



WEST LEEDERVILLE
PRIMARY

Interm swimming...at the beach!



The students from Years 3 to 6 started their new school year off with interm swimming lessons for the first 2 weeks. The Year 3 & 4 students went to Beatty Park for their lessons in the morning, whilst for what is the first time, our Year 5 & 6 students travelled to Cottesloe Beach. Each year the Department of Education meets the cost of 2 weeks of interm swimming lessons for all primary students in public schools to ensure children develop vital swimming and water safety skills.



Year 5 & 6 students enjoying their interm swimming lessons at Cottesloe Beach last week.

From the Principal



Dear Parents,

Welcome to the 2019 School Year. The children have returned from their summer vacation healthy, happy and ready to go. They have had a great start to the year with many amazing learning experiences across all year levels. Our Year 3 to 6 have had the luxury of easing themselves back into school life by going to swimming lessons each day, with our Year 5 and 6's being the luckiest of all – they've been going to the beach!

Communication

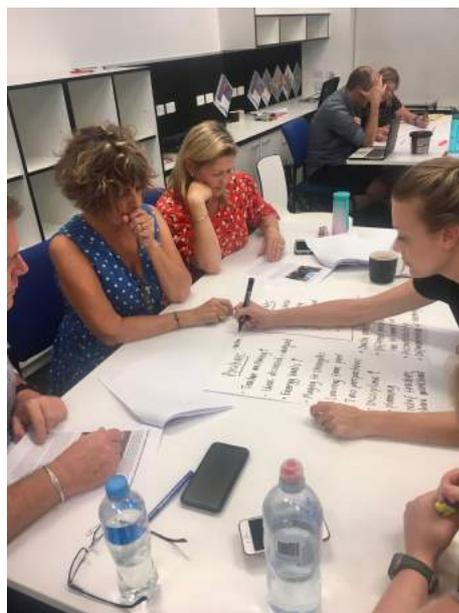
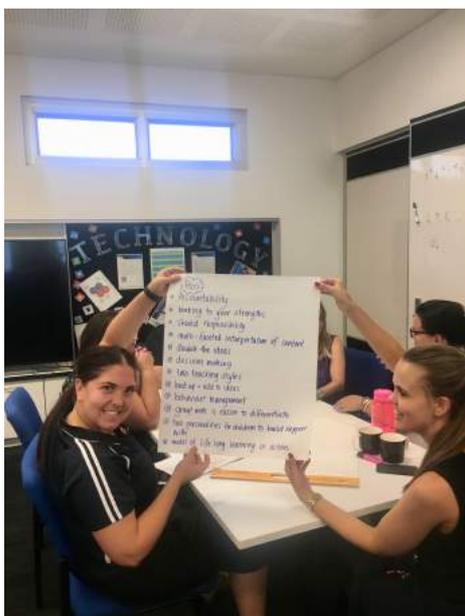
Feedback following the unfortunate publicity the school received on the weekend has highlighted effective communication as an area of focus for the school. This was discussed on Tuesday night with the School Board and we will be working together to develop a future-focused School Communication Strategy. If you have expertise in this field we would be happy to hear from you. Please email me at fiona.Kelly@education.wa.edu.au or the School Board on westleederps.board.acc@gmail.com.

Collaborative Team Teaching at WLPS – A Professional Discussion

Collaborative team teaching at WLPS is an approach to curriculum delivery where two teachers, often with extra, timetabled EA assistance, share teaching responsibilities within a classroom setting. Collaborative team-teaching is a long-standing approach to teaching and is supported by the Western Australian Department of Education.

Collaborative team-teaching at WLPS may occur only for particular learning areas, or on a more frequent basis in open-classrooms. The frequency of collaborative team-teaching at WLPS is dependent on the opportunities that the physical environment presents, the characteristics of our students and the preferences of our teachers. Collaborative team-teaching at WLPS always occurs by teacher choice and is a teaching preference of many of our teachers.

In response to the increased focus on our collaborative/team teaching (terminology we use synonymously) in our community, we decided to dedicate time at our staff meeting to a professional exploration of what this means to the teachers here at West Leederville Primary School. To different degrees, all of our teachers have taught in this manner during their varying length careers.



