#### COMMUNITY NEWS

# **Community News**



#### **Raising Emotionally Resilient Children**

Would you like your children to be resilient and know how to manage difficulties in life? This two hour seminar can show you how to improve your child's emotional intelligence to increase their resilience, concentration, friendships and even help them through difficult times such as divorce or grief and loss.

Wednesday 30<sup>TH</sup> May 2018 Date: Time: 6.15-8.30pm Cost \$18.50pp Venue: Sambell Building 23 Adelaide Terrace EAST PERTH

Call us today

**Bookings are essential** 





Churchlands SHS presents

# THE SERVANT OF TWO MASTERS

The Servant of Two Masters by Carlo Goldoni Adapted by Nick Enright and Ron Blair Performance rights for The Servant of Two Masters exclusively licensed by Performance rights for The Servant of Two Masters exclusively licensed by HLA Management Pty. Ltd. PO Box 1536, Strawberry Hills NSW 2012 (hla@hlamgt.com.au)

Tickets: TRYBOOKING.COM.AU Adults \$25 Family \$65 Children and conc. \$15 CHURCHLANDS SHS CONCERT HALL 10th to 12th May 2018, 7.00pm Matinee 12th May 2018, 2pm





#### Come and join us for exciting art and craft!

We have Holiday Art Programs, Term Art Classes and Art Parties available for kids from 4 to 12 yrs.

Visit the website for more details and to book

## www.creativekidsartclub.com.au



### Life Can Be Tough- Bend Don't Break

#### Workshop Overview:

Lifetime wellbeing for individuals, families and communities has been linked to developing resilient behaviours. But what does resilience look like? It is definitely not a matter of being tough in every circumstance no matter what life throws at you; and it is not a fixed trait which a lucky few inherit. This seminar will give you the opportunity. to explore how resilience contributes to your health and wellbeing as well as some practical ways to enhance your resilience throughout your life.

#### Venue: Geoffrey Sambell Centre 23 Adelaide Terrace EAST PERTH

- Date: Monday 14<sup>th</sup> May 2018
- Time: 6.15pm 8.30pm
- Cost: \$18.50

Register today 9263 2121 or email education@anglicarewa.org.au ➤ f anglicare.org.au



Parenting in West Leederville

Are yow... experiencing challenges in one, or a number of your relationships? *Do you...* want to strengthen, nurture and sustain the relationships you share with those special to you? 14 so ... then these workshops/courses may be for you.

We, at Relationships Australia, are proud to offer the following short courses and seminars, to the community of West Leederville and surrounds!

Fathering After Separation Tuesday, 8 May - 6.30-9pm \$30pp Dads Raising Boys Tuesday, 15 May - 6.30-9pm \$30pp Parent-Child Connection X4 Thurs 17 May-7 June - 6.30-9pm \$50pp

For parents with primary children. Learn new skills to feel better about your parenting.

Building Stronger Families X 6

For adults and their children over 10 years. Families will learn about cooperation, relating respectfully and solving problems.

Mums Raising Boys Parent -Teen Connection (DAY)

Tuesday, 22 May - 6.30-9pm \$30pp Saturday, 26 May - 9.30am-4.30pm \$50pp This course teaches parents how to communicate, negotiate and minimise conflict.

Thurs 17 May-21 June-6.30-9pm \$80-\$120

Emotion Coaching

Tuesday, 29 May-6.30-9pm \$30pp

Learn ways of responding to your child to assist them to learn how to regulate their emotions.

Mums Raising Boys (DAY)

Thursday, 31 May–10am–12.30pm

where: Level 1, 22 Southport Street, West Leederville



Relationships Australia.



Come & join our friendly educators for lots of GREAT activities to learn French a FUN & EASY way, in a friendly, stress free atmosphere.



## FUN FRENCH CLUBS (3-5 yrs / 6-10 yrs)

#### **Cottesloe, Swanbourne, Subiaco, Beaconsfield** *Everyone welcome - from complete beginners to advanced*

The *LCF Fun Languages* method has been specially designed for children to **start from scratch** & make their way to proficiency at their own pace. Our clubs are also appropriate for children who already know the language & would like to reinforce their knowledge by practicing with a native speaker.

Our method focuses on interaction & communication - you will be amazed at how quickly the children are able not only to understand but also to SPEAK French.

