When a child always struggles to make the grade and is never picked for a team then you may need to help him make different choices.

These types of situations also present opportunities for daily lessons in resilience, but they require more parental support and teaching.

The resilience lessons learned are deeper and include concepts such as ‘things will eventually go your way,’ ‘there are times when you need to seek help’ and ‘this too shall pass.’

Promoting personal resilience focuses on helping kids cope with life’s hurts, disappointments and challenges in the present, while building strengths for the future.

Daily lessons in resilience are everywhere. You just need to be ready to make the most of these valuable lessons when they come your way.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia’s leading parenting educators. He’s the author of 10 books for parents including *Thriving!* and the best-selling *Why First Borns Rule the World* and *Last Borns Want to Change It*, and his latest release *Spoonfed Generation: How to raise independent children*.