Their responses to the discussion points: Rewards, Challenges and Solutions, have been tabulated for our future reference and planning. For those of you interested, the following link provides a summary of these responses, as well as our more formal definition of, and rationale behind, our collaborative team-teaching.

[Rewards, Challenges and Solutions](#)

Raising Resilient Children Free Workshop

With mental health problems on the rise, it is important that parents and families are given the knowledge and tools to recognise if their child is experiencing mental health problems, what to do about it and how to raise resilient children.

Raising Resilient Children



The parents of West Leederville PS have the opportunity to attend this free workshop in our library on Tuesday 5th March at 7pm. This opportunity is provided by a parent and I would like to acknowledge the wonderful support we receive from the parent community.

Places are limited to 30. Please register at the following link: <https://www.trybooking.com/BAXH>

Professional Learning

At the commencement of each school year, teachers formally return two days earlier than students to participate in school planning and professional learning. This year, teachers worked together to develop a stronger understanding of the [Aboriginal Cultural Standards Framework](#) and to plan our approach for 2019. We received external professional learning in the use of MathsSpace, worked together to enhance our knowledge of the Design and Technologies curriculum and discussed how we will use the 'West Tech Lab' to enhance our teaching and learning in this area. We shared successful strategies for the ongoing implementation of Words Their Way and Talk for Writing. The staff had a wonderful couple of days sharing their expertise, acquiring new knowledge, learning new skills and getting to know the new members of our team.

Our New Team Members

We welcome three new teachers to our team this year. In the Year 5/6 class Mitchell Green has joined our senior teaching team; Jacqui McGinnity is teaching Pre-primary White for two days, Pre-primary Red for one day and Kindergarten for one day, and Jessica Howe-Smith will teach Kindergarten Yellow. Welcome to West Leederville Primary School.

Warm regards,

Fiona Kelly



Raising Resilient Children



With mental health problems on the rise, it is important that parents and families are given the knowledge and tools to recognise if their child is experiencing mental health problems, what to do about it and how to raise resilient children.

Our no cost 1.5 hour workshop for parents of 2 - 10 year olds highlights:

What mental health and mental illness is

What mental health conditions look like children

COPMI (Children of Parents with a Mental Illness)

Emotional Check-ins

Mindfulness

Healthy Lifestyles

Date 5/03/2019

Time 7-8.30pm

Location Library, West Leederville Primary School



helpingminds.org.au

Armadale | Midland | Whitfords | Fremantle | Rockingham
Mandurah | Broome | Perth | Carnarvon | Port Hedland
Kununurra | Geraldton



Jan 18

For more information

info@helpingminds.org.au

9427 7100



Tickets available for free at <https://www.trybooking.com/472731>

Super Choir Auditions

West Leederville Super Choir auditions for 2019 will be held next week before school and during lunch time on Monday 18th February, Tuesday 19th February and Wednesday 20th February. Time slots will be placed on the music room door dependent on audition numbers.

Super Choir will be a select group of Year 5 and 6 students who demonstrate a genuine interest in improving their singing and aural skills under my guidance. The criteria for selection will be based on demonstration of competent aural skills, and singing verse one of the National Anthem during the audition.

Super Choir has become a popular extracurricular activity at West Leederville, and with only limited places available it is essential that children only audition if they can make a genuine commitment to follow through for the whole year. The commitment also involves participation in several out of school events for which the purchase of a black music shirt is required. There may be times when extra rehearsals will be needed before school.

The Super Choir rehearsal time will be alternate Wednesday mornings from 8am-8.50am in the music room (I will probably divide the choir into 2 groups if a large number of students audition).

Katie Samsa
Music Specialist



Pictured above, students from 2018 wait their turn to audition for Music teacher Ms Katie Samsa.