Our lessons include :

- music & songs,

- lively & quiet games,

- indoor & outdoor activities
- masks, dress-ups, role-play,
  crafts, activity sheets,



#### Perth manager : Vanessa m 0468 559 598

vanessa.pietrasik@lcfclubs.com.au FB : Fun Languages Perth





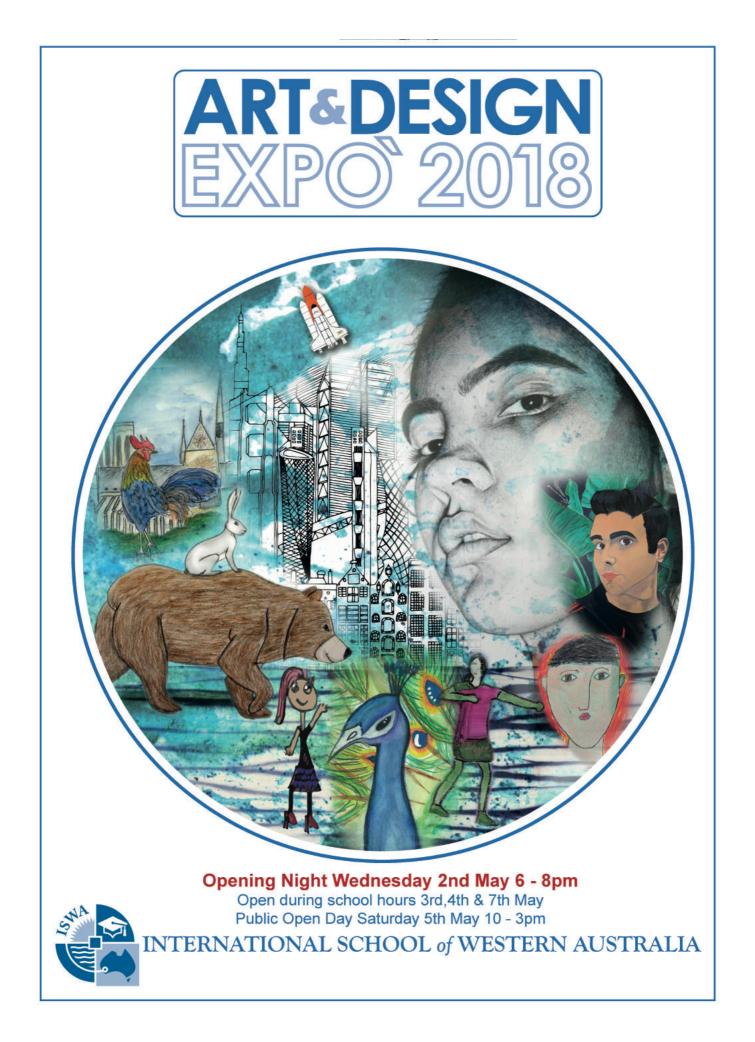
#### 6-10 yrs :

- complete beginners NEW in Term 2, Swanbourne, Friday
   3.30pm-4.15pm, everyone welcome
- intermediate, **Swanbourne**, Monday 4.30pm-5.15pm and Thursday, everyone welcome
- advanced, **Swanbourne**, Monday 3.30pm-4.30pm, everyone welcome
- beginners / intermediate : North Cottesloe PS, Wednesday 3.15pm-4pm // Hollywood PS : Monday 3.15pm-4pm // Subiaco PS : Wednesday 3.15pm-4pm / Beaconsfield PS Monday 3.15pm-4pm

#### 3-5 yrs:

- complete beginners NEW in Term 2, Swanbourne, Monday 10.30am-11.15am
- intermediate / advanced, Swanbourne, Wednesday 10am-10.45am and Saturday 9.30am-10.15am

2-3 yrs : initiation to French, **Swanbourne**, Monday, 9.15am-10am 12m-2yrs : NEW initiation to MUSIC & French (with instruments).



# Taekwondo

#### Child Safety Child Health Peace of Mind

# TAEKWONDO for **KIDS**



**BOOK EARLY!** Limited Spaces



Give your child the help they deserve to build their:

- CONFIDENCE
- SELF ESTEEM FOCUS STRENGTH
- COORDINATION
   BALANCE
   LIFE SKILLS

in our specially designed programs just for kids.

#### Help your child grow, develop and defend for themselves!

Starting from **4 YRS AND UP!** 

## **GIVE YOUR CHILD A KICKSTART** IN LIFE! A FIGHTING CHANCE!



# 0402 144 018

Call **ANTHONY** to make your booking today!

FORSTER PARK HALL corner Keane Street & Abernethy Road, Cloverdale WOODVILLE PAVILION HALL corner Fitzgerald & Farmer Street, North Perth