







Managing video games and the next digital craze

About

When it comes to kids and video games there's so much for parents to learn. Why are kids so fascinated? How to manage the next craze? How to assess a game's suitability for your kids? And there are so many decisions you have to make as a parent when your kids become interested in the video game craze. Should you ban your child or young person? What's the best approach to take? When should you worry?

Join parenting and technology expert Martine Oglethorpe for a practical 60 minute webinar addressing the issues you need to know about. Martine will step back from the headlines, address the current myths and share the latest research on the effects of gaming on young people today. This is sure to be a fascinating webinar, designed to help you feel confident negotiating the murky world of kids' video games.

Listeners will learn:

- the latest research about the impact of video games on children and young people
- quidelines to help you ascertain whether or not a game is safe and appropriate for your child
- how to manage your child's use when "everyone else is allowed" to play video games

- practical tips and strategies to help kids keep video use under control
- the discussions you should be having with kids about video gaming
- how to effectively communicate limits and boundaries around gaming use with your child or young person.

When

Thursday 13 September 2018 7:30 PM - 8:30 PM AEST

Price

This webinar is \$37 per person to attend, and is free of charge to families at schools that have a Parenting Ideas membership.

Who is talking

This webinar will be hosted by Dr Jodi Richardson with guest presenter Martine Oglethorpe.

Dr Jodi Richardson Parenting Ideas Expert Wellbeing and Mental Health

Jodi is a mental health, wellbeing and happiness science speaker and educator. She is a mother of two primary-school-aged children and is the founder and director of Happier on Purpose, the mental health and wellbeing expert for Parenting Ideas and writer for both print and online publications.

Jodi has developed her expertise over two decades of professional work in teaching, wellbeing, clinical practice and elite sport, including working for beyondblue on the national schools-based initiative for the prevention of depression.

Integral to Jodi's work is helping parents and teachers to nurture resilient, relaxed, playful kids who develop lifelong habits of happiness and flourishing mental health.

Martine Oglethorpe Parenting Ideas Expert Technology, education and parenting

Martine is an accredited speaker with the Office of the eSafety Commissioner and has presented to numerous parent groups, schools and teachers. She is a mother to 5 boys with a background in secondary education and a Masters in Counselling.

Through her personal and professional work with families raising children today, she recognises the important role technology plays in the social and emotional wellbeing of young people. Martine has a passionate interest in helping families to safely navigate the modern world of parenting in a way that offers understanding as well as practical and realistic strategies.