Dates for your Diary

14 Feb

Class meetings -
PP Blue 2.30pm
PP White 2.30pm

15 Feb

Class meetings -
Kindy Yellow 8.45am

18 Feb

Class meetings -
Year 3 Red 8am

Superchoir auditions, Yrs 5 & 6

19 Feb

Class meetings -
Year 3 Blue, 8am
Year 3 White 8am

Superchoir auditions, Yrs 5 & 6

Swimming squad training, Beatty Park, 7.30am

20 Feb

Class meetings -
Year 1 ALL, 8.10am
Kindy Blue 8.45am
PP Red 2.30pm

Superchoir auditions, Yrs 5 & 6

22 Feb

Swimming squad training, Beatty Park, 7.30am

26 Feb

Swimming squad training, Beatty Park, 7.30am

27 Feb

Superchoir practice, 8.45am

28 Feb

Assembly - Year 6 Red, 2.15pm, undercover area

Incurion - Cybersafety, 9.30am, Yrs 1 to 6

1 Mar

Swimming squad training, Beatty Park, 7.30am

4 Mar

Labour Day PH

Please check the West Leederville Primary School Website or Mobile App for regular updates to the school planner.

Updating Skoolbag App

Skoolbag have launched a new app and from the end of December last year, all users received a message to update to the new app.

Once the new app has been installed on your mobile device, we request parents to select the current classes for your child.

The Skoolbag app has become one of our preferred methods of communicating to parents and in addition to one-off messages, we also send links to the newsletter and the term planner. Last year we also introduced a digital consent form for excursions and incursions through the app and payments for those students with accounts.

Parents may also notify us of student absences via the app and send messages. We would therefore encourage all parents to download this app to ensure they stay informed of events.



Swimming squad

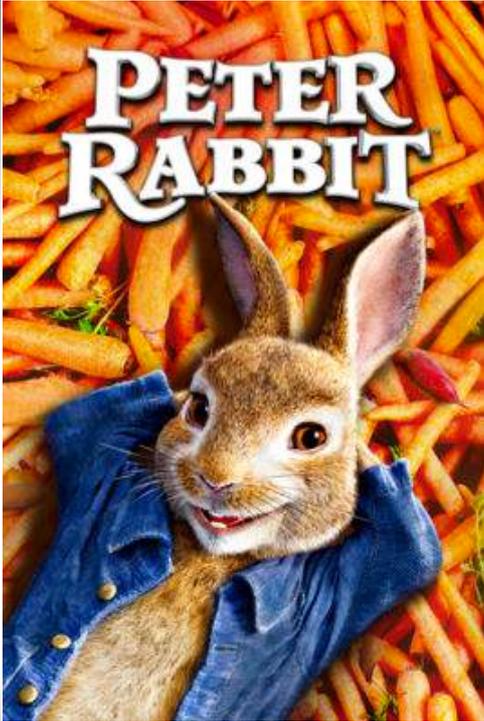
The WLPS Swimming Squad will commence training next Tuesday, 19th February at the Beatty Park Leisure Centre at 7.20am until 8.20am. The squad is open to all swimmers at Level 8 or above and aims to assist in our goal of continually improving our school's sporting performance, prepare for the swimming carnival and improve student fitness.

The squad is free of charge, but parents are requested to transport students to and from the pool and pay pool entry.

Consent forms are available on our website or through the eForms section of the Skoolbag app.



P&C Movie Night



On Saturday 23rd February we will be hosting our second 'Movie Under the Stars' showing Peter Rabbit. This will be a wonderful opportunity for old and new families to come together and celebrate the start of the new school year. We will be showing Peter Rabbit and will have a Pizza Truck, Bar, Icy Poles and Popcorn. BYO picnic.

We hope to see you there, more details and tickets available through the following links:

www.trybooking.com/BAEHD

www.trybooking.com/459865

If you have any questions on the movie night, please contact Naomi Wallace 0405 377 183

or naomiwallace@hotmail.com

Parenting Ideas Webinar



Webinar: Switching on your child's strengths

6 March 2019 8:00pm AEDT

The results of focusing on our children's strengths rather than always trying to correct their weaknesses is extraordinary. As a strength-based scientist for more than 20 years, Professor Lea Waters has seen how this approach enhances self-esteem and energy in children and teenagers, and how parents find it exciting and rewarding. With many specific techniques for parents, Lea will demonstrate how to discover your children's strengths and talents, use positive emotions as a resource, build strong brains, deal with problem behaviour and talk about difficult situations and emotions.

How parents can redeem the voucher

1. Click this link: <https://www.parentingideas.com.au/parent-resources/parent-webinars/webinar-switching-on-your-childs-strengths>
2. Click 'Add to cart'
3. Click 'View cart'
4. Enter the voucher code **STRENGTHS** and click 'Apply'. Your discount of \$37 will be applied to the order. This voucher is valid until 6 April 2019.
5. Click 'Proceed to checkout'
6. Fill in your account details. These are the details you will use to login to your account and access your parenting material
7. Click 'Place Order'

From the P&C President

Welcome back to all West Leederville families. The P&C are looking forward to another great year in our amazing community and have got some exciting events planned.

The first community event for the year will be our movie night held on Saturday 23rd February from 5pm. Pizza, Popcorn, icy poles, pre-purchased cheese platters and a bar will all be available on the night. We hope to see lots of old and new faces there. Last year the event was a huge success and kids old and young enjoyed themselves. Tickets can be purchased from www.trybooking.com/459865

The P&C AGM and first meeting of the year will be on Tuesday 19th February @ 7:30 pm in the school staffroom. Located up the stairs above the Music and Art rooms. Enter via the stairs near the playground.

At the AGM all committee members will stand down from their roles and all roles will become available. If you are a parent who would like to become more involved in helping further develop and enhance resources available in our school or be a part of school community projects. Then becoming a member of the P&C or even taking on a role, could be the job for you. Come and have your say.

The P&C committee and I look forward to meeting and working with you this year.



Below is an outline of the P&C roles and responsibilities. These are also on our website in more detail. wlpspanc.org

President: Chair meetings and co-ordinate the committee.

Vice President: Deputise for president and tasks delegated by committee

Secretary: Record, assemble and distribute minutes of committee meetings and correspondence

Treasurer: Responsible for managing and recording finances and preparing accounts for auditing

Fundraising Coordinator: Organise and co-ordinate all fundraising activities. Report financial details to Treasurer.

Fundraising committee: Liaise with fundraising coordinator

Canteen Coordinator: Liaise with canteen manager and Canteen sub-committee on all aspects of canteen including menu, costs and employment details. Report financial details to Treasurer.

Uniform Shop Coordinator: Facilitate the ordering and sale of school uniform items. Report financial details to Treasurer.

Dad's Army Coordinator: Liaise with Principal and Dad's Army committee to assess areas of physical school environment that need attention or improvement. Co-ordinate busy-bees if required.

Communications coordinator: coordinates and liaise with Principal and President information which will be distributed to class representatives via email.

General Committee member: Assist the committee when required.

Julie Metcalf
President

Get involved in the School Banking

West Leederville Primary School is offering the School Banking program (from Commonwealth Bank) to all students.

Children who deposit money into their account through School Banking earn Dollarmites tokens, which they can save up and redeem for rewards.

Every year the School Banking program launches a new theme and eight new reward items (two per term). In 2019, School Banking is taking children on a Polar Savers adventure.

The rewards available during 2019 are:

Term 1: Scented Stackable Highlighter, Snowy Origami Set

Term 2: Yeti Fluffy Notebook, Icicle Slapband Ruler

Term 3: Arctic Owl Fluffy Keyring, Scratch Art Cards

Term 4: Water Skimming Bounce Ball, Polar Pencils & Pencil Toppers

School Banking is also a fundraiser for our school. Our school receives \$5 for every 10 deposits per student as well as an annual contribution based on the number of students who made at least one deposit in the prior year.



How to get involved

All you need to get saving through the School Banking program is a Commonwealth Bank Youthsaver account. You can open an account for your child in one of two ways:

1. Online: Visit commbank.com.au/schoolbanking and click on the link to open a Youthsaver account.
2. In branch: Visit a Commonwealth Bank branch with identification for yourself and your child, like a driver's licence and birth certificate.

If your child has an existing Commonwealth Bank Youthsaver account they can start banking straight away. They just need to bring their deposit in on a School Banking day using their Dollarmites deposit wallet, and start earning tokens!

WHAT YOU NEED TO KNOW ABOUT TOKENS

One token will be issued for every School Banking deposit made (maximum of one per week).

You need to have made 10 School Banking deposits to redeem a reward.

Tokens do not expire. If you don't have enough tokens at the end of a year, you can save them for the next year, until you have 10 tokens to redeem for a reward item.

Tokens cannot be pooled between, or given to, siblings or friends to get rewards faster. The School Banking rewards program is designed to reward individual savings.

Rewards are available to order from the term listed and are offered while stocks last.



SCHOOL BANKING DAY IS FRIDAY STARTING 1ST MARCH

School Banking day is Friday from 8.30-8.50am. If you'd like to make a deposit, just come to the School Banking desk at the hall with your deposit book and money, starting Friday 1st March. Or if you would like to know more about School Banking, please come visit us too or go to commbank.com.au/schoolbanking

Thank you for supporting the School Banking program.

Top five strategies to improve your parenting this year

by Michael Grose



The start of the year is a great time for making changes and improvements to the way you raise kids. But it's difficult to know where to begin.

To assist with the change process we've carefully selected five practical strategies that will have a positive impact if acted upon. We've organised webinars in the first half of the year to assist you to implement each strategy.

1. Switch on your child's strengths

Most of us have been conditioned to focus on what kids can't do. There is a better way. The Positive Psychology movement led by US-based psychologist Dr. Martin Seligman showed that when we can unearth kids' strengths we are, in effect, unlocking their true potential for success and happiness. Three elements come together to make a strength and parents need to be mindful of all three: performance (being good at something); energy (feeling good doing it); and high use (choosing to do it).

Professor [Lea Waters](#), author of the wonderful new book *The Strength Switch* and current President of the [International Positive Psychology Association](#) will show you how to focus on kids' strengths in her webinar '[Switching on your child's strengths](#)'.

2. Balance kids' extra-curriculum activities

Alongside social media and news events, being busy is now recognised as a major stressor for many children and young people. The choice of activities to keep kids busy after school hours is mind-boggling.

Having so many options is wonderful but it does place a new set of pressures on parents and kids. The cost of loading kids up with scheduled activities is that many don't get the chance for free play, or simply 'vegging out' on the couch.

Parenting Ideas expert [Dr. Jodi Richardson](#) will help you find the right balance of activity for your family in her webinar '[Balancing extra-curricular activities](#)'.

3. Focus on friendships

Friendships are an important part of the road to adulthood for a child or young person. Friendships can also be

problematic. Not every child is naturally outgoing and makes friends easily. If your child has difficulty forming friendships and is worried by that, then there are many ways to approach this including: encouraging kids to spend one-on-one time with others, making extra-curricular activities fit their interests, and coaching kids to develop friendly behaviours.

The wonderful [Sharon Witt](#) will conduct a webinar ‘[Teach girls to build each other up](#)’, focusing on friendship skills especially for parents of girls.

4. Give kids tools to manage anxious moments

Currently we have a childhood anxiety problem. A big one! And it’s mostly undetected as community understanding of anxiety is low. It’s our experience at Parenting Ideas that many parents are anxious and they don’t know it, and many children routinely experience anxiety, which goes unrecognised.

Parenting Ideas founder Michael Grose is conducting a webinar ‘[Managing your child’s anxiety](#)’ to help parents on this challenging but important topic.

5. Develop rights of passage

Community changes have largely eradicated many traditional rights of passage, making it harder for a young person to know when they’ve become an adult.

Fortunately, many families are now creating their own to mark events such as the end of primary school, the move into the teenage years, and mark different stages of adolescence. These traditions are now becoming legitimate rights of passage for young people.

Internationally recognised expert on rites of passage Arne Rubenstein will outline practical ways you can recognise a young person’s important life markers in his webinar ‘[Creating 21st century rites of passage](#)’.

Will anything be different this year?

Change and improvement in anything worthwhile generally comes incrementally rather than in one giant leap. We’ve pointed you in the right parenting to take this year. With our webinars we’ve made it easy to take that vital first step. Have a great parenting year.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia’s leading parenting educators. He’s the author of 10 books for parents including *Thriving!* and the best-selling *Why First Borns Rule the World and Last Borns Want to Change It*, and his latest release *Spoonfed Generation: How to raise independent children*.